

# CHEMAWA HOSTS CAPITAL LEAGUE DISTRICT TRACK MEET

The oval track again resounded with the slap of feet on the pavement and the labored breath of young athletes striving to better district records. The two day district meet began on May 13 and ran until the afternoon of May 14.

Coach Dennis Shields commented that this was the third year Chemawa had hosted the meet but our first as a Double A host. Chemawa finishes its first year as a Double A school along side our Leaguemates—Cascade, North Marion, Salem Academy, Stayton, Sweet Home and Woodburn. It has been a great competitive year and we are looking forward to next year's competition.

The track season dawned on 40 eager young athletes limbering up for the challenge. Coach Shields expressed his pride that eight of our track team lettered this year and took part in our first Double A district meet.

Running or participating in field events were the following Chemawa students: LaVonne Stump-shot put division; Freda Butterfly—narrowly missed a point with the javelin; Scott Winsor-gave it his best in the triple jump; Frank Hostler-strides out in the 100 & 200 meter; Mike

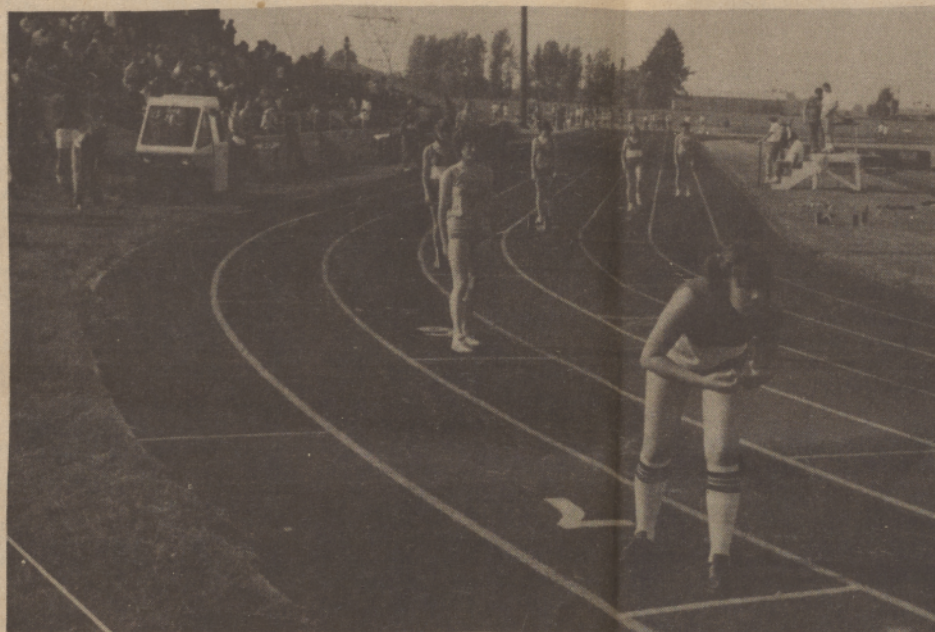
Wesley-charge through the 800 meter; Phillip WhiteBufalo and Mike Westwolf pump out with the 1500 and 3000 meter; Anson RedStar-stretches his stamina at the

3000 meter; Paula Bighorn-goes for broke at the 200 and 400 meter run; Phyllis Tomeo-sets a new school record in the 3000 meter run at 11 min. 52 seconds.

Lettering this year were two seniors—Barry Bighorn and Phyllis Tomeo. We surely wish them the best but we will miss them terribly. Also we lettered three juniors—Mike Wesley, Mike Westwolf and

Scott Winsor. Two sophomores—Frank Hostler and Paula Bighorn—and one freshman—Anson RedStar. It looks as if our team will definitely have the core to be a great team in 83-84.

Winning the first Capital League meet were Sweet Home in the Girls' division and a tie between Sweet Home and Cascade for the boys. A great beginning team and we'll look for greatness next year.



CAPITAL CONFERENCE DISTRICT MEET

## Baseball Season Best in Ten Years

By Ben Harlow

"I feel this year's ball club was much improved over last year, yet we still have our difficulties and overcame the majority of them. We, as a team, need to improve continually in all aspects of the game of baseball. Still I would like to give my respect and congratulations to all the baseball players who had the will and desire to make the season a success," said head baseball coach, Joe Warde in summarizing this year's team.

