



Alito Alessi and Karen Nelson of Joint Forces present **Movement Intensive**, a combination of healing and movement, including contact improvisation—evenings July 11-15. Eugene Center for the Healing Arts, 344-0178.

Coming Up

Mainstage Theatre Company is producing *Three for the Show*, an ambitious three-musical season of summer theatre on the Eugene Downtown Mall. The three shows are Rodgers and Hammerstein's *Oklahoma*; *Working*, a musical based on Studs Terkel's book; and *It's Cole Outside*, an original revue of Cole Porter's music. The Eugene Downtown Association, the Lane Regional Arts Council and the Eugene/Springfield Convention & Visitors Bureau are helping to produce these shows. Tickets are \$3 in advance, \$4 at the gate. They may be purchased from Eugene Hilton, Valley River Inn, Backstage & DeFrisco's. Opens July 7th.

The National Federation of Local Cable Programmers' national conference—Access: Scaling New Heights is in Portland this year. The conference will be packed with information vital to: access users and staff, local origination staff and programmers, cable companies educators and librarians, local governments, independent producers, labor unions, community and human services organizations, churches, and those interested in advanced technology and policy issues. The Conference is July 14-16. Registration deadline is July 7. For further information write or call: Rachel Jacky, Center for Urban Education, 0245 S.W. Bancroft, Portland, OR 97201, (503) 221-0984.

THIS SUMMER IN EUGENE...

ARICA

PROGRAMS TO TUNE-UP YOUR PSYCHE

1. Psychocalisthenics.

Another beginning class in Psychocalisthenics is now forming. Psychocal is a series of 26 exercises designed for total mind/body fitness and stress reduction which combine yoga, movement and breath. More than just exercise, Psychocal harmonizes and develops the entire body, restoring it to its natural balance, elasticity and health. Classes held twice weekly. 6 Sessions/\$25. Call for information and preregistration.

2. The Doors of Compensation.

Over-exertion. Gluttony. Panic. Toxomania. Cruelty. These are some of the "doors" we use when we need to compensate for internal contradiction—to "blow off steam." An understanding of the Doors of Compensation helps to release our blocked energy and creates greater understanding of our own and others' behavior. To accelerate this process, this seminar-training uses role playing, theatre and group interaction, meditation, movement, and stress reduction exercises. July 23-24, Sat-Sun, 10 am-4 pm. \$40.

3. Protoanalysis.

This seminar-training is an analysis of the nine ego-types and how they function. A fixation is developed in a child between the ages of 6 and 9 and becomes the foundation of the future personality which dictates behavior and attitudes in life. Knowing the fixations gives a radical insight into psychology and helps you move to more essential aspects of your being. Participants will also learn how to recognize the fixations in the muscular tensions of the face. Support work includes lectures, movement, group interaction and theater games. August 13-14, Sat-Sun, 10 am-4 pm. \$40.

For information on these upcoming programs, call 484-4243 or write Kath Works, P.O. Box 3162, Eugene, OR 97403.

Southern Oregon's Kalmiopsis Wilderness

The Kalmiopsis Wilderness Area and the adjacent proposed wilderness, the North Kalmiopsis, are located in the wild and rugged Siskiyou Mountain Range in Southern Oregon. It is a "totally unique" area according to Mike Roselle who was in Eugene recently trying to call attention to it. It contains the "most diverse conifer forest in the world" with 20 different existant species. It also contains 50 species of hardwoods as well as dozens of rare and threatened plants. There are wolverines running wild, and Doug Firs that are 400 years old, as well as other trees 700-800 years old.

Mike was here to talk about preservation of wilderness and "old growth"—the stands of trees that will be gone in 10-12 years if the U.S. Forest Service doesn't do something to protect them. If they are not protected there will be a very small amount of original forest left in this country.

That is why a group of people in Southern Oregon are actively trying to stop the Forest Service from building a 12-mile road deep into the heart of the wild and unroaded North Kalmiopsis. If completed this logging road will run along the north edge of the Kalmiopsis Wilderness Area along a part of the protected Illinois River Trail to Silver Creek Canyon so that the area can be logged. Reforestation will probably be impossible because of steep, unstable slopes and the lack of soil. Siltation would threaten salmon and steel head runs.



"Direct action" is a new tactic for environmentalists. Here they are attempting to block the construction of a U.S. Forest Service Road into the North Kalmiopsis Area (a proposed wilderness area).

In its present state, the North Kalmiopsis provides ecological diversity to the Kalmiopsis Wilderness. It is a habitat for old-growth dependent species. It provides protection for large animals requiring a vast, secluded range. It also provides a large volume of cool, late summer and fall water essential for a continued healthy fishery in the Illinois River when its other headwaters are warmed by a lack of forest cover. It is also protection for the Illinois River Trail and has numerous other values.

Once a road is built on a proposed Wilderness site, it essentially eliminates that area from consideration as Wilderness. The Forest Service and private companies have been accused of building roads in great numbers

just to keep proposed wilderness from being protected at least until a final decision has been made.

There are some events coming up planned to call attention to the construction of the Bald Mt. Rd. in the North Kalmiopsis. On Sunday, June 26, at Skinners Butte Park from 3-8 pm, Arousing Spirits, The Burners, Cecilia Ostrow and Richard Crandall will play music and the Galileos will juggle and clown. On July 3 in the English Meadows of the Kalmiopsis Wilderness, the River City Rendezvous takes place. Gary Snyder will be there in support of the wilderness. On July 5 there will be people converging from all over the West to show their support for preserving this pristine and very special area. Their aim is to slow down and prevent construction of the road. If you would like more information, call Marcy at the UO Survival Center, 686-4356. Leave a message for her if you don't find her there.

—Lucia McKelvey

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NOTE: The State Board Exam in October might be the last opportunity to take the test before the new mandatory education requirements go into effect. The new law might make it necessary to take approx. 6 months of schooling in required subjects before even applying for the licensing exam.

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