

CLASSIFIEDS

ARTS/CRAFTS

PAINTINGS

by **Nancy Loya**
now showing at the
Park Street Cafe
(in the old Smeede Hotel)
777 W. Park St.
Mon-Fri. 7:30-4.
Showing through July and August.

COUNSELING

MANIC DEPRESSIVE?

We are your support group. Lithium Interchange. Reply
WH #0625A.

Steve Podry, M.A. Counseling. My approach to the mysteries of emotional pain, bewilderment and discontent draws from the work of C.G. Jung and James Hillman. Sliding fee. 683-4312.

Rebirthing/primal counseling. A no-bullshit approach that acknowledges the subtle interweaving of spiritual growth and emotional healing, and activates your own unique process, not one superimposed. \$25/session. Mickel, 345-0359.

Nancy Mac
counseling
Introductory Session—\$10
485-4559

Rebirthing

*gently integrate feelings
and experiences
*relieve stress
*enhance your sense of
well-being
in a safe supportive environment
Ruth Joy Certified Rebirthier
689-8311

DR. ARNOLD MINDELL, founder of PROCESS ORIENTED PSYCHOLOGY

A professionally made videotape of Dr. Mindell of Zurich, Switzerland. Includes an interview, therapy sessions with a client, and discussion of the therapy work. There will be a question and answer period afterwards led by Gary Reiss, an advanced student of Dr. Mindell's. Process-oriented Psychology is a mind-body approach to healing that includes dream work, body work, movement therapy, meditation and spiritual work in a single unified approach. Thursday, July 23, 7 pm, at the Unitarian Church, 447 E. 40th. \$4. Contact Gary Reiss, 1-942-8060, for more information.

THERAPY WITH A DIFFERENCE
Combined with the healing touch of Reiki and Hakomi bodywork. Gentle, deep exploration of core issues in relationships, self-esteem, health, direction, etc. Susan Pitcairn, M.S. 344-4678/342-7696.

ENID R. LEONARD M.Ed.

Certified Hypnotherapist

Weight Control • Stop Smoking
Stress Reduction • Pain Relief
Addictive Behaviors • Self-enhancement

VISA and MasterCard Accepted
By Appointment (503) 345-9387

L.G. Frankel-Podolsky

Registered Clinical Socialworker
Professional
Counseling & Psychotherapy
Services
Since 1974

Recovery from dysfunctional families and relationships.
Counseling:
Relationships, marriage, family
Depression, anxiety, stress
Adult Children of Alcoholics
Sex and sexual abuse
Separation, divorce
Self awareness and growth



Health Insurance
Visa • Mastercard
Welcome
344-4278
595 W 8
By Appointment

Caring, Supportive Therapy

Bulimia, Anorexia, body image and weight problems, self-esteem, communication skills, mental, emotional and physical abuse. Individuals, Couples, Families and Groups.

Barbara Weinstein, M.S., 344-7696

TRANSFORMATIONAL COUNSELING



USING THE
HAKOMI METHOD
DAN DOLEN 341-6410

FOR RENT

Office space for health care practitioner or counselor. Attractive, convenient location, parking, shared reception area. Available Sept. 15. Call Cynthia Stockwell, 342-6500.

FOR SALE

Piano, \$500; wood office desk, \$100; portable dish washer, \$35; 7 society finches and huge cage, \$75. 683-1921.

We are a spiritually and ecologically minded couple wanting to sell 1/2 interest in 120 acres 15 mi. south of Ashland. Year-round creek, no electric. Quiet and secluded, no kids. \$3300 down, \$285/mo. for 9 years. \$20,000 balloon due 1996. Refinanceable. 415/488-9019.

1970 VW bus. No rust. 1600cc dual port engine, good stereo. Best offer. 484-9632.

1945 2 1/2' x 5' 6-drawer oak desk, \$200; 19 inch color TV, \$50. 345-7565.

CAR WITH GOOD KARMA

1975 Honda with 40,000 miles on 1983 engine. New carb, clutch. Excellent condition. Total bargain at \$1100. Spence: 485-5972.

22" 10-speed bike. \$50 OBO. Phone 343-3666.

GARAGE SALES

Major moving sale! Furniture, books, clothing, appliances, tools. July 18-19. 1125 West Fifth Avenue.

GETAWAYS

THE OREGON HOUSE LODGE

Beach cottages, studios, B&B bedrooms, couples, families, groups, meeting room, sandy beach, forest. 16 mi. N of Florence. 547-3329.

MOONSET
An
incomparable
Seaview
Retreat
Telephone (503) 997-8000

SERVICE DIRECTORY

•Real Estate

Buying & Selling your home
can be a pleasant
experience

Real Estate with Sensitivity

Rheychol Paris
Brockett Real Estate
485-1400
Residence 683-4494

•Entertainment

STEPHEN
'The Balloon Man'
343-5356

will add that magic touch
to your birthday party
or special occasion.

•Astrology

ASTROSCOPE COMPUTER CHART SERVICE

Available print-outs include natal, solar and lunar returns, relationship and computerized interpretation. Chart prices are \$2.50; \$7.50 for chart and computerized interpretation. Same-day service in most cases.

