

PSYCHIC DEVELOPMENT WITH MITZI LINN
10 week class covering psycho-spiritual development.
Begins Oct. 6 at 7:30. Call for specifics. 345-0233.

EURYTHMY—THE ART OF MOVEMENT
Classes will be held on Wednesdays beginning October 7th, from 6:30-7:30 pm at The Eugene Waldorf School, 3411 Willamette. For more information, call 683-6951.



Introduction to
KI-AIKIDO

5-week class beginning
THURS., 7-8:15 PM., OCT. 1
5055 Mahalo Drive
683-5089

MASSAGE/ BODY WORK

Deep, precise, gentle, eclectic body work. Stress management/relaxation training. Nursing and counseling background. Women's introductory discount. Robin Rose, licensed. 683-3634.

Wholistic Massage—deep body/mind relaxation process different from anything available. Wed., Fri. Carolyn, 344-6146.

Therapeutic massage and acupressure, using a unique, wholistic approach. Reasonable rates. Donna Mast, LMT, 485-2826.

YMCA's masseur Byron Hanks—10 years LMT plus a certified gerontologist. Call 686-YMCA for appointment.

Relax with acupressure, focused muscle massage, and Reiki for greater flexibility and vitality. Pregnant women \$5 off. Kiya Smith, LMT, 343-7412.

Rejuvenate yourself with a massage by M'oceen. Her strong, sensitive hands will ecstasize you. LMT. 687-2373.

WHY CHOOSE HARWYLER

When we say deep tissue,
we mean deep

We have effectively treated back,
neck, headache & shoulder problems
for over 8 years

Sauna, Jacuzzi, Backswing available

Open Nights 2 pm-10 pm Tues-Fri

There are 2 of us, so bring a friend

1/2 HR JACUZZI 1/2 HR MASAGE \$16
DEEP TISSUE THERAPY \$25 PER HR

HARWYLER CENTER
687-2650

Direct billing of insurance
in cases of auto accident



**Insight
Bodywork**

Insight Bodywork incorporates a variety of massage techniques and Vipassana guided meditations.

• Physical and psychological blocks are caused by the deep tendency of the mind to grasp onto pleasant experiences and push away unpleasant ones.

• Insight Bodywork helps bring out unconscious psychological states and corresponding body sensations which inhibit one's energy flow. Deep release comes about when one can observe these while in a state of relaxation.

Anna Glaserman, 686-6783
Licensed, 15 years experience.

Deep Acupressure Treatments
for the complete relief of

- Back Pain
- Neck & shoulder pain
- Muscle Tension

sliding fee scale
Call Shoshannah Thielle
688-1567

MASSAGE HEIDI TIMM

LICENSED

A PRACTICAL MUSCULAR
FOCUS • INTUITIVE ENERGY
WORK • ALIGNMENT •
RELAXATION IMAGERY •
EMOTIONAL ISSUES •
SPORTS/DANCE INJURY



689-1897

CREST MASSAGE CENTER

... offers outdoor and heated
tables, gazebo/jacuzzi,
outdoor shower.

Apprentice: Susan—\$15/hour.
Wheelchair accessible. Lumbar supports,
cervical pillows, bionic chair &
foot stool for sale.



Marlene Gayle
Varady, LMT
683-5018



**Therapeutic
Massage**
for Stress Reduction
& Relaxation

10 Yrs. Experience **344-1807**
Vicki Ayres Kielas RN, LMT

David Koteen, LMT
450 W. Broadway #2

approaches each person as an individual with
unique needs. From his background in Polarity
Therapy, Massage, Yoga, Nutrition, and Movement
Studies, he works to create and maintain
relaxation, relief from pain awareness and well-
being in each client.

"The foremost axiom in my practice comes from
my principal Polarity Teacher, Pierre Pannetier:
"Always give the best of your love. Always give
the best of your knowledge."

For Appointment
343-2913

prepare for your MASSAGE LICENSE

Small, supportive classes.

