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SMS Selling Sisters Strong Shirts/Decals

The student leadership group at Sisters Middle School is hoping to make a difference in our community. They are selling shirts and decals featuring a newly designed Sisters Strong logo. The proceeds of the sales will go to Kiwanis Food Bank, Family Advocate Network, and the school's leadership program. So far they have raised \$1,200, although they are still hoping to raise more money for these organizations. Shirts and decals can be purchased online and picked up downtown at either Paulina Springs Bookstore or Canyon Creek Pottery. Please go to sistersstrong.org to purchase your items. Shirts are \$15 and car decals are \$4. For more info email jeff.schiedler@ssd6.org.

Free Weekly Grab-N-Go **Lunches For Seniors**

The Council on Aging of Central Oregon is serving seniors (60+) free Grab-N-Go lunches on Tuesdays, Wednesdays, and Thursdays each week. The lunches are distributed on a first-come, first-served basis drivethrough style from 12 to 12:30 p.m. at the Sisters Community Church, 1300 W Mckenzie Hwy. Seniors may drive through the parking lot and pick up a meal each day of service. Come on by, no need to make a reservation. Questions? Call 541-678-5483.

Common Weeds of the Deschutes Canyon Area

A free online event will be presented on Saturday, September 5 from 10 to 11 a.m. by Marilynne Keyser, author of "Guide to Common Native Plants of the Deschutes Canyon Area." Marilynne will help you learn to recognize and manage common weeds of the Deschutes Canyon Area. Her talk will cover noxious invasive weeds on county lists because they threaten healthy ecosystems and the economy. It will also cover those "obnoxious" (not on noxious list) weeds that are found on public lands and private properties. Marilynne will share county and commercial resources to help you manage weeds on your own property. Visit fansofdeschutes.org for more info and to register.

Weekly Food Pantry

Wellhouse Church has a weekly food pantry on Thursdays. For the next several weeks, food will be distributed drive-through style from 12:30 until all food is distributed at the Wellhouse Market building, 222 N. Trinity Way. People in need of food may drive through the parking lot and pick up a bag of food for their household. Other Sistersarea churches are joining with Wellhouse Church to contribute both financially and with volunteers to help sustain the program. Info: 541-549-4184.

Community Assistance During COVID-19 Pandemic

VAST church is eager to help, picking up prescriptions, delivering groceries or food, helping however they can. People in need can call 541-719-0587 and press 1 to be connected to Mikee Stutzman, Ministry Coordinator or email her at admin@vastchurch.com. VAST Church is willing to help as long as resources and volunteers allow.

Furry Friends Has Moved!

The Furry Friends office is now located at 412. E. Main Ave., Ste. 4 behind The Nugget office. Though the office is closed to the public, the pet food bank is still open for no contact porch pick ups. Call to order your pet food for pick up during our regular weekly pickup time on Thursdays from 12:30 to 4 p.m. or by appointment the rest of the week. For more information call or text 541-797-4023.

Virtual Race to Benefit **Central OR Symphony**

The Virtual Beat Beethoven's 5th 5k & 1-mile race will be held Sunday, October 11. A virtual race is done "on your own" between Sunday, October 11 through Sunday, October 18. You can run on your own or use the route at Central Oregon Community College, 2600 NW College Way, Bend. Proceeds benefit the Central Oregon Symphony, which has canceled concerts because of the virus. For just \$25 you can register for either distance: www.beatbeethoven5k. com. Registrants will receive a printable bib and be entered into a raffle. If you have questions, call the Central Oregon Symphony Assoc. office at 541-317-3941.

Free Legal Assistance for **Deschutes County Seniors**

The Council on Aging of Central Oregon and Legal Aid Services of Oregon are working together to offer legal services to lowincome seniors living in Deschutes County. These services are provided to adults 60 years and older with preference to those in greatest social and economic need, with particular attention to low income, minority and frail individuals. Five free 30-minute legal assistance sessions for seniors are available virtually or by telephone the week of September 14-18. Services offered by volunteer lawyers include: tenant rights, collection of money through small claims, creditor/debtor rights, domestic relations issues, estate planning and probate issues. Lawyers meet with clients for free halfhour consultations. Seniors may retain volunteer lawyers to do additional legal work beyond the consultation for a fee if they choose. Call to the Council on Aging to schedule one of the limited number of free 30-minute legal assistance appointments or to learn more about other legal support options at 541-678-5483.

