

A HIGH PURPOSE

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next step up. If a vocational farmer, be an expert. If you are a machinist, try as soon as possible to know as much as your instructor. If in school, go to the head of your class and stay there. All of this is easy when the habit of conquering takes possession of one.

Young readers, let us emphasize for your good that it is "mind" work that differentiates you from the common herd. Mental study, or culture, calls for work carefully planned—regular and persistent. To abuse your time, have no system, chance everything, do your work poorly, growl if you are asked to do too much, hunt for the easy details, change often, dodge obstacles—always fall a little short of the standard. Fritter away on foolish things the moments left for self-culture. Then, young men and young women, you will not crowd anybody very hard.

One year the Yale University boat crew beat the Harvard crew. Some one asked the stroke oar man of the Yale crew "how it had been done?" He answered: "It was easy enough. All we had to do was to take the 'get-there stroke' and stick to it." After all is said and done, the young man or young woman who has the 'get-there' stroke is certain to succeed.

DOMESTIC SCIENCE NOTES

Now that we have finished with the football boys' dinner we have been making cookies and tarts for different parties being given.

Vina Smith has been on the sick list this week on account of rheumatism in her ankle. Martha Kinninook is having her experience as the sixth grade leader this week.

Beulah Ray is back with us again after being in the hospital for many weeks. We are glad to have her with us.

THE CHRISTMAS SEAL

Christmas Seal Time is here again, and you are already doubtless familiar with the design of the 1925 Seal. It shows two candles set in the traditional holly and mistletoe of the holiday season below a red barred cross, the official emblem of the anti-tuberculosis crusade throughout the world.

About 300 years ago Shakespeare wrote in the Merchant of Venice about a candle throwing its beams like a "good deed in a naughty world!" Many are the conditions that have changed since Shakespeare wrote in 1598. Three hundred years ago even good deeds meant less than they do now for people lived shorter lives to profit by them. The average human life then was only 33 1-2 years. Scarcely long enough to become well grown up, certainly not long enough for

that rare enjoyment of being a grandparent. Disease then raged in many forms and decimated humanity with terrifying epidemics. Modern medical science was unknown.

Since that time more than 21 years have been added to the duration of the average man's life. Think of it, twenty-one years more to enjoy the increasing marvels of these modern days! Seven of these extended years, about one-third of the whole gain in human existence since Shakespeare's time, have been added since the development of the Christmas Seal only 18 years ago.

CHARITY

There will always be need of charity in the world. Everywhere one goes there are people who need help in some way. If no one needed help there would be no cause for giving, helping or rendering deeds of mercy.

We all know that ever since the world began there has been beggars and sick people who need help. In the Bible the word charity means the same as the word love, and love for human beings is what prompts the acts of giving and helping others. The people of the world will never be the same in wealth and health, so this alone should prove that some will need charity.

The most prominent business men of today give to charity. In deeds of charity we find true love for our fellow men.

BOOKS AND BOOKS

The books a person reads uplifts him or pulls him down. If one fills his mind with trashy stories from trashy magazines it will do him no good and the majority of the readers try to imitate them and it makes them unfit to live and associate with people that are worth while. These heroes who always reform in the last line of the story—never or seldom reform in life—and the boy or girl will find that the time spent in living such a life is lost and too frequently their lives are ruined.

Good books enlarge and strengthen your intellectual powers, help you to strive to do better, nobler things. They make you want to be like people worth while. Reading a good book leaves you stronger and better for having read it, while a trashy book leaves you weaker and more susceptible to being like the weak characters in it.

Only good books should be read. Each one read is a step upward on that great ladder that leads to success.

Mr. and Mrs. Woodard returned recently from a motoring trip which took them as far south as Santa Cruz, California. Mr. Woodard knew that section of the country quite well some years ago and he states that the general appearance of the country had changed so much that he hardly knew it.