Sisters salutes...



The Oregon State Sheriff's Association honored Camp Sherman's Mark Foster for decades of service to the community.

• Mark Foster recently received the Oregon State Sheriff's Association Meritorious Service Award. Jefferson County Sheriff Marc Heckathorn commended Foster for his long-time community service:

I'd like to take a moment and introduce you to a true community hero that lives in Jefferson County and specifically in the Camp Sherman Basin. His name is Mark Foster and he's been a critical asset to this office and his community for nearly five decades.

Mark Foster was hired as Jefferson County's first resident deputy in Camp Sherman in 1981. Mark patrolled the greater Camp Sherman area where he's lived for most of his life. Mark is an avid outdoorsman and recreationist. When Mark left law enforcement in the early '90s, Mark stayed with the office and founded the Camp Sherman Hasty Team and became the face of Search and Rescue for Camp Sherman and this office for the next 20 years.

Mark fully retired from service with the office in 2011 but just six years later, in 2017, Mark had the continued passion to serve his community but this time back in law enforcement and was commissioned as a special deputy who volunteers his time out on patrol. In 2019, our longtime resident deputy passed away unexpectedly, and Mark stepped up and increased his own patrol presence and callout response capabilities. We have offered Mark the ability to be paid for his patrol services and after-hour callouts but Mark refuses any form of compensation and does it simply to serve his community. Mark is truly a one of a kind and humble man.

Mark routinely is involved in law enforcement calls as well as search and rescue calls in the Camp Sherman Basin and is always quick to offer a hand or any advice. Mark's expertise and knowledge about his community and search and rescue techniques is beyond belief.

Mark's performance in supporting our mission to "safeguard all people and their property, serving all equally, with empathy, dignity, and respect" is achieved on a daily basis. I can't think of anyone in the state of Oregon more deserving of such an award than Mark Foster.

See related story, page 3.
• The Hal Reitmeier Family wrote:

A special thank-you to the Sisters Community. Our family has truly been blessed with the loving kindness shown to us during a difficult time.

A special thank-you to the community of Pine Meadow, Rotary, and friends of Fika Sisters Coffeehouse who have generously supported us with dinners, flowers, prayers, and love! You all have been shining lights. Words cannot express our gratitude to you all.

Blessings and Happy New Year from The Hal Reitmeier Family.

• Fika Sisters Coffeehouse would like to thank all the wonderful people of Sisters for supporting our inaugural Circle of Giving holiday event. Our goal in creating the "Circle of Giving" was to support local businesses while supporting local charities who do so much for our community. Because of the community's generous donations, the Cold Weather Shelter, Circle of Friends, Furry Friends, and Family Access Network have much-needed supplies to continue to provide support and meet the needs of our community. Thank you for supporting the Circle of Giving fundraiser and Fika Sisters Coffeehouse. Happy New Year!

A N N O U N C E M E N T S

Hunter Education Class

Classes start Tuesday, February 1. Sign up online at MyODFW.com. Questions? Call Rick Cole, 541-420-6934.

The Sisters Cold Weather Shelter (SCWS)

In partnership with local churches, SCWS is providing free hot meals and a warm, safe place to stay this winter. Through out January shelter location is Wellhouse Market, 222 Trinity Way. The Shelter will open at 6 p.m. each night.

Alzheimer's and Dementia Family Caregiver Support Group

Thelma's Place Adult Day Respite Program in Redmond hosts a monthly support group for those caring for someone with Alzheimer's or another dementia-related disease. The support group is held every third Wednesday of the month from 4:30-5:30 p.m. This is a free family-caregiver support group featuring local organizations each month who join to share their experiences and resources.

Free Weekly Grab-N-Go Lunches For Seniors

The Council on Aging of Central Oregon is serving seniors (60+) free grab-n-go lunches on Tuesdays, Wednesdays, and Thursdays each week. The lunches are distributed on a first-come, first-served basis, drive-through style, from 12-12:30 p.m. at Sisters Community Church, 1300 W. Mckenzie Hwy. Seniors may drive through the parking lot and pick up a meal each day of service. Come on by; no need to make a reservation. For more information call 541-678-5483.

