

Book Review

Portland Rainy Day Guide

By Katlin Smith, Chronicle Books in association with Solstice Press, 1983, \$6.95.

Rain. Oregonians run in it, bicycle in it, curse it, and leave it for sunny climes come December, if finances permit. Some manage to ignore it and others, believe it or not, actually appreciate it. Katlin (Kathy) Smith, a Eugenean who claims that rain has been given a bad name, is one of the latter.

Smith spent last winter traipsing all over Portland in her yellow rainslicker researching the myriad ways to enjoy the city on those 150 rainy days a year. The result, *Portland Rainy Day Guide*, is an informative and entertaining 127-page book offering hundreds of ideas for combatting bad weather blues and inertia. Portland artist Elizabeth Rocchia has provided wonderful illustrations.

Keeping dry is the key to enjoying rainy day exploring, according to Smith. She introduces her readers to the concept of raingear personality types: the Dressed Properly Personality (DPP), someone who wears tailored raincoats and always has an umbrella at hand when a shower begins; and the Dressed Functionally Personality (DFP), someone untroubled by rubber boots and pajama-like raingear, as long as they keep out the elements. The book tells where to buy rainwear of both types.

Much of the *Portland Rainy Day Guide* suggests city activities suitable for any weather—walking tours of Skidmore/Old Town, Northwest, Hawthorne Boulevard, Multnomah Village and Old Sellwood. Maps are provided for each of these neighborhoods as well as listings of dozens of antique shops, restaurants, art galleries and other places of interest.

There are chapters, too, on shopping (from downtown department stores to the shopping centers), the art galleries, museums, theatres, literary Portland (bookstores new and used, libraries, the best newstands, poetry readings), sports facilities, spectator sports, kids' activities, rainy day hikes and covered picnic sites, and, for the weary or hedonistic, the hot tub spas.

Did you know that Oregon City was the state's first capital, that Aurora, 30 miles south of Portland, was the site of Oregon's first religious commune, a 600-strong group which ran a hotel, restaurants and mills for nearly 25 years? A chapter on historical excursions provides intriguing information on these and other day trips.

If food lovers need an excuse for indulging, rainy weather provides a convenient one. Instead of merely listing and rating restaurants, Smith gathered together a handful of Portland restaurant connoisseurs to discuss

the past and present eating scene, from ethnic restaurants to seafood establishments, delis to hamburger joints. The conversation is mouth-watering and fascinating.

Eating out with kids is something quite different than eating out, according to Smith, and she has provided a chapter on this subject, too. A Portland writer/mother offers tips on choosing suitable restaurants and keeping kids occupied. Restaurants are also recommended.

If you don't have the money to eat out, see a movie or take a hot tub, you'd be amazed at how many different things you can do at Portland's main library, the Multnomah County Central Library. Smith lists 40 activities, from looking for a job or a college to checking out exercise cassette tapes.

For nightlife seekers, there's a list of 25 late rainy night activities. You really can go bowling 24 hours a day in The City of Roses, eat Mexican food at 3 am, play video games at two arcades or drink beer at a bar serving more than 100 different imported beers.

If Portland in the rain has left you cold in the past, you might consider upgrading your raingear and buying a copy of this new guidebook. Portland has plenty to offer if you know where to look. I'm ready to go and I'm not waiting for the rain.

—Martha Wagner

Cloud-Roost

It is
a little old
house in the trees

high above Eugene,

lost,
forgotten for awhile,
in the limbo of
frozen log company
land dealings.

At night
the sounds of the city
find their way
up here.

(Down there they
are all comprehensible:

Trucks, trains, cars, whistles, etc.,

But up here
they take on
the quality of
"the-city-as-a-whole,"

and I hear it
turning and groaning, twisting and heaving
as it goes about its business,

like some giant octopus
foraging the countryside
on asphalt legs.

A. Porter



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Sunday 17

Radio

KLCC 89.7 FM features: Big Band Bash, Kaye Kyser, noon; Sunday Afternoon Jazz, Cal Tjader, 3 pm; and Women's Night Out, "The Lives of Minority Women," 6 pm.

KWAX 91.1 FM presents: St. Paul Sunday Morning, Ives, Bartok and Ginastera, 9:30 am; Ears of Old, Canon, 11 am; Sunday Chamber Music, the string trio, 11:30 am; The Library of Congress Chamber Music Series, songs of Mozart, Schubert, Debussy and others, 1 pm; The San Francisco Symphony Orchestra, Handel, Sessions and Stravinsky, 8 pm.

