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RELY UPON YOURSELF

You may succeed when others do not believe in you, but never when you do not believe in yourself. Your own approval of your actions is most essential. Whatever you do, resolve that you will do it in such a way that at night you can look back over the day's work with supreme satisfaction; with the knowledge that you have stamped your individuality, your honesty of purpose, your manhood or womanhood upon your day's work; that you are not ashamed of it, but that you are even proud of it. Never leave a day behind you in which you may be ashamed of that day's accomplishment.

Make it a rule of your life to leave your day behind you with satisfaction, with the consciousness that at least you have done your best and are not ashamed of it. If you do not happen to have had some-one to direct your day's work, you always have an inside, an internal boss or employer, whose approval is infinitely more valuable to you, because if you do not get the "Amen" of your inner consciousness, if there is any protest in your nature against your day's work, anything inside of you that condemns it, this will mar your self-respect. You will not think so much of yourself. If you get the disapproval of this inner self, especially if its protest is frequent or habitual, you begin to go down very rapidly.

You must have the approval of the highest thing within you or you can never be satisfied with yourself, can never be happy, can never live an efficient life. It is mighty comforting to secure the approval of people, but it is absolutely imperative that you get the approval of your inner self if you would live peacefully, happily, successfully.

Don't put too great emphasis upon the applause or approval of people outside when there is an inner protest. You may be a tremendous success in the eyes of those around you, but a total failure in the eyes of yourself, in the estimation of this inner consciousness which passes upon your every act, approving or protesting against it. You must have your own approval no matter what other people say; you must know that you are a success or you will never be a happy or efficient man or woman.

It is a wonderful thing to form a habit of never leaving undone your day's work, or until it satisfies you, then you can in honesty say: "There, that's a good job; it has been done as well as I can do it. It has my approval." One cannot begin to tell you what such a habit will do for you—doing everything to a finish. We know when we have done a right thing and we know when it is not right. We must get our own approval. If we have that we can stand all kinds of criticisms and sneers from those around us. Unless you have this inner approval of having done your own work right, of being square, you are not a success. You cannot get away from this inner judge, for it is your ideal, your other self, your very best self, and this self is the one you must satisfy in order to live peacefully and harmoniously. You may have the approval of the world, of society in general, but if there is that inward protest within you against what you are doing, a little small voice which is constantly saying, "You know that this is not right; you know that this is not success," you are simply posing, you are wearing a mask, you are deceiving, you are not honest, you are not square. So long as this goes on you are a failure, no matter how much money you may pile up or how high you are in your vocation.

You can never get away from your inner self which is not subject to pain, failure, that came into the world to accompany you, and will go out of the world with you, for it is your real self, the very truth of your being, the reality of you. Your connection with God, your reflection of Him, is as the rays of light radiate from the sun.

Whatever you do always get the approval of your inner self, always, every day and thus learn to rely upon yourself, that you may live harmoniously, peacefully—be satisfied and happy.

The sophomore girls have begun their work in domestic science, and having had a year to establish working principles, are now ready to take on responsibility. We are hoping for a splendid term's work and it is up to us to get it. Wonder who our honor students will be?