

AMAZON KUNG FU
for women and kids
beginner's class
OCT 12 - NOV 5
343-8445 or 345-6490



DAVID LEUNG Chinese MARTIAL ARTS

Ongoing Classes

TAI CH'I
KUNG-FU

Self Defense
Energy Training
Instruction
in Form

Group & Private Lessons

1530 Willamette
344-1058



Now you don't have
to travel to China
to learn Qi Gong.

After seven years' study, Erfu Jiang, a
Qi Gong expert from Beijing, brings his
expertise to Eugene.

Qi Gong (pronounced 'chee Kung'):

- reduces stress and tension
- helps increase productivity
- strengthens the immune system
- combats chronic illness
- enhances sports performances

Seminar I—Oct. 20, 22, 27 & 29, 5:30-7:30 pm
Seminar II—Nov. 3, 5, 10 & 12, 5:30-7:30 pm
Central Presbyterian Church
1475 Ferry St., Eugene
Call 343-3536 to pre-register
or for more information.

MASSAGE/ BODY WORK

Deep, precise, gentle, eclectic body work. Stress management/relaxation training. Nursing and counseling background. Women's introductory discount. Robin Rose, licensed, 683-3634.

Wholistic Massage—deep body/mind relaxation process different from anything available. Wed., Fri. Carolyn, 344-6146.

Therapeutic massage and acupressure, using a unique, wholistic approach. Reasonable rates. Donna Mast, LMT, 485-2826.

Relax with acupressure, focused muscle massage, and Reiki for greater flexibility and vitality. Pregnant women \$5 off. Kiya Smith, LMT, 343-7412.

Rejuvenate yourself with a massage by M'ocan. Her strong, sensitive hands will ecstasize you. LMT, 687-2373.

Insight Bodywork

A Meditative Approach to Massage Therapy



- Vipassana Meditations
- Guided Fantasies
- Externalization of Feelings

Anna Glaserman
686-6788

ANNE COOK, M.S., L.M.T.

Jin Shin Do® Acupressure

Massage • Energy Balancing

for relaxation • renewal • stress relief
healing • personal transformation
individual sessions, classes, consultations
342-2297 895-3746

WHY CHOOSE HARWYLER

When we say deep tissue,
we mean deep

We have effectively treated back,
neck, headache & shoulder prob-
lems for over 8 years

Sauna, Jacuzzi, Backswing available

Open Nights 2 pm-10 pm Tues-Fri

There are 2 of us, so bring a friend

1/2 HR JACUZZI 1/2 HR MASAGE \$16
DEEP TISSUE THERAPY \$25 PER HR

HARWYLER CENTER
687-2650

Direct billing of insurance
in cases of auto accident



Therapeutic Massage

for Stress Reduction
& Relaxation

10 Yrs. Experience 344-1807
Vicki Ayres Kielas RN, LMT

MASSAGE CLASSES

• Basic Swedish 8-wk Course

creative & fun
Starts Nov. 2, Mon. eves 7-9
singles \$70, couples \$125

• Licensing Training

Prepares the serious student for the
state board exam:
1. Hands-on massage

starts Oct. 28, Wed eves
14 wks. \$150

2. Pathology for massage

starts Oct. 27, Tues eves
13 wks. \$150

Call Nina Cherry 485-8090
pre-register a.s.a.p.

always give the best of your love
always give the best of your knowledge

David Koteen
343-2913

polarity based body awareness

MASSAGE HEIDI TIMM

LICENSED

A PRACTICAL MUSCULAR
FOCUS • INTUITIVE ENERGY
WORK • ALIGNMENT •
RELAXATION IMAGERY •
EMOTIONAL ISSUES •
SPORTS/DANCE INJURY



689-1897

MEDITATIONS

Ongoing Ecumenical Meditations are at 7:30 pm Tuesdays,
Eugene Yoga Center, 1315 Willamette. Free.

TAROT Readings BY CAROL

Spiritual Counseling
Spiritual Healing
and much more!
747-9749

MEETINGS

ADULT CHILDREN OF ALCOHOLICS

Speakers meeting: October 10, 7:30-9 pm. Harris Hall,
Lane County Courthouse. Public welcome. Sponsored by
Lane County Intergroup ACA.

FRIENDS OF THE SPRINGS

Regularly scheduled meeting Octo-
ber 12th—7 pm at Eugene Public
Library. Forest Service will join us
to discuss caretaker issues and
plans will be made for the October
25th work party.

Where Serious Help Is Needed
For more info—343-8456

MUSIC

Fingerpicking, guitar/trailing banjo lessons—folkstyles. Pa-
tient, enthusiastic teacher. Play by ear. All ages/levels. Em-
my Fox, 345-5119.

VOICE LESSONS

Need help with tension, tone, breath-
ing? Let's work together to make you
a more relaxed, confident and ex-
pressive singer! First lesson free.
Eve Powers, A.R.C.T. 683-2383
(Associate, Royal Conservatory of Toronto)

WANTED:

We buy quality home stereo
systems, VCR's & P.A.
Equipment
the STEREO WORKSHOP
1621 E. 19th Eugene 344-3212

PERSONALS

RESPONDING TO A W.H. PERSONAL?
If the ad ends with a WH, 4 numbers and a letter, read
the information in the box above the classified form to
ensure you make the right connection.

