

RESOLUTIONS: Sisters folks have public and personal goals

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seven in 10 Americans trashed their long-favored New Year's resolutions for 2021. The survey asked 2,000 U.S. participants about their plans for the new year following the stress from 2020 and found 71 percent focused on learning life skills or practical goals.

Turns out that New Year's resolutions for 2021 weren't centered on going to the gym or losing weight, but instead on saving money for the future (62 percent) and learning a new skill (50 percent). The survey also found that over half of respondents (54 percent) planned to do better budgeting in 2021, and another 49 percent hoped to pay down debt.

Sixty-eight percent of respondents wanted to move away from traditional resolutions to focus more on experiences — like spending increased time with family (53 percent) and traveling more (49 percent).

We asked personal trainer and *Nugget* contributor Andrew Loscutoff if he was flooded with new clients at the new year resolving to get into shape, or existing clients vowing to improve themselves.

"Not really," he said. "Some, not many. It's true that people get more motivated as winter takes hold and we become more sedentary and that, not any resolution per se, brings more people to want to work on their fitness.

"The problem with most New Year's resolutions is that they lack specific goals, being too general in scope," Loscutoff elaborated.

A number of Sisters

Country folk cited getting into better shape as their 2022 resolution, among them Judy Trego, executive director of Sisters Country Chamber who "plans on getting back to the gym." She is joined by Sisters School District Superintendent Curt Scholl who identified regular exercise as his 2022 resolution.

All around town, resolutions abound. Sisters District Ranger Ian Reid shared that he wanted to "read more (for pleasure), reconvene our annual family rafting trip tradition, and work on my dog's behavior."

Lt. Chad Davis, who heads the Sisters sheriff's substation, had similar aspirations in his resolution: "Have less screen time and more time reading by the fire."

Over at the fire hall, Chief Roger Johnson is goal focused: "Professionally, I want to increase community engagement with the fire district. As the community grows and threats from wildfire and other natural disasters increase, it will be important that emergency responders and the community are prepared for any challenges we may face.

"Personally, I want to do more hiking and fishing this year. It's amazing to think that I have lived here for nine years and there is so much I haven't seen or explored yet!"

Down at City Hall, City Manager Cory Misley vows to "snowboard more — it's a form of meditation for me!" It won't be lack of snow holding him back as Sisters Country has been hammered with a series of storms, doubling Hoodoo's cover in a week.

Mayor Michael Preedin said, "My New Year's resolution as mayor is two-fold: 1. To continue basing my city council decisions on what is

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2. Eat fewer chocolates so my clothes fit better.

— Mayor Michael Preedin

best for the long-term health of the City; 2. Eat fewer chocolates so my clothes fit better."

The *Nugget's* Sue Stafford stopped making New Year's resolutions years ago.

"One less way to deal with guilt!" she said.

Sandy Gilbert, new to Sisters, has already met his New Year's resolution to pay it forward. We met him as he just finished shoveling about 10 inches of snow off his own driveway and sidewalks as well as his neighbors' on either side.

Kevin, a self-admitted "curmudgeon" and regular at a local watering hole, where he regales the gathering in sartorial splendor, vowed to "bark less and wag more."

"We'll drink to that!" his buddies quickly added.

PUBLIC WORKS: Crews have been busy dealing with snowfall

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the crew kept working straight through until 3 p.m. the next afternoon, having to retrace their steps two additional times. Several crew members were sent home to be ready for the next night if needed. At the same time as the plowing, crew members are also responsible for all water, sewer, and maintenance issues that might arise.

A newly acquired City truck plow made the crew's work go faster than with their old equipment.

Public Works Director Paul Bertagna reminds citizens to not shovel or blow snow out into the street because it will just get pushed back again the next time the plow comes by.

Heavy snowfall will likely keep crews busy through the week.

Troy Rayburn of the City Public Works Department

sent out a "friendly reminder" to local businesses regarding their responsibilities in keeping sidewalks clear.

• Be proactive in removing snow on all sidewalks around your business or property. This is to assist in preventing accidents that the property owner is accountable for.

• Do not use chemical-based deicers or snow melt on the sidewalks. These products begin to break down the concrete after a couple of applications, eventually causing sections of the sidewalk to crack and chip away. Use sand and/or birdseed as substitutes to chemical-based deicers or snow melt.

• Large cracks and missing chunks of the sidewalk create trip hazards for others who frequent the downtown core.

• Replacing crumbling sidewalk panels is expensive and the responsibility of the adjacent property owner.

ODOT will continue to plow Highway 20.

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