

SAVE FOOD

America must send to the armies and allies this year 50 percent more food than last year; three times the normal exports.

America must be ready when the war ends, to rush supplies for 180,000,000 people, victims of Germany and the war, who are facing starvation unless help comes quickly.

America must build up reserves to carry us over the harvest period and to protect us against the lean years that may come.

The food conservation program is first military, that the movement of commodities may be so ordered that nothing hinders putting forth our full strength on the battle line and making victory sure.

It is next humane, heeding the world's cry for food which will be more and more compelling because of the wastage of four years of war. We could not be deaf to the entreaty of those who sit at the common table.

It is in part economic. We must meet the demand if we wish to build up American trade and strengthen our resources in the economic struggle after the war.

It savors finally of the soul of democracy. If we truly believe in the brotherhood of all mankind we cannot choose, but must share our abundance with all in adversity.

The conservation program reduces to this: Every ounce of food of every sort that we can manage to save will set free its proportion of essential food for the relief of those whose needs are greater than ours.

The success of this program rests not alone on the honor and cooperation, but also upon the intelligence of the American people. Its success will be the highest proof of the faith and works of democracy in America.

BEING GOOD

There is much more in being good than appears on first thought. "And God saw everything that He had made, and behold, it was very good." Being good means being possessed of those qualities of heart and mind which lead to peace and make for happiness. Being good means more than just being decent. We say, "He is a good fellow," or "She is a good woman," etc., and we in general mean more than the mere words imply. In such a case we voice a sentiment of trust and honor in addition to he or she being just simply good.

We might say that a dog is good, but we would mean in a far different sense than when the term is applied to a human being. Again we might say that the road is good, meaning something still different, but in the main the quality of goodness is one of desirability.

All of us should endeavor to be good because it is the opposite of bad—the opposite of corrupt and evil qualities and practices. Being good adds to our own peace of mind, to the confidence our friends feel in us, it puts us in harmony with all of those things and qualities which humanity holds best and noblest. Being bad cannot assist us, our friends if we have any, or our country. By being bad we lose everything worth while and cannot hope to gain anything. You can never lose anything by being good—just as good as you know how. Try it and see for yourselves.

KINDNESS

Deeds of kindness shine forth with great brilliancy at all times and in all places. An air which is familiar to all of us contains an expression which is a perfect gem, "Kind words can never die." The refrain says, "Never die, no, never die." This is true, literally true. It is so in deeds of kindness as in words.

Few of us have reached many years without being able to recall some little deed or word of kindness which came to us at a time when we were sorely tried—disconsolate or despondent. Or it may have been that we offered solace to the other fellow in his hour of darkness. It is a pleasant memory with us, no matter whether we or the other fellow were the prime mover in that which made for kindness, for in either case it proves a solace to both parties. "It is more blessed to give than to receive."

Many people may mistake kindness and imagine it is an attitude or a sentiment wherein a "mushy" course is entailed. This is not true by any means. Many times real kindness demands that unusual firmness be used. Where it is for the best interests of all parties it is most kind to be firm in your words and deeds rather than weak and meaningless. Being really kind means that you stand for something—that you have moral backbone and love truth and fair-dealing.

SOMEWHAT HASTY

A certain master builder who was noted for his sharpness was constantly watching his men and if he found one loitering on the job he dealt with him unmercifully. One morning he remarked to the foreman: "You'll have to handle your men more strictly. I just found a fellow standing around with his hands in his pockets. I gave him a week's wages and fired him then and there."

"I see," said the foreman thoughtfully. "Which man was it?"

"That fellow over there, just going around the corner."

"Why, that is not one of our men. That's a fellow that had just come in looking for a job."