Rape Crisis Network wants volunteers. Training starts Oc-
tober 15; call 485-6702 for more information by October
9. Stop rape by getting involved.

DM, 48, attractive, tall, established professional, Jewish.
Seeking caring, sharing relationship with slim, attractive,
affectionate, highly educated, non-smoking woman (to 45).
Qualities offered and required are warmth, self-awareness,
healthy ego, genuineness, openness and gentle yet lively
spirit. Reply 1430 Willamette, No. 118, Eugene, OR 97401.

Nice guy, 32, 5'10", single, employed, not bald, not rich,
smoker, prefers denim to slacks, enjoys photography, ci-
ty lights, a good book, and cheerful meandering. Seek-
ing nice woman unencumbered by children. WH #1008E.

SINGLES DYNASTY

A special way to meet singles you select. 485-4113.

SWM, 28, educated, sensitive, caring and athletically in-
clined. Would like to meet fit, non-smoking SW, 23-31.
WH #1008B.

Man, I'm tall, blonde, bearded, 175 lbs, mid-thirties and
single. I'm looking for a casual relationship with a natural
woman. I prefer younger women but who knows, I'm open
minded. I enjoy motorcycles, film, the ocean and cotton.
Take a chance and drop me a line, who knows, we might
just end up having fun. Write: anxious, PO Box 1955,
Eugene, OR 97440.

SWM wants fun lovin lady who likes sugar 'n spice and
everything nice, twice! 5-7 pm, 726-2985.

Creative new age man, 36, seeks attractive, available lady
for companionship, fun and ? I'm a spiritual person into
moderate exercise and diet, playing music and golf, work-
ing, good food and drink, my cat, and trying to be real.
WH #1008A.

SWM, 26, attractive; open, passionate, healthy, caring,
1st year U of O Law School; new to Eugene; athletic and
politically aware; I'm seeking a mutually supportive rela-
tionship, both emotionally and physically, with an attrac-
tive, healthy, intelligent woman. WH #1008C.

DWM, 34, interested in feminine companionship for
pleasurable hiking, x-c skiing, dining, and theater going
experiences. This smiling, adventurous, sincere, father,
professional especially appreciates a "sadder-but-wiser,"
nonsmoking, fit, cute DWF who enjoys affection ex-
changes. Kids welcomed. Photos gladly exchanged. WH
#1008D.

Caring, sensitive, warm, non-smoker, spiritual, family-
oriented woman over 35; school-age child. Interests: Out-
doors, clean environment, world disarmament/peace, edu-
cation, children. Seeking: kind, caring, honest, loyal family/
marriage-oriented man, 35-49. WH #1008F.

PERSONAL ADS

What's Happening offers Blind Boxes for
classified advertisers. If you purchase a Blind
Box, personal responses are forwarded to you by
mail for four weeks after ad is published. When
replying to a Personal Ad, address your re-
sponse to: WH Personals—#
(blind box #), 335 W. 20th, Eugene, OR 97405.

ROOMMATES

Woman housemate to share hilltop country home, 15
minutes Southeast. Quiet, organized atmosphere. Non-
smoker. \$175. 746-1467.

Apt. to share with other female, light, roomy, quiet. \$137.50
plus 1/2 utilities. Evenings, 484-7133.

Prefer female to share furnished 2 bedroom house. Large
upstairs room. \$80 a month. Nov. through Jan. Must love
animals. Call Phillip eve. or leave message. 344-4415.

Female housemate wanted. Share spacious home—quiet
street. South Eugene (College Hill area). Non-smoker.
\$175+. 485-4559.

Share large quiet River Road home. Mature, responsible,
pets negotiable. \$200/month includes utilities. Evenings,
689-5244.

Share large sunny house on quiet street 1 1/2 miles from
U of O. Must be considerate, fun and intelligent. \$140
month plus 1/5 utilities. Joel, 342-1980.

TRAVEL

Portland-London RT \$550. Bargain international airfares!
Rail passes, 1988 International Hostel Memberships, travel
books and accessories, AYH trips. AYH Travel Service,
Atrium Building, No. 205, 99 W. 10th, 683-3685.

WANTED

BEEN BUMPED?

Turn those airline compensation vouchers into cash.
726-1735 or 24 hr. service, 485-0657.

IF YOU'RE NOT WEARING IT

Turn it into cash. Used wedding rings wanted. Also old
class rings in any condition. 726-1735.

Wanted: Used hot tub or spa. Will disassemble and haul.
Prefer electric, inexpensive. Steve: 484-0503.

Country setting to park clean trailer. Need sewer, electric.
Pay rent, utilities. Employed, dependable. Barbara,
message 689-2688.

TOP \$\$\$ PAID CASH!

For "BUMPS"

Bumped Tickets, Vouchers, Frequent
Flier Mileage—All Airline Awards! Buy/
Sell. Will MEET or BEAT any broker's
bonafide offer!

