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DEVELOP ENERGY

A recent chapel talk by Supt. Hall was devoted to a discussion of energy—a most vital force in everything recognized and appreciated by the human mind. The topic was timely and it was ably handled, as follows:

My little talk to you students tonight is on the subject of "energy." The constant urging by our instructors to the students to acquire the habit of being energetic is on account of the fact that the very foundation of all success is dependent, very largely, upon that quality.

Energy is a great force in the successful development of a life. No man or woman can attain true success without this all-important quality. Energy is the power, the active force, by which results are obtained. Therefore, if you would bring things to pass you must rise from sluggish listlessness to quick, effective action. Now is the time to cultivate energy, while you are in school training yourselves for the best use of your powers; and the best way to go about this is to begin with the first active duty that comes up, by going into it with all the vim, force, will and strength that is needed to accomplish the task in the quickest, most successful way you can. Such opportunities are presenting themselves at all times.

In your industrial classes there is scarcely time in which to perform the work to be done; but all could be done if you would individually go into it with all your might, taking each step and making each move with a definite, determined effort to use every minute in the most effective way possible.

In the class-room every lesson, every recitation, is an occasion for the exertion of energy. How interesting and effective is the recitation where each member of the class is on the alert to make the most of the time, but, on the other hand, it is exasperating to listen to a class when every word or deed must be drawn from the pupils and each movement is labored and sluggish. No essential good can be derived under such conditions.

Again, you have the opportunities for developing the energetic quality in walking across the campus, in going to the street-car, or in preforming an errand. Step up with life and alacrity, and that very activity will generate greater force for the next occasion.

Now this does not mean that you must rush madly through your tasks, across the campus or to the street car. True, such a method might have the show of energy but it would not effect much good. It means that you must move and act with a definite, clear purpose; for real energy is sure to bring about results. Energy! energy! Get it into you. Feel it, act it, if your life is to be successful either here at school or when you go out to take your place in the world. Here is the thought that I wish to leave with you: "Energy is a tremendous help to success."

WISHING

Along about this season of the year it is quite common to hear boys and girls wishing for things—particularly what Santa Claus may bring. In the little tots this is excusable, but in older people the habit of eternally wishing for something is pernicious. Of all employments wishing is by long odds the worst. When we hear people wishing, wishing, wishing for this thing, or that thing, we generally catalogue them as discontented characters, and rightly so, too.

Help yourself to what you want. Get out and get it. Go to work and make it, or by labor or service secure the wherewithal to buy what you desire. By such action shall you receive. Wishing alone will never get you much. In time the habit of wishing will bring you discontent and that is about all. Be reasonable. No man is great or powerful unless he is master of himself, and to be of such calibre he must be reasonable. Quit wishing. Reason the matter out, then go to work to earn what you want. Then when you get it you will see greater value or beauty in it than would be the case if somebody handed it to you because you wished for it.

This is not an age of miracles and good fairies are not lurking in the shadow of our elbows to transform things by magic into commodities to appease our every whim. This is a practical, working age, therefore you will be wise to wish for work that you may secure in an honest way those things which you need for your mental and physical welfare. Beyond this cease to wish, but go to work.

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