Out of the 13 games played this year, Chemawa Braves won five games and lost eight. Coach Warde said that Sweet Home was the most difficult game, but that the game at Woodburn was the best.

Team captain Ken Little George agreed with the coach that the team has improved "150%" and moving up to a double A league has given the team new opportunities.

Areas that Warde said were weak fell into the categories of experience, positions, and hitting.

At the end of the season James Harrison captured the title of Most Valuable player; Darrel Ferguson was named Most Inspirational; and Eddie Bastian was Most Improved.

"I feel these players deserve the admiration from the student body for their diligence and education towards making this a successful season," concluded Warde.

### BATTING AVERAGES

|                |        |       |      |
|----------------|--------|-------|------|
| K. LITTLE      | GEORGE | 38-13 | .342 |
| D. FERGUSON    |        | 38-14 | .342 |
| J. HARRISON    |        | 30-9  | .300 |
| A. JONES       |        | 14-4  | .285 |
| B. HARLOW      |        | 34-9  | .264 |
| E. BASTIAN     |        | 25-5  | .200 |
| W. LAWRENCE    |        | 33-5  | .151 |
| K. CLAIRMONT   |        | 29-4  | .137 |
| P. COLLIFLOWER |        | 9-1   | .111 |
| J. COCHRAN     |        | 20-2  | .100 |

## Girls Basketball Season Rebounds with Younger Girls

During the Sprots Banquet girls from the varsity and JV teams were honored and recognized.

The coaches had special awards for several of the outstanding players. The Most Valuable Player for this year's girls varsity basketball team was senior LaVone Stump. LaVonne led the team in scoring 135 points and 161 points in rebounding.

Estelle Demontiney was named Most Improved. While she was a newcomer to the

team she "came on strong at the end of the season," said the coach.

Willie McLean was the Most Inspirational member of the team. Willie, a junior, was second in scoring points with 125 for rebounding and overall points.

Other members of the team were: Misty Arcand, Maria Quincy, Joann Lane, Carrie Whitford, Roberta Red Cloud, Freda Butterfly, Celeste Albert, and the managers. All the above named girls received letters and words of praise from the coaches for working so hard and trying when



GIRLS VARSITY BASKETBALL TEAM MEMBERS Back Row (left to right) ROBERTA (Dates) REDCLOUD, ROBIN CAUFIELD, FREDA BUTTERFLY, ALVIRA CROW FLIES HIGH, and COACH JEFF BLACKMAN.

things didn't seem to run as smoothly as they had hoped.

Coach Dennis Shields said that the season was "a great learning experience for the new and young girls, along with myself. Most of the talented girls got kicked off so

we ended with young players."

While the season did not live up to Shields' expectations he said that "we are losing only one senior off all the teams. There are some great young players coming up off the

lower teams so things should be looking up for next year. The people to watch are Carrie Whitford, Joann Dixey, Willa McLean, Celeste Albert, Alvina Crows Heart, Francine White, Misty Arcand, 'Best Hustler Award winner' Maria Quincy and Estelle Demontiney," concluded Shields.

The season ended with JV girls winning 11 games and losing six. Freshmen girls won eight and lost eight. Varsity girls won only one game and lost 19 games.

CHEMAWA 0  
CHEMAWA 0  
CHEMAWA 10  
CHEMAWA 7  
CHEMAWA 1  
CHEMAWA 4  
CHEMAWA 4  
CHEMAWA 2  
CHEMAWA 9  
CHEMAWA 7  
CHEMAWA 0  
CHEMAWA 2

Woodburn (forfeit) 1  
Cascade 6  
Salem Academy 0  
Valsetz 5  
Sweet Home 9  
North Marion 3  
Woodburn 1  
Cascade 11  
Salem Academy 3  
Stayton 12  
Sweet Home 19  
North Marion 15

TEAM RECORD: FIVE WINS AND EIGHT LOSSES



CHEMAWA GIRLS SOCCER

Back Row: Loretta Prescott, Gina McKay, Lisa Wilber, Kathy Bill, Judy Launer, Renee Metcalf, Michelle Metcalf and Brenda Bremner (coach)  
Front Row: Renee Peone, Jackie Andrews, Eva Marie Valdez, Maria Quincy, Frances Joseph, Freda Butterfly and Louita Garcia.