TICKET CITY 683-8186

WORKSHOPS

The Emerging Woman Aftercare & Recovery

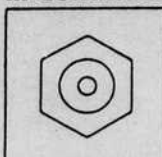
Ongoing process & support group for
women of all ages.

Beginning Wednesdays, Oct. 21,
7-9 pm

Facilitated by:
Meira Yaer Freedman,
RN, Nurse Therapist
Robin Marks-Fife,
Substance Abuse Counselor
Call to Reserve Space, 341-3485
33 E. 20th, Eugene

CIRCLE OF LIGHT

... Continued



Circle of Light, a weekly work-study
group, meets on Thursdays at 7:30 pm.
Newcomers are welcome; sessions fea-
ture a rich variety of exercises for
energizing the mind, body, emotions
and spirit. \$3 donation. Please call in
advance. 484-4243.
[A HUMAN BEING IS MORE THAN ANYONE BELIEVES]



CREATIVITY

... is alive and well
and living within you!

A One-Day Workshop—

Comments from Past Participants!
"I feel I have no creative ability... just
to see that creativity come out of me
and everybody else was really power-
ful." RH, millworker
"Nancy has a way of making it so fun
and non-threatening... I felt really free
to let go and experiment—it was great!"
CK, therapist
"I felt euphoric for a week afterward!"
CL, art teacher

SAT., OCT. 24 10-4:30 pm

\$33 (includes materials)

Given by Nancy Hopps (U of O
"Imagine That!" instructor)

For more information, please call
345-3537 or 344-3536.
Pre-register by Oct. 19.

V. Bac

A Decision Making Process

A on-going group for
women/couples exploring vaginal
birth after Cesarean.

Begins Thursday, Oct. 22, 7-9 pm.

33 E. 20th, Eugene.
Facilitated by Meira Yaer Freedman,
RN, Nurse Therapist.
341-3485.

My Father and I

A day-long workshop for men whose
primary intent is to explore individuals'
relationship with their fathers. Visualiza-
tion, gestalt, and body-oriented tech-
niques will be utilized to explore who the
father is (was), our relationship to him,
and the impact he has had on our lives.
Saturday, October 17, 10 am-6 pm. \$30.
Preregistration with \$15 deposit required
by Oct. 15. 344-0178.

Facilitated by Allen Carosio, M.A.
Center for Personal Education

The
Northwest
Institute
for the
Creative
Arts Therapies
33 E. 20th Ave.
Eugene, OR 97405
503/683-4483



MUSIC FOR SELF-EXPLORATION

with Susan Kennedy
Through impromptu piano improvisations
by the instructor, experience music for ex-
ploring emotional response, emerging con-
sciousness and intuitive perceptions. An in-
dividual session with instructor is required
prior to this class.
Wed., 10/28-12/2. 6:30-9:30 pm, \$135 in-
cludes pre-requisite session.
Leigh Files, ATR 683-4483
\$15 pre-registration deposit by 10/26

ACUPRESSURE CLASS

BASIC JIN SHIN DO®: Basic concepts
of oriental medicine, location of 45 ma-
jor acupoints and how to use them to
release pain and tension and promote
healing. Counts toward practitioner
authorization. Private session with in-
structor included. 8 evenings, Tues. or
Wed. starting Oct. 13/14. \$125.

ANNE COOK, M.S., L.M.T.
342-2297

A unique system of
BODY-MIND THERAPY



HAKOMI

HAKOMI BODYWORK

with Pat Ogden

Oct. 23-26 \$250

PROCESS GROUP

with Richard A. Heckler

and Lucky del Prince

Nov. 20-22 \$225

call Nina Cherry
485-8090

CLASSIFIED FORM

1) CLASSIFICATION: Circle One

Arts/Crafts	Free	Lost & Found	Rentals Wanted
Auto	Garage Sales	Massage/Body Wk.	Roommates
Business	Getaways	Meditations	Trades
Counseling	Health/Fitness	Meetings	Travel
For Rent	Help Wanted	Music	Wanted
For Sale	Instruction	Personals	Workshops

Service Directory (For Service Directory only. Designate classification.)

2) BOLD HEADLINE (Optional for \$2.50)

maximum of 36 characters & spaces

3) PRINT OR TYPE AD COPY

4) Count the words and determine your cost.

Total words	
-15 First 1-15 words	\$ 3.50
Additional words x 25¢=	+
Bold headline (Optional—please ✓)	☐ (+2.50)
TOTAL COST (one issue)	
Times consecutive issues	x
TOTAL COST (multiple issues)	
Blind Box (Optional—please ✓)	☐ (+6.00)
GRAND TOTAL	

NO REFUNDS!

5) Mail or bring payment plus form to:

WHAT'S HAPPENING CLASSIFIEDS, 335 W. 20th, EUGENE, OR 97405
We accept VISA/MC (\$15 minimum)

DEADLINE: Thursday 4 pm (1 week in advance)

Your Name _____

Address _____

Phone _____ (for office use only)