

wise very well." To another friend he wrote, "If you will hear of 16 or 18 pounds wanting are owner, they belong to me." Ruskin asserts that cheerfulness is natural to one in good health and where it is lacking and there is habitual gloom there must be bad air, unwholesome food, over work, or erring habits of life.

Finally, whatever you feel compelled to pursue do not affect to despise. The day has gone by when a man needed to hang down his head because of the humbleness of his vocation, however useful. Ennoble your calling by the manner in which you discharge its duties and you

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will win the respect of all those whose good opinion is worth having. It is not the calling or the station in life which gives dignity or nobility to the man, but the man should dignify the station or calling. If your calling is mean or humble mix brains with it. The mechanic may be as high-minded as the poet, and the day laborer as noble as the artist. Every man has a mission to perform in this world for which his talents precisely fit him. Emerson says, "There is one direction in