

CLASSIFIEDS

ARTS/CRAFTS

Silk Painting. Come make some beautiful, elegant Christmas gifts. Congenial atmosphere. Maude Kerns Art Center. 345-1571.

AUTO

1967 MUSTANG, EXCELLENT
6 cyl., auto. Asking \$2,950. 688-7108.

CREAM PUFF

1974 Volkswagen Camper Poptop sleeps 4, rebuilt engine, good tires, all receipts, excellent condition. \$4500 or best. 935-4301.

1970 Volvo 144-S. New clutch, engine timing gears, many other parts. Runs great. Dick. 686-6108.

COUNTRY COOPERATIVE GARAGE

Care & Repair of

TOYOTA • DATSUN
VOLKSWAGEN • SUBARU
AND OTHERS

WORKER OWNED FEMINIST COLLECTIVE

683-3780

3144 W. 11th, Eugene

CERTIFIED GUARANTEED WORK

Singing telegram company seeks working partner—zany, creative, musical, lyrical people encouraged to apply. 345-9230.

Nurture yourself. Ongoing therapy for anorexia, bulimia, weight, body-image. Barbara Weinstein, MS. 344-7696.

Legal Options—Attorney and Counselor at Law. Sliding scale, campus office. Phone Barry Davis, 343-3656.

SIXTH ANNUAL WOMEN'S DISCOVERY GROUP
"Her Self/Her Image" is for women in transition. Each woman will explore who she is and who she can be, using memory, intuition, journals, dreams, mirrors and group members. Twelve meetings beginning Wednesday, November 6, 7:30-9:30 pm, \$10 nightly. Pre-registration required. Call Nancy or Caroline at 344-0178. Eugene Center for the Healing Arts.

Donothy Knowles, b.s.w.
Personal
Growth
Counseling
342-8175

Holistic Orientation. Individual, relationship, group services. Special interest in working with former Catholics on sexual and spiritual issues.

COUNSELING FOR WOMEN

Sexuality/Relationships/Personal Growth/Family Issues. Chris Titchener, BS, MA. 683-0785. Sliding scale.

VOICES—Victims of Incest Can Emerge Survivors has openings in their support groups. Call 683-8700.

COUPLES, FAMILIES, STEPFAMILIES

Competent counseling at reasonable prices. Learn to make discouraging relationships enjoyable again. Donna Taggart, MS, NCC. Pearl St. Counseling Services. 345-4276.

FOR RENT

Wanted: A large house or lodge on the coast for a psychology seminar in June. Need to accommodate 17 people for 6 days in June. Call Liz, 484-0519.

Beach cabin for coast sojourns. Just remodeled, cozy and comfortable. Sleeps 10. Reasonable rates. 344-6918.

Wanted: Pleasant office space with window for month or two. Approx. 100-120 square feet. 342-6285.

Wanted to rent: 2 bedroom house in S.E. Eugene, S. Eugene District. Call Liz, 484-0519 (work) or 683-3446.

FOR SALE

New dryer, Admiral, almond. \$175. 688-7108.

Metal Halide grow lamp, 1000 watt bulb w/ballast & timer. \$120. 688-1715.

Piano, 5-year-old Spinlet, walnut finish, good condition, asking \$700. Call 345-8188.

CASH FOR USED LPs & TAPES

If you've kept yours in good condition, bring them to DIANA's first! Jazz, Rock, Folk, Classical wanted. Old 45's too.

DIANA'S RECORDS TAPES & T-SHIRTS

772 E. 13th St., upstairs in the Smith Family Building. Open 10-6. Phone DIANA 45

Uncompromised Quality

at the
Best Price in Town!
Frames Too!

Look around then
call us. You'll like
what you find better.

Cloud Nine
Futons

a cottage industry...

343-5811

Loom. 45" Leclerc. 8 harness. Counterbalance/jack/counterbalance. Versatile! Sectional warp beam, reeds, extras. Easy assembly. \$900. 344-4423.

10-speed bike for sale. Good cruiser. \$40. 485-0428.

IBM PC Junior, 128K, Amdek Green Monochrome monitor, Parallel Printer port. \$625 or offer. 342-6285.

SHIZUKA FUTON

a cottage industry
supplying 100
cotton comfort from
\$75 Custom futon
covers custom &
crib sizes available
10% off our sales goes
to work for people

683-4138

LEARN THE STARS!

Accurate and beautiful star map
glows in the dark! Each deep
blue poster comes with a sepa-
rate guide to the stars and
covers the skies over the U.S.
Total cost is \$7. To get one, call
Larry Deckman at 343-7166 or
come by 2406 Lawrence St. in
Eugene.

HEALTH/FITNESS

Attention—slim-safe with new Dick Gregory Bahamian Diet. Call Helen, 686-0102. New distributors welcome!

Bonnie can keep your nails beautiful. Sculptured nails, manicures and pedicures. Nail Designers, 1758 W 11th, Eugene. 344-6245.

What is your metabolic type?

Everyone's metabolism is different. No one else's diet, supplements or health program is right for you. Nutritional Counseling to determine your metabolic type, the function of your glands and organs, and your vulnerability to health problems. Also the Kelly Program.

Contact: Daisy Lewis

Avalon Chiropractic Clinic 342-4215

If you have recurring
back, neck or shoulder pain,
read this...