Anatomy, physiology, kinesiology
starts Sept. 28, preregister by Sept. 15.

Massage, hydrotherapy, pathology
starts Oct. 28, preregister by Oct. 5.

For Information:

Lisa Anderson Nina Cherry
683-5336 485-8090

MEDITATIONS

Women's Grounding Circle opening for new members. Call
Charlene, 485-2319.

**TAROT Readings
BY CAROL**
*Spiritual Counseling
Spiritual Healing
and much more!*
747-9749

MEETINGS

ADULT CHILDREN OF ALCOHOLICS

Speakers meeting: October 10, 7:30-9 pm. Harris Hall,
Lane County Courthouse. Public welcome. Sponsored by
Lane County Intergroup ACA.

MUSIC

Guitarist looking for same to play jazz, fusion, blues, learn
improvisation. Steve, 726-8501.

VIOLIN
Full sized Stradivarius copy, with hard-shell case and chin
rest, excellent condition. \$250. 484-9595.

WANTED:

We buy quality home stereo
systems, VCR's & P.A.
Equipment
the STEREO WORKSHOP
1621 E. 19th Eugene 344-3212

Children's Musical Arts with Emmy Fox

8 week session starts Oct. 9
1st-4th graders Fri, 3-4:15 pm—\$48
Body Shoppe—66 West 7th Avenue

This class is a unique synthesis of music,
movement and creative dramatics designed
to develop musical awareness, creativity,
coordination, and group interaction. To pre-
register or for information, call 345-5119.

VOICE LESSONS

Need help with tension, tone, breath-
ing? Let's work together to make you
a more relaxed, confident and ex-
pressive singer! First lesson free.

Eve Powers, A.R.C.T. 683-2383
(Associate, Royal Conservatory of Toronto)

PERSONALS

RESPONDING TO A W.H. PERSONAL?

If the ad ends with a WH, 4 numbers and a letter, read
the information in the box above the classified form to
ensure you make the right connection.

SINGLES DYNASTY

A special way to meet singles you select. 485-4113.

Rape Crisis Network wants volunteers. Training starts Oc-
tober 15; call 485-6702 for more information by October
9. Stop rape by getting involved.

SW Christian woman, artist, realtor, communicator, wants
to meet warm, gentle man, 48 and older, who likes films,
dancing, music, people. Sharon, 303 Willamette, Eugene,
OR 97401.

Alpha male, 32, built, seeks one compatible female for
indulging relationship. Integrity, affection, good health and
looks a must. WH #1001A.

Wanted: Creative, adventurous people to experiment with
the ideas and techniques of Jane Roberts and Seth.
Forest/Gordon, 484-4731.

A TOUCH OF CLASS

SWF searching for nice Christian youthful male companion
and friend, 50+, for sharing the in and outdoors, dancing,
music, laughter, caring, etc. Write to 905 River Rd.,
Box 152A, Eugene 97404.

(Razorsedge) SWM handsome, hardworking, well-read
physically fit, seeks joyful healthy woman, 24-34, with not
more than one child for loving commitment. No smokers
or junk food nuts. If you like living in the country, then
maybe we can share life. (Tender Mercies). Joe, Box 171,
1011 Valley River Way, 116B, Eugene, OR 97401.

Single? Let

Friends First

introduce you to someone
special. Private, personal and
confidential. Write for free in-
formation. P.O. Box 11242.
Eugene, OR 97440. 345-4142.

Need person with desktop publishing system—typeset
educational books, flyers, etc. Dr. Lowenstein, 836-2300.

ROOMMATES

Prefer male to share 2 bedroom house with same. 50th
St., Springfield. Fireplace. \$165 month. 683-2510.

Country family (on Smith River) seeks New Age vegan
sister to co-teach 3 children. David, 1-271-5536.

Woman housemate to share hilltop country home, 15
minutes Southeast. Quiet, organized atmosphere. Non-
smoker. \$175. 746-1467.