Central Oregon Partnerships for Youth (COPY)

The Deschutes County Sheriff's Office is offering a virtual class to prepare volunteers to become mentors for children with an incarcerated parent. After initial training and comprehensive background checks, volunteers are matched with a child in or around Sisters, who shares similar interests and activities. Commit to spending a few hours a week together for a minimum of one year. On Saturday, January 22, COPY will offer a 3.5-hour virtual orientation/ training class. There is no cost to attend, but advanced registration is required. Call 541-388-6651.

Parkinson's Support Group

Are you a person experiencing Parkinson's disease (PD) or a care partner/family member desiring to better support your loved one with PD? We invite you to join us in Sisters for a restart of our support group to experience friendship, shared experiences, and a better understanding of PD. Please join us the second Thursday of the month 1-2:30 p.m. at the Sisters Library, 110 N. Cedar St. Sisters. For more information contact Carol Pfeil, program coordinator of Parkinson's Resources of Oregon, 541-668-6599 or carol@parkinsonsresources.org

Weekly Food Pantry

Wellhouse Church has a weekly food pantry at 222 N. Trinity Way every Thursday at 12:30 p.m.

Let's Talk, Sisters!

Citizens4Community invites all area residents to the monthly Let's Talk, Sisters! discussion series — a forum where people learn about local topics of interest and exchange diverse viewpoints in a lively but respectful setting. Let's Talk! is free and spotlights a different local topic each third Monday of the month. Learn more at Citizens4Community. com/events or call 541-549-1482.

PET OF THE WEEK

Humane Society of Central Oregon 541-382-3537



Rides are based on volunteer driver availability and are provided Monday through Friday, 8 a.m. to 5 p.m. At least 48 hours advance notice is required. STARS Dispatcher number for all rides is 541-904-5545. Those interested in volunteering may complete the STARS application form at www.agefriendlysisters.com/stars-application.

Free Pet Food

Budget tight this month, but you still need pet food for your dog or cat? Call the Furry Friends pet food bank at 541-797-4023 to schedule your pickup. We have all sorts of pet supplies too. Pickups available Thursdays, beginning at 12:30 p.m. Located at 412 E. Main Ave., Ste. 4, behind The Nugget office.

Papers for Fire-Starters

The Nugget Newspaper has old issues that are ready for recycling. Come by and pick up a stack from



in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids. org or call Katie at 541-719-8727.

Meet MAC. This wonderful little man is as friendly and fun as they come! Mac loves meeting new people and he thinks everyone is his friend. For being so low to the ground, he's got more hops and spring than a kangaroo! Besides being extremely social, Mac will fetch, loves all types of toys, and especially enjoys playing tug with squeaky toys. Mac walks well on a leash and knows how to sit on command. He is treat-motivated, so he can learn many more commands with positive reinforcement training techniques. He gets along with dogs and seems to be fine with cats.



Please call the church before attending to verify current status of services as restrictions are adjusted.

SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA)

386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship www.shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational) 1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship

www.sisterschurch.com • info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church
123 Trinity Way • 541-549-9391

9 a.m. Sunday Mass • 8 a.m. Monday-Friday Mass The Church of Jesus Christ of Latter-Day Saints

The Church of Jesus Christ of Latter-Day Saints 452 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Sisters Church of the Nazarene

5:30 p.m. Saturday Vigil Mass

67130 Harrington Loop Rd. • 541-389-8960 www.sistersnaz.org • info@sistersnaz.org 10 a.m. Sunday Worship Outdoors

Baha'i Faith

Currently Zoom meetings: devotions, course trainings, informational firesides. Local contact Shauna Rocha 541-647-9826 • www.bahai.org or www.bahai.us

Calvary Church (NW Baptist Convention)
484 W. Washington St., Ste. C & D • 541-588-6288
10 a.m. Sunday Worship • www.ccsisters.org

Chapel in the Pines

Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

Wellhouse Church

442 Trinity Way • 541-549-4184 https://wellhousechurch.churchcenter.com 10 a.m. Sunday Worship

Vast Church (Nondenominational)

6 p.m. Saturday Worship 1300 W. Mckenzie Hwy. (Sisters Community Church Fireside Room) 541-719-0587 • www.vastchurch.com

Seventh-Day Adventist Church

386 N. Fir St. • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Episcopal Church of the Transfiguration 68825 Brooks Camp Rd. • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)