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H. E. WADSWORTH, Superintendent

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BE THANKFUL

Once again Thanksgiving Day is near at hand. All over this great land of ours there will be programs rendered coupled with prayers to Almighty God in thankfulness of the many blessings received by humanity during the past twelve months. There will be petitions in all sincerity for a continuation of these blessings. All of this is right and proper. This custom grew out of prayers given in devout thankfulness on the landing of the Pilgrims on the bleak New England coast nearly three hundred years ago.

The thought occurs to us that it would be well for all to make every day a special day of thanksgiving for our own—each and every individual of us. Once a year is not often enough to be thankful. It is better to be thankful all the time. So long as we enjoy good health and have the simple necessities conducive to the comforts of life we should be thankful. There is no gainsaying this fact. Furthermore, the majority of us enjoy the necessities of life—and more, too. Try to be of a contented mind and so discipline yourself that you reach such a state—and then be thankful; very, very thankful.

He who has good health and is able to secure the simple necessities to maintain himself in health, and who, added to the foregoing, possesses a spirit of contentment, is, in the real essence of things, as well provided for as it is possible for a human being to be. Here is cause for real thankfulness. If one were to criticize the growing tendency of the times as regards our observation of Thanksgiving Day it would be on account of our disposition for feasting and gorging, rather than a strict observance of the day as one of spiritual thankfulness.