Etc.

Planetarium Shows continue at WISTEC. See 7/9 for details.

Pic-a-dilly Flea Market, 10 am-4 pm, Lane County Fairgrounds, 50¢-75¢. 683-5589.

Storytellers Potluck: Bring a dinner dish and a story, 7 pm, 155 E 34th St. W/C accessible.

The Nurtury Day Care Center is sponsoring a People's Party at 1857 Jefferson, 2-8 pm.

Children

Performances in the Park presents A Festival for Children, 4 pm, Washburne Park, E 21st and Agate. Storytellers, clowns, jugglers, dancers, magicians, singers, participatory activities.

Monday 18

Workshops/Classes

The second session of creative piano study begins today through the Piano Preparatory Division at the University School of Music. Classes and private lessons are offered for all ages and levels of musical skill. \$20-\$40. 686-3761.

Concert Music

The Traditional Folk Sampler plays at the Corvallis Midsummer Music Festival at LaSells Stewart Center, 26th & Western Blvd, Corvallis, 8 pm.

Summer Showcase on the Mall features Chris Sorenson and Judith King at noon.

Performances in the Parks features the Spencer Creek Drifters at Westmoreland Community Center at 6:30 pm.

Monday 18

Radio

KBDF 1280 is broadcasting all 35 home games for the Eugene Emeralds. Mike Parker calls the play-by-play, airtime is 7:21. Today's opponent is Tri-Cities.

KLCC 89.7 FM features Jim Keskis at 7:30 pm on From the Leftside.

KWAX 91.1 FM features: Rachmaninoff at 10 am; Mozart festival at noon which includes Symphony No. 37 in G, K425a "Michael Haydn."

Tuesday 19

Workshops/Classes

Lane Community College's Business Assistance Center is offering a seminar, Introduction to Microcomputers, today at 7 pm. 484-2126.

A self defense class which emphasizes a practical approach, as opposed to the use of martial arts, is offered Tues & Thurs at 7 pm at Sheldon Community Center, 2445 Willakenzie Rd. Cost \$12. Call 687-5312.

Children

The 4-H Fair will have a public style revue at the Hult Center today. No time given.

Storytime for ages 5 and up at the Eugene Public Library today at 3:30 pm.

Meetings

Today at noon is the second planning meeting of a summer night women's march and rally. Room 336 in the EMU, UO. 686-3327.

Speakers

Henning Hopf, a West German chemist, will discuss dendralenes, ringed organic compounds with many branches. 3:30 pm in Science II, Room 331, UO.

Radio

KBDF 1280 AM broadcasts the Emeralds vs. Tri-Cities game, 7:21 pm.

KWAX 91.1 FM features: Friederich II, Concerto No. 4 in D (Redel, flute), 10 am; The Stranglands, owners of Pepperwood International Corp. discuss the Stamp of Success, 11:45 am; Schumann, Nielsen and Brahms, noon; International Festivals—Vivaldi, Haydn and Chubini, 8 pm.

Tuesday 19

Etc.

County Serv Bingo in the auditorium at the Lane Co. Convention Center at 7 pm. 18 years and over only, 50¢ a card or 5 cards for \$2.

Concert Music

Summer Showcase on the Mall features Richard Crandell and Bill Bartells playing original acoustic guitar duo at noon.

Dance

Performances in the Parks hosts square, contra and country dancing for everyone at Monroe Park at 6:30 pm.

Wednesday 20

Children

There will be a Discovery Voyage for ages 6 and older today at the Eugene Library at 10:30. There will be a treasure hunt, maps and guides.

Radio

KWAX 91.1 FM features: Bach Suite No. 1 in E minor, BWV 996, 10 am; Dvorak, Copland and Grieg, noon; New York Philharmonic plays Ives, Shostakovich and Schumann, 8 pm.

Workshops/Classes

Preregister for "The Doors of Compensation" training-seminar to be held July 23-24, 10 am-4 pm. Learn how we use "doors" to release blocked energy. An Arica workshop. \$40. For info and pre-registration, 484-4243.

Sports/Recreation

Adventures on the High Seas: Ouzel Out-fitters and the Oregon Sailing Club will give a slide presentation and discussion on water sports. 8 pm at 255 E 38th St. \$3.50 non-members.

Concert Music

Diane Schuur, blues and jazz singer, will perform at the Corvallis Midsummer Music Festival at 8 pm. LaSells Stewart Center, 26th & Western Blvd, Corvallis.

Summer Showcase on the Mall features Mainstage Theatre at noon.

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