

## Saturday

### Workshops

**Controlling Chronic Pain:** Methods for people to break through the frustrating cycle of long term pain. This workshop will explore the nature of pain, the pain cycle, the role of meditation, and the power of the body's own pain-relievers. Greg Fitzgerald, MS and Thomas Fisher will lead the workshop. This is the second session of a series of three. First Christian Church, Partor Room, 1166 Oak. Sponsored by Bright Wings Inc. 342-6053.

**Visualization as a Means of Personal Growth and Integration** is an experiential workshop providing practical instruction in the use of creative visualization as a tool for personal growth. Preregistration necessary. \$15 at 10 am. Eugene Center for the Healing Arts, 1094 Monroe.

The first Northwest Regional Women in Print Conference will be held at the Monroe Center, 1810 NW 65th in Seattle. The conference will feature a wide variety of workshops geared towards printers, publishers, writers, editors, graphic designers, bookstores, librarians and archivists. Saturday and Sunday. (206) 624-9056 for information. \$25/sliding scale.

Lou Stoumen, academy award winning photographer, will give an all-day workshop. His photographs are featured now at the Oregon Museum of Art. 746-3168 for more information.

## Saturday

### Etc.

Tonight there will be a benefit dinner for the Northwest Working Press at the Keystone Cafe. Enjoy a delicious Mexican dinner and help the Press replace their stolen lens.

The City of Eugene's Downtown Commission is sponsoring a Community Event to encourage public input on the Downtown Plan. People are encouraged to drop in from 1-5 pm to review and comment on the Plan inventory work that is now complete. At this time, the inventory is a series of maps and fact sheets describing existing conditions within the plan area. The Downtown Commissioners will be available during the event to discuss the plan. Eugene Conference Center, 3 E 7th Ave.

**Greenpeace Eugene Whale Watches:** A 2-hour cruise to sight the gray whale migration. \$15/person. 687-8121.

**Free musical repair clinic** at Stephen's Stringed Instrument, 1417 1/2 Olive, 10 am-6 pm, 484-0615.

The U of O Continuation Center offers a class focusing on the television adaptation of Herman Wouk's novel *The Winds of War* with the goal of helping students gain perspective on the human drama of war. 1 pm in Gilbert Hall, U of O.

### Dance

Dance '83 continues. See 1/27 listing.

## Saturday

### Children

**Scientific Illustration** (or "How to Draw an Acorn so Real a Squirrel Might Try to Steal It") is a class offered at WISTEC starting today at 11:45-1:45 running to March 5th. \$20 members, \$25 non-members. 2300 Centennial Boulevard, 484-9027.

**Rockhounds:** A former prospector and miner Paul Vollom will show you where to look for good rock and mineral specimens, how to collect them and get them home safely, and how to identify what you found. Offered at WISTEC also from 1-3 pm.

### Sports/Recreation

The U of O Swimming and Diving Team meets with the Dolphin Invitational in Eugene today and tomorrow.

The U of O Fencing Team hosts the "Northwest Mixed Doubles Championships" and men's individual SABRE championships, 12:30-5 pm, in Gerlinger Annex 352 at the U of O. 686-3733.

Sheldon Community is providing grades 7-12 transportation to Hood Doo Ski Bowl. \$9 includes insurance. 687-5327.

During National Cross-Country Week (Jan 29-Feb 6) Hoodoo will start the Hoodoo Sprints Citizen Series. Sprint will be at 2 pm. Lessons this week (21-4, 5, 6) will be 2 for the price of one.



Actress Jane Van Boskirk and musician Mark Nelson appear in *Prodigal Daughters*, a blend of theatre, music and history. See accompanying article.

## Prodigal Daughters

*Prodigal Daughters*, a dramatic presentation featuring actress Jane Van Boskirk and musician Mark Nelson, will be performed in Oakridge on Friday, Jan 28. *Prodigal Daughters* is a show about five immigrant women, prodigally gifted, who played dramatic roles in the New World. Some were nationally famous, such as Mary Harris "Mother" Jones, and others simply influenced those around them, but all tell memorable stories about strength, courage and hope.

