

CLASSIFIEDS

COUNSELING

Steve Podry, M.A. Counseling. My approach to the mysteries of emotional pain, bewilderment and discontent draws from the work of C.G. Jung and James Hillman. Sliding fee. 683-4312.

Rebirthing/primordial counseling. A no-bullshit approach that acknowledges the subtle interweaving of spiritual growth and emotional healing, and activates your own unique process, not one superimposed. \$25/session. Mickel, 345-0359.

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Bulimia, Anorexia, body image and weight problems, self-esteem, communication skills, mental, emotional and physical abuse. Individuals, Couples, Families and Groups.

Barbara Weinstein, M.S., 344-7696

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*gently integrate feelings and experiences

*relieve stress

*enhance your sense of well-being

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Ask for Free Brochure

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FOR RENT

LOW INCOME HOUSING

East Blair Housing Co-op seeks new member/owners. Cooperatively-oriented people, please phone 345-3827 or 345-1090.

Office Space Available
for
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acupuncturist.

Central location, ample parking,
attractive building, shared reception
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Call Cynthia Stockwell, D.C.,
342-6500.

FOR SALE

We are a spiritually and ecologically minded couple wanting to sell 1/2 interest in 120 acres 15 mi. south of Ashland. Year-round creek, no electric. Quiet and secluded, no kids. \$3300 down, \$285/mo. for 9 years. \$20,000 balloon due 1996. Refinanceable. 415/488-9019.

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Tempered safety glass—28x76=\$10.50; 34x76=\$11 (singles); 28x76=\$34; 34x76=\$36 (thermals). Other sizes. Primarily new seconds. 964-3785.

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6" thick all cotton futons
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On warm afternoons, Onsen has a great alternative to driving to the beach. We provide you with sunny privacy, and a cool tub of bubbling water. It's just like your own private ocean—without the sand. Here's the deal: 2 people, 2 hours only \$11 from noon 'til 5 p.m.



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Call 345-9048
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GARAGE SALES

Garage sale Aug. 1st, 9 am-4 pm. 910 Jackson, Eugene. Poetic Space Benefit. To donate items, call 342-8123.

GETAWAYS

THE OREGON HOUSE LODGE

Beach cottages, studios, B&B bedrooms, couples, families, groups, meeting room, sandy beach, forest. 16 mi. N of Florence. 547-3329.

HELP WANTED

Make Peace Your Job. CALS is hiring canvassers, full or part time. Training provided. Galuchi-style, cooperative workplace. Women and minorities encouraged to apply. Call Mickel, 343-8548 or 345-0359.

Enterprising person in electric wheelchair looking for personal care. Telephone and drivers license with references. Morning and evening shifts. Call Michael, 484-4967.

Someone who loves the art of sewing to work with artist paid by the piece. Amazon Parkway area. 484-6449 (call weekdays).

MASSAGE/ BODY WORK

REJUVENATING MASSAGE FOR WOMEN

Combining Deep Tissue Swedish and Acupressure: specializing in relieving shoulder, neck discomfort and headaches. Sharon Friedland, L.M.T. 343-5487.

Deep, precise, gentle, eclectic body work. Stress management/relaxation training. Nursing and counseling background. Women's introductory discount. Robin Rose, licensed. 683-3634.

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Relieve sore, tight muscles. Get your legs massaged! \$15.00. Linda Brewer, L.M.T. #342-8472.

M'cean's massage—a responsible wise choice. She's strong, but gentle. Nuturance/healing at its best! 342-1038.

Relax with a therapeutic massage. Conveniently located, 10 yrs. experience. Vicki Kieles, R.N., L.M.T. 344-1807.

The right touch, relaxing and nurturing massage. Light or deep pressure. Jennifer Horton, L.M.T. 689-5393.

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•Insight Bodywork helps bring out unconscious psychological states and corresponding body sensations which inhibit one's energy flow. Deep release comes about when one can observe these while in a state of relaxation.

•Insight Bodywork is complemented in the sessions with the deep tissue therapy of Postural Integration, Gestalt, and Reichian Breath Work.

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MEETINGS

THE BAHAI FAITH

Uniting the World. For schedule of regular informational meetings, call 344-4666, 344-3173, 688-4682, 726-1797.

ADULT CHILDREN OF ALCOHOLICS

Speakers meeting: August 8th, 7:30-9:00 pm. Harris Hall, Lane County Courthouse. Public welcome! Sponsored by Lane County Intergroup ACA.

COUGAR HOT SPRINGS WORKPARTY AND POTLUCK

Saturday, August 1. Volunteers are needed to help with trail and pool maintenance and landscape preservation. Meet 9:30 am at Grower's Market for carpooling and rides. Bring you, a shovel and a potluck meal to share. Call 343-9226 for more information. Sundays are Family Days at the Hot Springs. To honor the children we ask people not to use alcohol around the pools. Please send donations and/or inquiries to: **Friends of the Springs**, Trust, P.O. Box 11681, Eugene, OR 97440.

MUSIC

Voice lessons: Sing freely. Professional singer. State certified teacher. Good with kids. Connie Doolan, 345-4708.

Progressive blue grass band seeks talented individual to contribute lead guitar, rhythm guitar, vocal harmonies and some lead vocals. Must be able to practice twice weekly and make long-term commitment to group. Contact Duffy, 683-6914.

VOICE LESSONS

Need help with tension, tone, breathing? Let's work together to make you a more relaxed, confident and expressive singer! First lesson free.
Eve Powers, A.R.C.T. 683-2383
(Associate, Royal Conservatory of Toronto)

Children's Musical Arts

Instructor: Emmy Fox. T & Th, 5 sessions, starting Aug. 11. 4 yrs, 10-11 am, \$30. 5 yrs, 11 am-12 pm, \$30. 6-8 1/2 yrs, 1:15-2:30, \$36. Singing, movement, rhythm instruments, creative dramatics. To preregister, call 345-5119 or 484-7248 or call The Body Shoppe, 343-5050, 66 W. 7th Ave.

PERSONALS

RESPONDING TO A W.H. PERSONAL?

If the ad ends with a W.H. 4 numbers and a letter, read the information in the box above the classified form to ensure you make the right connection.

New in town and want to meet other raw food vegetarians. Please write to WH #07168.

SINGLES DYNASTY

A favorite way to meet for hundreds of Oregon singles! All ages. 485-4113.

Wonderful Woman seeks wonderful man, 35-45, open-minded and affectionate in thought, word, and act. I am 37, tall, a half-time parent, practical and metaphysical, creative, bright, loving, and self-supportive. 658 Division Ave., Box 47, Eugene, OR 97404.

Single male, 23, little disabled, night worker, seeks female, married or single, for innocent friendship during daytime. Write P.O. Box 91, Veneta, Oregon 97487.

Gay male, 34, interested in meeting gay men for friendship, possible relationship, photo appreciated. P.O. Box 11163, Eugene, 97440.

Fun loving, creative, handsome 38 DWM seeking attractive, well educated female, 28-36, for special friendship. Camping, music, tennis, sailing optional. Caring, sharing a necessity. Send photo. WH #0730A.

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