Magnificent big room in very quiet household, want very
quiet person, private deck, walk-ins. 344-1964.

Are you looking for a housemate to share your lovely
home? Call me... I am 38, female, employed. 683-6139.

WORKSHOPS

FREE PRESENTATIONS

10 am: What is a Dysfunctional
Family • How does it Ef-
fect Me as an Adult?

12 am: Intimacy Issues for Sur-
vivors of Dysfunctional
Families

SATURDAY, OCTOBER 3

Gypsy Frankel-Podolsky, MSW

By reservation only, 344-4278

411 E. 3rd Street, Eugene

My Father and I

A day-long workshop for men whose
primary intent is to explore individuals'
relationship with their fathers. Visualization,
gestalt, and body-oriented tech-
niques will be utilized to explore who the
father is (was), our relationship to him,
and the impact he has had on our lives.
Saturday, October 17, 10 am-6 pm. \$30.
Preregistration with \$15 deposit required
by Oct. 15. 344-0178.

Facilitated by Allen Carosio, M.A.
Center for Personal Education



CREATIVITY
... is alive and well
and living within you!

—A One-Day Workshop—

Inspired by folks like...

Betty Edwards (*Drawing on Right
Side of Brain*)

Roger von Oech (*Whack on Side
of Head & Kick in Seat of Pants*)

... we'll experiment with a variety of
creative expressions & problem-
solving approaches ... Emphasis on
process, not product, many personal
& professional applications, aside
from being a lot of fun!

Sat., Oct. 3, 10-4:30 pm

\$33 includes materials.

Given by Nancy Hopps (U of O
"Imagine That!" Instructor)

Please call 345-3537 or 344-3536
for more info.

PRE-REGISTRATION REQUIRED

—ALSO—

"IMAGINE THAT!"

Thurs. 7:30-9:30 pm. Oct. 1-Nov. 12,
\$35. U of O Campus. Relaxation, vi-
sualization, affirmations, goal-setting &
other self-awareness techniques. 6th
consecutive year! More info, call Nancy
Hopps, 345-3537 or 344-3536.

Bright Wings, serving families and in-
dividuals challenged by a life-threat-
ening illness through counseling,
education and training, will offer:

**THE ART OF SKILLFUL VISITA-
TION**—Sat., October 17, 10-3 at St.
Mary's Episcopal Church. The
workshop will cover listening and com-
munication skills, dealing with people
in crisis, working with the aged, how
to make referrals, and care for the care-
giver. Co-sponsored by Weyerhaeuser
Company Foundation and Project Care.

Bring a sack lunch. Pre-registration by
Oct. 12. \$5 charge to cover administra-
tive fees. Limited seating.

WALK FOR HEALTH—Thursday
mornings, 9-11. One hour walk fol-
lowed by one hour discussion; particularly
geared for the chronically ill. Begins
Thursdays, Oct. 22, for 4 weeks. Pre-
register by Oct. 12. Meeting places to
be announced. We will discuss: how to
explain your illness to those you love,
your health care team, chronic pain,
dealing with depression, appreciating
caregivers, adaptive life strategies.

Workshops facilitated by Marcia
Hilton, M.Ed. Call Bright Wings,
1414 Kincaid, 342-6053 to pre-regis-
ter.



**FOCUSING
WORKSHOP**

OCT. 10, 1987

STEPHEN EIRING

A proven method for tapping the
natural wisdom of the Body/Mind.
Reduces stress, refines intuition, and
creates the freedom for full self-
expression.

683-1384

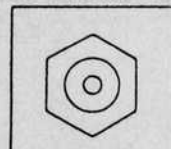
Kagu Suka Chuling
presents
**The Venerable
Lama Lodru's**

JOURNEY INTO TIBET

Lama Lodru's personal collection of
slides from his recent trip into Tibet.
Lama Lodru will narrate his intimate
journey into the heartland of this
beautiful country.
7:30 pm Wed., Oct. 7th, \$5 admission
344-0178. 44 West Broadway, Suite 302,
3rd floor, Centre Court. Bring cushions
to sit on.