Actress Jane Van Boskirk brings these women to life in dramatic monologues, and folk musician Mark Nelson provides music and commentary. Mark has performed throughout the U.S. and Europe, playing traditional music from many countries on dulcimer, guitar, mandolin, jew's harp, bones, and bodhran (an Irish drum). Jane is widely known for her touring performances of *The Northwest Woman*, portraying the lives of Oregon pioneers, and *Change the Way It Is!* about the women of Appalachia.

*Prodigal Daughters* will come to Eugene later this year, but if you don't want to wait, you can catch this performance at the Oakridge High School at 7:30 pm on Friday.



### Rolfing

free  
evaluation

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### Dance

The Oregon 1983 Mid-Winter Square and Round Dance Festival begins the second day with a New Dancers dance at 9 am. In the evening the Cloudy Mountain Cloggers will give a clogging demonstration, followed by the Grand March. Lane County Convention Center, \$6/person, no cost for spectators.

Network is sponsoring a Country Swing class at 8 pm and at 9 pm at their regular Dance/Party at the Laurelwood Country Club. \$2.50 members, \$4 non-members.

**Adult Singles Dance** at Gulliver's, Valley River, sponsored by Cascade Singles, Inc. 9-1. \$4.

### Film

Missing will show at 150 Geology at 7 & 9:15 pm. Sponsored by the Cultural Forum, \$1.50/\$1.

Enter the Dragon will show at 177 Lawrence at 7 & 9:15 pm, sponsored by Ananda Marga.

Sleeper will show at 180 Prince Lucien Campbell at 7 & 9 pm, sponsored by the Sufi Circle.

## Artists in Residence Directory

Theater • Music • Dance • Art

### ART

Cheryl Reed, Graphic Designer  
342-5068 / 345-0942, Eugene  
Experienced, professional.  
Advertising design, photography,  
screen printing; cash/trade.

### DANCE

Dunya & Naira Jalal, Dancers  
Raqs al Qamar Troupe  
484-4068 / 343-6189, Eugene  
Folk to cabaret Mid-Eastern dance.  
Performances for large, small groups.

Zarouhi, Oriental Dancer/  
Instructor  
343-4830 Eugene  
Professional performances.  
Musicians available. Small parties  
to concerts. "Belly Dance" classes

Barbara Sellers, Teacher  
683-2215 / 683-5294, Eugene  
Classes in American Belly Dancing,  
and the dances of North Africa at  
Dance Spectrum.

### Calligrapher

June Tolliver, Calligrapher  
344-1128  
Six years experience  
Invitations, certificates, flyers,  
posters, menus, etc.

Starting in February, the Artists Directory will be moved into our new Classifieds section. To list yourself in the Classifieds, use the form and instructions on page 11.

### Music

Stan Fink, Saxophonist  
343-9463, Eugene  
Teacher, distributor for  
Claude Laquey mouthpieces.

Emmy Fox, Guitar & Banjo  
688-5908  
Play by ear! Finger picking and folk  
style guitar. Folk and frailing banjo.  
For all ages.

### WOOD

Ave/John Norem, Woodcarver  
435 Lincoln, 484-9204, Eugene  
This 'elt carves daily—Your chores  
or my Museum: Sculpture, Utensils,  
Miniatures, and Antique Replication.

### Fabric Art

Linda Shubert, Applied Items  
683-5880, Eugene  
Custom designed baby blankets,  
curtains, wall hangings, pillows—  
fabric-on-fabric pictures and/or  
names.



NEW HOUR!  
daily 8 to 3  
WEEKEND BRUNCH 9 to 3  
NEW LUNCH ITEMS!

NEW HERO SANDWICHES/ foot long, special  
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### Image of Life

## PHOTOGRAPHY

Portraits • Parties • Family Reunions  
Sports Events • Outdoor

Michael Williams

484-0024