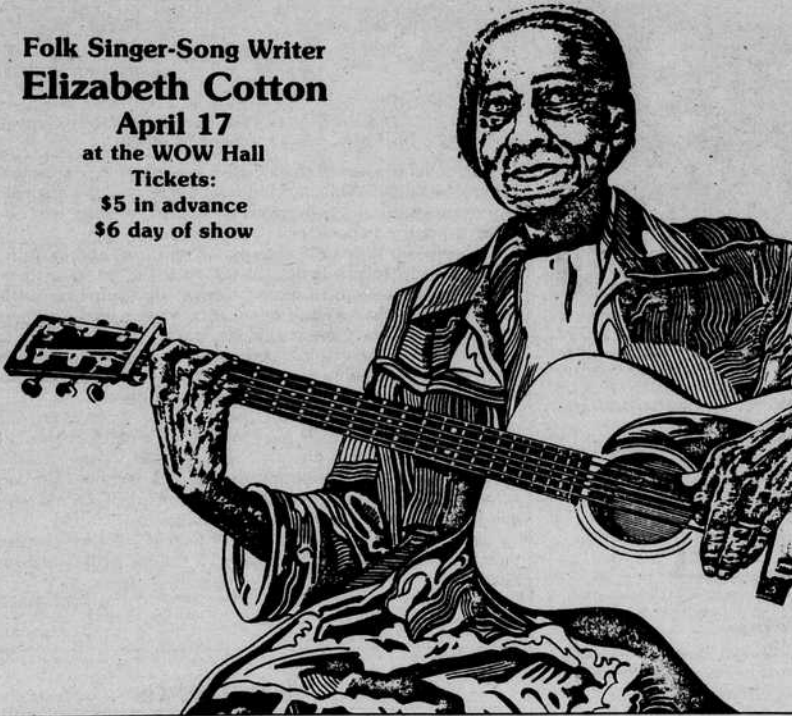


Folk Singer-Song Writer  
**Elizabeth Cotton**  
 April 17  
 at the WOW Hall  
 Tickets:  
 \$5 in advance  
 \$6 day of show



Blues artist B.B. King, with special guests The Paul Delay Band, perform at the Hult Center for the Performing Arts, Thursday, April 7, at 8 pm. Tickets are available at the EMU Main Desk and at the Hult Center Box Office.

**Cafe Z**  
 live music • light food • pastries  
 9-Midnight Friday & Saturday  
 Zoo Zoes Restaurant  
 454 Willamette St.

FRIDAY APRIL 8  
**AURORA**  
 LIGHT JAZZ  
 GUITAR + FLUTE  
 \* \* \*  
 SATURDAY APRIL 9  
**CATFISH**  
 JAZZ + BLUES



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 An Introduction to Arica**

A special workshop offering an overview and direct experience of the multi-level Arica techniques for whole body fitness and health . . .

- Introduction to Psychocalisthenics, a series of exercises combining breath and movement for balancing the body, emotions and mind. More than just "exercise."
- Vitality generation techniques
- Stress reduction exercises
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SATURDAY, APRIL 23 / 1-5 PM / \$9  
 Space Limited  
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 484-4243



**THE EMPIRE STRIKES BACK**

Episode 8  
 "Dark Lord's Fury"

**KLCC**  
**fm 89.7**

Thursdays  
 7:30 PM

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**CLASSIFIEDS! p.11**

ComeUnity & Alpha Farm present:  
 An Evening & A Day With  
**PETER CADDY**  
 co-founder of Findhorn Community in Scotland

Evening:  
**PERSPECTIVES FOR THE 80'S**  
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 at the Unitarian Church, 40th & Donald, Eugene

All Day Workshop:  
**PATH TO WHOLENESS**  
 April 11 • 10 AM-5 PM • \$30 (includes lunch)  
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Peter Caddy will draw on his travels and global perspective to chart the growth of personal and planetary transformation.  
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