CIRCLE OF LIGHT

... Continued



Circle of Light, a weekly work-study
group, meets on Thursdays at 7:30 pm.
Newcomers are welcome; sessions fea-
ture a rich variety of exercises for
energizing the mind, body, emotions
and spirit. \$3 donation. Please call in
advance. 484-4243.

(A HUMAN BEING IS MORE THAN ANYONE BELIEVES)

TRADES

Exchange great massages by LMT for teeth cleaning by
dental hygienist. 342-6285 message.

WANTED

BEEN BUMPED?

Turn those airline compensation vouchers into cash.
726-1735 or 24 hr. service, 485-0657.

IF YOU'RE NOT WEARING IT

Turn it into cash. Used wedding rings wanted. Also old
class rings in any condition. 726-1735.

TOP \$\$\$ PAID CASH!

Bumped tickets, Frequent Flyer—all Airline Awards! Ticket
City, 683-8186.

Portland-London RT, \$550. Bargain international airfares!
Rail passes, 1988 International Hostel memberships, travel
books and accessories, AYH trips. AYH Travel Service,
Atrium Building, No. 205, 99 W. 10th, 683-3685.

You to attend the NEW ZOO in Florence Sat., Oct. 10, 10-5.
We'll have an African Elephant, Cheetah, Cougar, Wolf,
Eagles, Hawks, Owls, Toucan, Reptiles & Amphibians, the
Giant Tortoise and Crocodile and Petting Zoo. For you to
see, enjoy and learn about. Volunteers are also needed.
342-8169.

NEED CASH?

Gentleman's Encore

Pays top dollar for quality, trendy and
contemporary men's clothing. Natural fibers
preferred. No appointment necessary. 11-5
pm, Mon-Sat.

77 W. 11th 683-6501

Blind Boxes for Personal Ads

What's Happening now offers "Blind Boxes" for classified advertisers—to
protect your privacy when placing a Personal Ad. Boxes cost \$6 for 4 weeks.
Responses are forwarded to you for 4 weeks after an ad is first published.

To use a What's Happening Blind Box, check the appropriate line on the
form and also fill in your name and mailing address at the bottom of the
form—so we can forward responses to you. This information will be kept con-
fidential.

When replying to a Personal Ad, address your response to: WH Personals—
(blind box #), 335 W. 20th, Eugene, OR 97405.

All ads are accepted at the discretion of the publisher.

CLASSIFIED FORM

1) CLASSIFICATION: Circle One

Arts/Crafts	Free	Lost & Found	Rentals Wanted
Auto	Garage Sales	Massage/Body Wk.	Roommates
Business	Getaways	Meditations	Trades
Counseling	Health/Fitness	Meetings	Travel
For Rent	Help Wanted	Music	Wanted
For Sale	Instruction	Personals	Workshops

Service Directory (For Service Directory only. Designate classification.)

2) BOLD HEADLINE (Optional for \$2.50)

maximum of 36 characters & spaces

3) PRINT OR TYPE AD COPY

4) Count the words and determine your cost.

_____ Total words	
—15 First 1-15 words	\$ 3.50
===== Additional words x 25¢=	+
Bold headline (Optional—please ✓) ☐	(+2.50)
TOTAL COST (one issue)	
Times consecutive issues	x
TOTAL COST (multiple issues)	
Blind Box (Optional—please ✓) ☐	(+6.00)
GRAND TOTAL	

NO REFUNDS!

5) Mail or bring payment plus form to:

WHAT'S HAPPENING CLASSIFIEDS, 335 W. 20th, EUGENE, OR 97405
We accept VISA/MC (\$15 minimum)

DEADLINE: Thursday 4 pm (1 week in advance)

Your Name _____

Address _____

Phone _____ (for office use only)