

CALENDAR

Health/Fitness

The Chemically Dependent Family is the topic of a community education forum by Serenity Lane and SHARP, from 7:30-9 pm, Sacred Heart Hospital auditorium. 686-7399, 687-1110. Free.

Meditations

Group Meditation, with an ecumenical approach, is at 7:30 pm every Tuesday, except in August, at the Eugene Yoga Center, 1315 Willamette. 485-6220. Free.

Radio

New York Philharmonic performs Strauss's *The Dinner*, Beethoven's *Symphony #6*, and other works, at 8 pm on KWAX 91FM.

Ahmad Jamal is featured on Marian McPartland's Piano Jazz, at 10 pm on KLCC 89.7FM.

Sports/Recreation

Eugene Emeralds play Spokane at 7:30 pm in Civic Stadium. \$4/\$3.

Mysterious Wind of the Salty Seas is by Celeste Maxwell at 10 am, 11 am and 2 pm, Eugene Public Library, 13th & Olive. Free.

Kid's Night Out shows a G-rated film, usually a Disney release, every Wednesday at 6:30 pm, in the basement of First Christian Church, 1166 Oak St. Parents must bring their children in and sign forms for them; parents may stay. Juice will be served and pick-up time is 8:30 pm.

Concert

Word of Mouth original jazz group performs for Eugene's Summer Parks Concerts, from 6-8 pm at Westmoreland Community Center, 1545 W. 22nd. 687-5316. Free.

Meeting

Eugene Big Mountain support group meets at 6:30 pm Wednesdays at Grower's Market, 454 Willamette. 342-3786, 485-5786.

Living with Joy, a book by Sanaya Roman, is the topic of Orin's Circle, at 7:30 pm at Eugene Yoga Center, 1315 Willamette.

Public Hearing

Lane County Board of Commissioners hold public hearings on amending Lane Code: to provide for the Lane County Ambulance Service Area Plan, and to include provisions prohibiting nuisances. At 1:30 pm, Harris Hall, 125 E. 8th.

Radio

Chamber Music Players of the University of Oregon are featured on Beall Concert Hall, a new program at noon Wednesdays on KWAX 91FM.



Word of Mouth plays for a free Summer Parks Concert July 22 at Westmoreland Park (18th Street between Polk and Chambers Streets).

Wednesday 22

Sunrise 5:50 am
Sunset 8:48 pm

Avg. High 84
Avg. Low 51

Children

Puppet Show of "Puff the Magic Dragon and the

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CHIROPRACTIC PHYSICIAN

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342-6500



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