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Nova Health

Your Care is now Nova Health — but patients will still get the hometown care they’ve come to appreciate from Sisters’ own Dr. Eric Wattenburg and his staff.

“We’re not changing anything that people have grown to love at Your Care,” says Stephanie Rhoades of Nova Health. She said that Nova Health partnered with Your Care as its first clinic on the east side of the Cascades because, “it really fit our model.”

What are changing are opportunities for both staff and patients. Nova Health will expand service lines and recruit additional providers so that more of the kind of service patients appreciate will be on offer. There will be increased stability and growth opportunities for staff, which will aid in retention and the building of long-term relationships.

“Nova Health and Your Care share the same vision for compassionate patient care across both urgent care and occupational medicine,” says Dr. Eric Wattenburg, cofounder of Your Care.

The new partnership holds out the prospect of continuing the hometown care that has made Your Care a Central Oregon success story, while enhancing services into the future.

Amp-3 First Aid Kits

Whether we’re adventuring in the Sisters backcountry or on a road trip over Santiam Pass — or just living our day-to-day life in Sisters — a quality first aid kit is an essential part of our preparedness.

Through Amp-3 First Aid Kits, David and Beth Pruett offer a range of top-quality first aid kits tailored to a variety of needs. They are Made in the USA — assembled right here in Sisters.

David Pruett is a former emergency room doctor and woodland firefighter, so he has expert insight into what needs to go into a first aid kit.

When you need it, you want your first aid kit to deliver, and AMP-3 offers military grade/medical grade quality — both in the contents and in the durable pack they’re carried in.

From an everyday carry kit that can fit in your purse to kits that you can carry in your backpack or store in your car, AMP-3 signature kits cover the full range of preparedness needs. There’s a kit specifically designed for woodland firefighters; one designed for first responders; a range kit; a blood-stopper kit; and a wound-care kit.

They’ll be launching a very simple “boo-boo” kit later this year.

Radiant Day Spa

Radiant Day Spa in Sisters is on a mission to create a more beauty-filled life for everyday people.

To further that mission, they’re now offering Radiant Select Facials — a range of four different facials at an excellent price point that cater to the specific needs and desires of clients.

Dealing with sun damage? The Bright Skin option might be the one for you. Skin feeling burnt and abraded by harsh winter weather? Calm Skin will soothe you. Clear Skin addresses problems with acne and Firm Skin does just what the name suggests.

Each facial uses targeted, esthetician-recommended products. With a 50-minute facial at \$110, Radiant Day Spa is bringing that beauty-filled life into reach.

Ask about the \$12 Spa-In-A-Bag Kit, containing take-home Éminence products tailor-made for specific skin types.

Winter is especially hard on the skin, so now is the time to visit Radiant Day Spa and bring a little extra beauty into your day-to-day life.

Radiant Day Spa in Sisters is open Tuesday through Saturday from 10 a.m. to 4 p.m., and by special appointment on other days. For more information visit [instagram.com/radiantdayspasisters](https://www.instagram.com/radiantdayspasisters).

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