

UP FRONT • UP FRONT • UP FRONT

WHAT'S HAPPENING

Arts, Events and Entertainment for Eugene/Springfield and Lane County

WHAT'S HAPPENING is published each Thursday except for Nov. 24 (Thanksgiving), and Dec. 29 (Christmas/New Years).

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A Journey to the Outskirts of the Universe

Comprising a small but luminous portion of this week's *Future Expo* is a trip into deepest space. Blasting off from the audio-visual room of the Convention Center at the Lane County Fairgrounds, participants will be treated to a sequence of color slides that start from above the earth's surface and get progressively farther away.

Hovering hundreds, thousands, then millions of miles from home, they will see our globe's oceans and continents, the deserts of Mars, hurricanes on Jupiter, and other mind-altering visions. Eventually, the expedition will bring multicolored perspectives on both our home and distant galaxies, until it arrives at the literal "outskirts" of the universe.

If you've ever wondered where space ends and what the trip there would be like, here's an opportunity to find out. Daily departure times will be posted at the Future Expo, Nov. 11-13, at the Fairgrounds.

Crisis in Central America

The Associated Students of the University of Oregon will present *Crisis in Central America: An Educational Conference* on Nov. 17, 18 and 19 on the U of O campus in Eugene. A variety of events will be featured including panel discussions, workshops and films. Participating in the panel discussions will be representatives of the Nicaraguan and Honduran governments, the Salvadoran opposition coalition and the Reagan Administration, as well as individuals who have done extensive research on the region and/or have had first-hand experience in the area. Panel discussions begin at 7 p.m. on Thursday and Friday, and at 4 p.m. on Saturday. Thursday's discussion is entitled *Roots of the Crisis* and will focus on the history of the region and examine Central America today. Friday's topic is *Nicaragua in Focus* and will look at the situation in and around that country. Saturday's panel will discuss the *Prospects for the Future* of the region. A series of workshops will accompany the events, beginning at 10 a.m. and running until

4 p.m. each day of the conference. Additionally, a series of films on Central America will be shown continuously throughout the week of the conference.

All conference events will take place in the Erb Memorial Union (EMU) on the U of O campus, are open to the public and are free, although ASUO would gratefully accept any donations. For more information, call 686-3724 and see the calendar.

Premenstrual Syndrome

Every woman has by nature of her menstrual cycle the ability to sense and experience a wide range of emotional and physical states of being. For many women,

Barbara Weinstein, nutritionist, will be the first guest speaker. The effects of a woman's diet on her menstrual cycle is well-documented and is one of the most direct ways a woman can help herself. She will be offering information on specific nutritional programs which will lessen the distress of premenstrual symptoms.

The talks will take place the second Monday of each month. For more information, see calendar and call 686-0796 or 683-4483.

en—researchers estimate 40%—this sensitivity leads to physical and emotional distress. *Premenstrual Syndrome* is the term being used to cover this very wide-ranging phenomena.

Joyce Baker, counselor in private practice, is hosting monthly *menstrual education meetings* beginning November 14. The meetings will feature guest speakers, films, and a forum for exchanging ideas and offering peer support.

Fast for a World Harvest

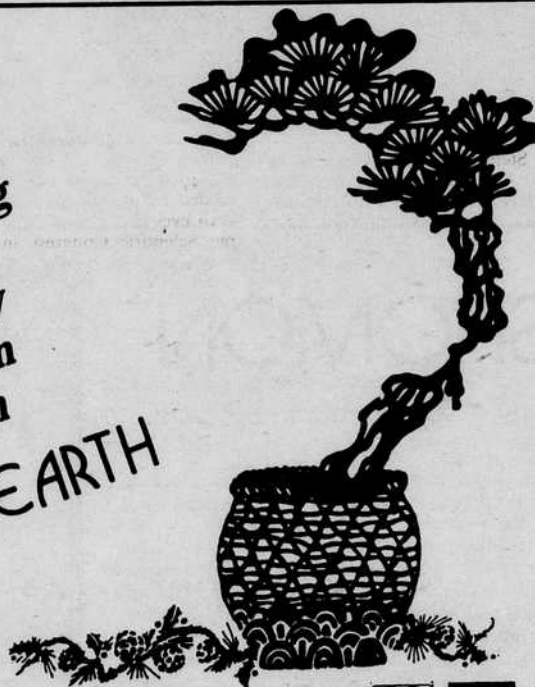
On Nov. 17, Oxfam America will be coordinating their 10th Fast for a World Harvest, the annual event held every year on the Thursday before Thanksgiving to raise public consciousness and funds for emergency relief and development programs in Asia, Africa, and Latin America.

Oxfam America is a non-profit, non-sectarian agency that funds grassroots organizations and community groups in villages and rural areas where people are working together to increase their own food production and economic self-reliance.

Locally, there will be an Oxfam America information table in the Erb Memorial Union on the U of O campus on Monday, Nov. 14. Also, on Wednesday, Nov. 16, there will be a worship service at 7:15 p.m., sponsored by the Campus Interfaith Ministry at the Newman Center in the campus area. The Fast day, which follows, will finish with a break/fast meal at 6 p.m. at the Koinonia Center, located at 1414 Kincaid.

For more information about the Fast for a World Harvest, call contact persons Amy Clark and Carrie Yates at 683-8338 or Tammy Kitchen at 683-6342.

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Christmas Mailing Schedule:

- AFRICA - Dec. 9th.
- ASIA - Nov. 30th.
- AUSTRALIA - Dec. 2nd.
- EUROPE - Dec. 9th.
- FAR EAST - Dec. 9th.
- MID EAST - Nov. 23rd.
- SOUTH AFRICA - Nov. 28th.
- CANADA - Dec. 14th.
- EAST COAST - Dec. 17th.
- LOCAL - As Desired

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