## CONGRATULATIONS TO ALL THE STUDENTS WHO PARTICIPATED IN THIS YEAR'S TRIATHALON.

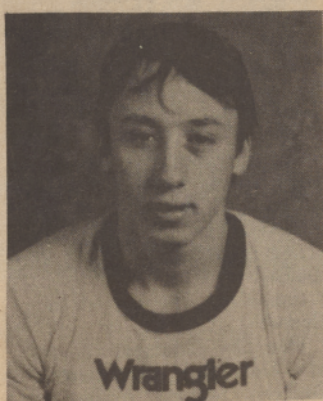
By Ms. LaCroix

In conjunction with the March 17 Health Fair, 13 students also participated in a triathlon. Events included running three miles, swimming six laps, weight lifting such as dead lift, deep knee bends, bench press and arm curls. Non-swimmers were expected to run an extra mile.

In the women's category, senior Phyllis Tomeo took first place with 57 points. Melody Crawford, also a senior, came in second place with 54 points.

In the men's category, Richard Bearchild and Les Costel tied for first place with 60 points each in the swimmers and non-swimmers categories, respectively.

Monte Munyan took second place with 58 points, Mike Wesley came in third with 53 points, Joe Wilbur landed fourth place but did not run the 5,000 meters, and Jon Charbonneau came in fifth with 37 points, but without running the 5,000 meters also.



LES COSTELL

## TRIATHALON WINNERS STAY IN SHAPE

Joe Hillaire received first place honor in the Young Men (17 and under) division. He earned 57 points in the non-swimmers division. In this same category Monty Cagey took second place with 44 points as a non-swimmer, and a non-runner. Coming in third with 21 points but not participating in the dead lifts and squats was junior Darwin Crawford.

### PHYLLIS TOMEO

Phyllis Tomeo, who works out by swimming an hour, running seven to ten miles and does an hour of calisthenics and spot exercises, said that this workout helped her take first place honors. She maintains a daily exercise program because she says she is getting ready for a summer marathon. In May, she will be competing in the Blooms Day Run in Spokane, the Moses Lake "Only the Fools Run in the dark marathon," and other locally sponsored runs.

Tomeo began her workout routine last spring while preparing for the track season and since then has decided to maintain the program.

"Running lets me sort out my problems and makes me feel better afterwards," she said.

Phyllis said that she runs alone for the fun and emotional lift. She also said that by running six days a week in the evenings, that this helps her settle down, calm down, and allows her to concentrate



PHYLLIS TOMEO

on her studies.

All this is preparing Phyllis for her future plans of entering the Air Force in August. At this time she has no interest in becoming an officer but would like to become a court reporter.

"I started out running three miles but not at a quick pace. I don't encourage others to follow my pater because they have their own physical makeup to deal with. If people

are interested in running they might start running short distances with a friend and work up," concluded Phyllis.

### LES COSTELL

Also capturing first place but in mens category was Les Costell and Joe Hillaire with 60 points each.

Les Costell, senior, was born in Browning and is an enrolled member of the Blackfeet tribe. He said that he enjoyed the triathlon because he enjoys working out. Instead

of swimming during the triathlon, Les lifted weights, ran three times and participated in hurdle running.

"I mainly work out on weights every day and try to run three miles a day, five times a week. This keeps me healthy, in shape, and keeps my mind clear so I can think better," commented Costell.

After graduation, Les plans to go to college in Montana. He has not decided on a career goal yet, but hopes to participate in sports there and continue on with his wrestling

honors.

White at Chemawa, Les has been on the football team, wrestling team and is currently on the basketball team. He has won several honors for his wrestling talents.

During the summer, Les plans on continuing to work around horses and work on a local ranch.

### JOE HILLAIRE

Joe Hillaire was born on the Lummi reservation and is another first place winner in the triathlon.

During the triathlon, Hillaire lifted weights, participated in the bench press, dead lift, and squats, ran 12 laps, and also ran the shuttle run.

While preparing for the triathlon, Joe said that he runs two miles every day, lifts weights, and plays basketball. Hillaire hopes to work one day as a forest ranger in Montana. More immediately, he plans to attend Haskell Indian College, playing baseball and basketball.