SUSAN DEARBORN JACKSON
686-8578

•Moving

**Moving
Matters**
(formerly Starving Students)
345-8541

•Writing

Writer available for your project, professional or personal, large or small, 15 years experience. 688-0598.

•Haircutting

Creative haircutting for men, women and children by Angie, licensed haircutter—home visits. Call 343-3461.

•Health Services

KHALSA CLINIC

will be changing
its name. . .

•Legal Services

DIVORCE YOURSELF

Attorney Managed
DO-IT-YOURSELF
FORM SERVICE
Free information by mail
Toll Free 1-800-345-0339

MICHAEL D. LINICK, ATTORNEY

Have a Legal Problem? Need a Document Examined, Drafted? Going into Business? Denied Unemployment Insurance? Charged With a Crime? DUI, DWS? Been Injured?

Low hourly rate. Contingent fee, when appropriate. No charge for initial consultation.

Discuss your problem in familiar surroundings of your own home, at your option.

345-9078

For **Legal or Mediation** Services: Contact Larry Deckman, Attorney at Law, at 484-3782. Practice focuses on resolution and prevention of disputes through mediation, drafting contracts, preparing wills, real estate transactions, business organizations, and other non-adversarial fields of law. Reasonable rates. SIMPLE WILLS—\$35

•Yardwork

Rototilling, mowing, all yard & garden chores. Specializing in raised-bed method, will do double-digging for you. Anna Lee, 688-9585.

Lawn mowing. Conscientious, dependable. Call Anna, 343-5062.

Let the 'Soil Sisters' help you with all your yard and garden needs. 342-8114.

GREEN GARDENS

Landscape renovation and maintenance. We haul, give instructions and discounts. 485-0493.

•Tree Service

Gene Lunneman
Thomas L. Twyford II
Insured



MAJESTIC TREE SERVICE

935-3069
24941 W. Demming,
Elmira, Oregon 97437

EMERALD CITY FORESTERS



Pruning
Removals
Tree Surgery

87367 Greenhill Road
Eugene, OR 97402
(503) 485-7913

For people who enjoy trees & like
to see them cared for properly.

•Building Maintenance

Professional cleaning—commercial & residential; wood floor refinishing; carpet & upholstery cleaning. Free estimates. Arrow Maintenance, 683-2140.

ARROW Maintenance
Co.
Carole Bennett

BUILDING MAINTENANCE SERVICES

SINCE 1978
• Business & Residential
Cleaning
• Carpet & Upholstery
Cleaning
• Tile & Wood Floor Care
Call for an Estimate
683-2140

•Housesitting

Housesitting provided with professional care for pets, gardens, errands, mail. References. Call Kay, 688-4131.

Employed, dependable and clean person available for housesitting—willing to do light housekeeping, yard care, pet care. Call 686-1368 and leave message.

Planning vacation? Free service; house sitting. Safety, TLC/home, pets, plants, mail. Nonsmoker. 683-2510. References.

•Photography

ARTISTS/CRAFTSPEOPLE

Have your work photographed for shows, galleries and fairs, by David Stein, a professional photo illustrator, with reasonable rates. 345-7329.

WEDDING PLANS?

Have your wedding or group photographed by experienced photographer. Ten percent donated to Greenpeace. 688-1504.

Graphic Design

Graphiques by Shannon. Logos, business cards, brochures, flyers. Airbrush. Call Shannon Barnard, 688-7980.

•Home Improvement

OREGON DESIGN OPTIONS

Residential & Commercial Design
Solar Remodeling Planning Drawings Consultation
Barbara A. Keller, M. Arch.
P.O. Box 3197 Eugene, Oregon 97403

(503) 344-8052

•Housecleaning

MARSHELLE'S

♥ HOUSECLEANING
Thorough and exact
♥ LIFE MANAGEMENT
Closets to kitchens organized
♥ POTPOURRI
If a service you need is not listed
but you feel we can help, please call. . .

683-1785

IMPECCABLE REFERENCES • DECENT RATES

Homespun by Design

BUTTE TO BUTTE HOUSEKEEPING

A Complete Housekeeping Service

—Cleaning
—Errands
—Shopping
—Pet Care
—Yardwork
—Meal Preparation
—Minor Home Repair

Available Day or Night
Punctual, Efficient, Courteous
References gladly provided

♦♦♦ 485-1899 ♦♦♦

BASIC COURSE IN NEURO-LINGUISTIC PROGRAMMING

with **JUDITH FRANCIS, M.S.**

Educator and Master Practitioner of NLP

COMMUNICATION STRATEGIES for people who want to create and accelerate personal evolution for themselves and assist others in this process. A leading edge technology in the fields of therapy, education, sales, business, negotiation and mediation, personal growth. Will cover eye accessing, questioning strategies, establishing rapport, resource states, future pacing, sensory acuity, etc. 9am-6pm Aug. 1 & 2; integration session Aug. 4, \$150. Rosemarie Hazen, 686-2058 for info & registration.

FREE INITIAL EXAMINATION AND CONSULTATION WITH THIS COUPON

Diagnostic X-Rays \$10
Free Nitrous Oxide (Gas)
Stereo Headphones Available
Gentle Economical Dentistry

Thomas Kopriva, D.D.S.
General Dentistry
340 W. 10th Ave. • 484-9175