Sole Support Walk

Step out on Parkinson's disease, six feet apart, at this year's Sole Support Central Oregon walk. Join Parkinson's Resources of Oregon, Saturday, September 12 at Ponderosa Elementary in Bend between 11 a.m. and 1 p.m. for a drive-thru event. Turn in donations, collect t-shirts (earned by raising \$100+), gather other goodies, and get your car decorated! Then choose your own adventure by walking one of our suggested 1k or 5k routes or select your own walk location! Share your Sole Support weekend pics via social media and help us in this giant step out on Parkinson's. Your time and fundraising supports local wellness and education programs for local patients and families living with Parkinson's in our community. Registration is required at www.solesupport.org or 800-426-6806

Sisters Community Church

Do you need help with running errands or deliveries or more? Sisters Community Church has volunteers available and is cultivating a caring community. Call Wendy at 541-389-6859. Visit the church website at www.sisterschurch.com.

2020 Walk to End Alzheimer's

Join others at 11 a.m. on Saturday, September 12 for the Walk to End Alzheimer's Central Oregon. The world may look a little different right now, but one thing hasn't changed: our commitment to ending Alzheimer's. This year, Walk to End Alzheimer's® is everywhere — on every sidewalk, track and trail. We won't have a large in-person gathering instead, we invite you to walk in small teams of friends and family while others in your community do the same. Because we are all still walking and fundraising for the same thing: a world without Alzheimer's and all other dementia. Visit alz.org/walk to register today. Info: 503-416-0213.

Clippity Clop Fundraiser

Clippity Clop To Snip 'Em Off is a judged or non-judged trail ride in Sisters on Saturday, September 19. The 10-mile course uses the Metolius-Windego trail loop out of Cow Camp. Your refundable (if event is canceled due to wildfires or COVID-19) fee of \$45 helps Equine Community Resources cover most of the costs of the annual spring low-cost Gelding Clinics. E.C.R. has gelded 50 horses to date. Due to COVID-19 restrictions, only the Saturday ride will be held, prizes will be delivered to riders' rig, no concessions and face coverings are required when social distancing is not possible. Please register & pay online at equinecommunityresources.org or at the event with correct change required. Call 541-214-8368 for more info.

Antiques & Jewelry Donations Needed

Sisters Kiwanis takes donations of antiques, collectibles and jewelry throughout the year for its annual Antiques, Collections & Jewelry Sale, held on Saturday every Memorial Day weekend. Your donation is tax-deductible! New jewelry donation drop-off box at Washington Federal Bank in Sisters. For more information and to arrange for pickup of large or small items, please call Pam at 541-719-1049.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Volunteer with Habitat!

Sisters Habitat for Humanity's Thrift Store, ReStore, and Construction sites need more volunteers! Are you interested? New Volunteer Orientations take place every Tuesday, Wednesday and Thursday at noon in the Sisters Habitat office, upstairs at 141 W. Main Ave. CDC protocols are followed. RSVPs are required as space is very limited in the socially-distanced meeting room. Each person must wear a mask and sanitize their hands when entering the building. A mask will be provided if needed. Please contact Marie at marie@ sistershabitat.org or 541-549-1193 to save your spot.

Sponsor an Impoverished Child from Uganda

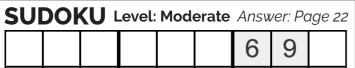
Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids.org or call Katie at 541-719-8727.





Meet OAT, an incredibly delightful two-year-old lionhead rabbit who is eager to hop her way into your home! This goofy bunny loves to snuggle on cushiony laps while munching on her favorite veggies and receiving copious amounts of petting! If you are looking for a gorgeous rabbit with a great personality then Oat is the bunny for you! Hurry down to the Humane Society of Central Oregon and meet Oat today!

SPONSORED BY YOUR PET-FRIENDLY REALTOR! SISTERS HOMELAND REALTY ALI MAYEA, Principal Broker/Owner 541-480-9658 • 541-588-6007



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Place a number in the empty boxes in such a way that each row across, each column down, and each small nine-box								

square contains all of the numbers from one to nine.

Please call the church before attending to verify schedules as buildings begin to reopen.

SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA) 386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship

shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)

1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship (with signing) sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church

123 Trinity Way • 541-549-9391 5:30 p.m. Saturday Vigil Mass 9 a.m. Sunday Mass 8 a.m. Monday-Friday Mass

Calvary Church (NW Baptist Convention) 484 W. Washington St., Ste. C & D • 541-588-6288 10 a.m. Sunday Worship | ccsisters.org

The Episcopal Church of the Transfiguration

68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

Sisters Church of the Nazarene 67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org 10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Wellhouse Church

442 Trinity Way • 541-549-4184 | wellhousechurch.churchcenter.com 10am Sunday Worship (Indoor & Outdoor Venues available)

Vast Church (Nondenominational) 541-719-0587 • 9:37 a.m. Sunday Worship Meeting virtually and in small groups. See vastchurch.com for details.

Seventh-Day Adventist Church 386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints

452 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586

POLICY: Business items do not run on this page. Nonprofits, schools, churches, birth, engagement, wedding and anniversary notices may run at no charge. All submissions are subject to editing and run only as space allows. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Your text must include a "for more information" phone number. Deadline is 5 p.m. on Fridays.