

Carrot, corn salad, mustard, pepper, squash, tomato—four years.

Kale, brussel sprouts, cabbage, cauliflower, kohlrabi, lettuce, melons, radish, spinach, turnip—five years.

Bean, beet, egg plant—six years.

Celery—eight years.

Cucumber—ten years.

All the above named seeds are liable to fail much sooner if not properly stored. Know your seeds by testing, then you are able to determine how thickly to sow in the open field. Avoid extremes in sowing. It takes practical experience to do things just right. Be not satisfied by being told how to do things. Count and test some seeds; plant some seeds; cultivate some plants; and harvest a crop. Thus you will learn by doing. "Be not a hearer of the word, only, but a doer." Keep your eyes and ears open for hints from others and make those hints yours by practically applying yourself to the task.

A HALF-HEARTED NURSE

PAPER BY MRS. IRMA DOUGLAS, *Nurse*



THE girl who takes up the profession of nursing simply for the good time and money she can get out of it for a few years is not going to get much out of the work unless she goes into it with a different ambition. With this mental attitude she is not likely to take much interest in her work and is apt to do it indifferently. She goes on duty in the morning late, with lagging steps, and leaves at night with quickened steps, on sight of the night nurse. There is no love in the work itself—only looked upon as a hardship. No matter what one may do there is a satisfaction in doing it well.

The nurse who leaves her ward at night knowing her work has been correctly done for the day, and that her patients and superior officers have not only been satisfied but well pleased with her good work and courtesy, her self-sacrifice and endurance, knows a pleasure in her work of which the careless and indifferent girl has no inkling. And again the girl who takes up this work with a desire to progress finds a pleasure in it that the one without such an incentive never knows.

The continual study of her work and herself in order to improve, the knowledge of her greater proficiency, the opportunities of advancement