HARWYLER BACK THERAPY is an effective blend of deep tissue release and stretching, which lengthens chronically contracted muscles and allows the space needed for normal placement of bones and organs.

Imagine trying to fit a tent pole (spine) in a shrunken (contracted) tent (body).

For an appointment call
Jake Harris, LMT 687-2650
Hours 2-10 Tues. thru Fri.

Certified Instructor

Classes

Individual

KEN ROWLETT
345-4388

Yoga

INVEST IN YOUR HEALTH

How pure is the water you drink? Purest, best tasting water available. Nature's Spring Reverse Osmosis unit. For more information call Daisy Lewis, 342-4216.

INTERESTED IN QUITTING?

Classes beginning soon

For more info call 747-8638 or
write PO Box 375, Eugene, OR 97440

HELP WANTED

Prisoner: Are you making what you are worth? Call immediately for more information. 345-5681.

Wanted: Fabric artist for part-time work. 342-3507.

Hundreds weekly!! Large company needs homeworkers!! Rush stamped envelope!! Mitchell, Box 11453F, Eugene, Oregon 97440.

INSTRUCTION

IMPROVE YOUR GERMAN NOW

German born tutor available. Call Antonio, 484-7042.

PLANNING AHEAD Legal Issues of Death

A 4-week series on the value and necessity of wills, power of attorney, living wills, etc. Develop a plan for yourself and your family. Instructor: Attorney Robert Wheeler. Sponsored by Bright Wings Cancer Support Center.

Cost: \$20. Class meets 7:30-9:30 pm Tuesdays, beginning Nov. 5, at 1414 Kincaid Street, Eugene. For information/registration, call 342-6053.

Bright Wings

CAN DIET MAKE A DIFFERENCE WHEN YOU'RE ILL?

Learn about nutrition during illness (yours/family member's) in a 3-part series taught by Barbara Weinstein, M.S. Sponsored by Bright Wings Cancer Support Center.

Nov. 7 Nutrition for families under stress (lifestyle or illness)
Nov. 14 Nutrition during chemotherapy and radiation
Nov. 21 Nutrition after surgery/in chronic illness

Classes meet at 7:30 pm at 1414 Kincaid St., Eugene. Cost: \$7 per class. For information, call 342-6053.

Bright Wings



Far Horizons Montessori School has Openings!

Individualized Program
Primary Class—Ages 2½-5
Elementary Class—Ages 5-8
Come in to visit & see the difference!
3575 Donald St. 483-0521



Therapeutic massage, Reiki and deep muscle work in a clinic setting. 8:30 am-8:30 pm. Kiya Smith, 343-7412.

For bodywork that compliments ongoing therapeutic process, for health and relaxation—Trager and massage. Lisa Anderson. 683-5336.

HEALTH-GIVING THERAPEUTIC MASSAGE

Sharon Friedland, LMT—Combines Deep Tissue, Swedish, Acupressure and Reiki. Helps alleviate tension headaches and muscular pain. Promotes a state of relaxation. 343-5487.

Mariene Varady, LMT. Therapeutic massage with pool, sauna, steam and whirlpool for \$30 a session. 683-5018.

TOOTSIEGRAMS

Reach the whole body through the internal touch of the 72,000 reflex nerve endings in the feet. Pre-menstrual stress is my specialty. Douglas Klappich, Practicing Reflexologist, 485-6220, 344-6027 (Dr. Khalsa's Clinic).

WOMAN AT WORK

Deep, therapeutic massage—yet with sensitivity and attention. 8 years developing a system that delivers some of the deepest bodywork around, utilizing the body's logic.

Cynthia Muntwyler

Harwyler Center

687-2650 Hours 2-10 PM Tues-Fri

POLARITY THERAPY

David Koteen, LMT
343-2913

American Polarity Therapist Association

MASSAGE WORKSHOPS

Beginning Massage Workshop

November 9 9:30-4 \$25

Advanced Massage Weekend

at the Coast

November 22-24 \$50

Fun Massage Weekend at the Coast

December 6-8 \$50

LISA ANDERSON L.M.T.

683-5336

Still the best deal in town
• HALF-HOUR TUB/
HALF-HOUR RUB—\$15
• HALF-HOUR SAUNA/
HALF-HOUR MASSAGE—\$15
GIFT CERTIFICATES AVAILABLE
Harwyler Center 687-2650

TUNE IN TO A BEST-SELLER.

Garrison Keillor reports the latest
news from
week on
Lake Wobegon each
"A Prairie Home Companion".
Saturdays and Sundays
at 6:00 pm
on KLCC 89 FM

LAKE
WOBEGON
DAYS
GARRISON
KEILLOR

Distributed by the American Public Radio Network

Touch of Class Clothing

Mon.-Fri. 10:00-5:30 / Sat. 10:00-5:00
2650 Willamette • 343-0095

Cash Paid for Clothing

Would I lie to you??
Touch of Class has
the best clothes in
town!!!



Quality Resale
in natural fibers
for women and children

WANTED! Friendly People...
to answer phones during the
KLCC Fall Radiothon beginning November 8
Call 726-2224

FRESH CATCH

Two or more seafood dinner
selections daily.
\$5.95-\$7.95.

Dinner 5-9:30pm, 7 Days
26th & Willamette, Eugene



This space
could be yours
for only \$16

(or less with discounts)
PHONE
484-0519