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Happiness

Happiness comes from work well done,
From battles fought and victories won.
Happiness lies in a holy love
For truth, plenty, and things above.
Happiness comes to those who live
In unselfish thought to wholly give
The highest and best and truest deeds
For the world's greatest and human needs.

THE UNWILLING STUDENT

Think of the hopelessness of the future of the unwilling student! During the early days of his life when thoughts, actions and conduct are being formed into lifelong habits the unwilling student is bringing about conditions that will mean certain defeat in the end. He can never be happy nor can he give happiness. He will always be at the bottom rung of the ladder, while his eager, willing brother is at the top. He will miss the best, both now and in all time to come. If he is loath to perform his duties in his classes that feeling will be even stronger when once he gets out from under school rule.

You who are inclined to take up your work reluctantly now can not afford to let this time of training pass. Your instructors are glad to help you and will give most to the one most willing to take. As long as you have a year, or even a half-year, left for school life you yet have the opportunity for overcoming this very dangerous fault; but to do it you must fight. You must go into your work, whatever it is, no matter how disagreeable it may be, with determination to make it serve you by getting the most out of it. Then, too, you must do the thing because it is a duty; but the doing alone will not bring results. You must strive to keep a cheerful spirit through every step of the work, persuading yourself that it is the thing you want to do. This method will surely become a habit if you are faithful, and you will find that the discipline of making yourself do when you do not want to is a wonderful developer. This rule applies also to cases when an extra requirement is made of you or a favor asked.

So often the extras which must be done cause you to be disagreeable and rebellious. Right then is your greatest opportunity in training yourself for your life

work. In no situation or station in life will you be free from the demands of extra duties. Some will be hard and trying, others easy; but whatever the case your attitude towards them will altogether influence the results.

A willing, cheerful manner in any undertaking is three-fourths of the process. Therefore, if you would have your work easier, if you would gain success, if you would lay up happiness for yourself, place yourself as soon as possible among the willing, cheerful students who are here for the full benefit of all that Chemawa offers and are building for successful, happy lives.

REPORT ON CHEMAWA INSTITUTE

By Otis B. Goodall, *Supervisor*

I have the honor to submit the following report relative to the Chemawa Summer Indian Service Institute which has just concluded its session at the Salem Indian School:

The Chemawa Institute held at the Salem Indian School, Chemawa, Oregon, from July 31st to August 12th, 1916, has given a very strong and important impetus to the introduction of the New Course of Study in the schools of the Northwest. The development of methods in the work has been most valuable and in the detailed instructions, in the various courses, the instructors have concentrated on the essentials and the accomplishment in that respect has been quite remarkable. The pace set was a fast one and it is believed that all employees who attended this Institute have been greatly benefited. The members came with a serious purpose and the work of the Institute has been a direct example of application, a great factor in eliminating the non-essentials and in concentrating on the essentials. The course of instruction, based on a definite program, has undoubtedly increased the efficiency of each person in attendance.

One of the most valuable features of this program has been the bringing of representative men and women from the Oregon Agricultural College for the purpose of giving, during the first week of the Institute, daily talks on the important subjects of poultry,

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