## **GRADUATES:** Resilient Sisters folks adapt and overcome

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and beyond, Bidasolo is often running a very busy schedule with a full class load, a football ambassador position with the Oregon Duck Football team, and many other extracurricular activities.

"The social piece of school is huge for me, and it's been a mental struggle to accept that that has been stripped away," said Bidasolo.

Bidasolo is trying to keep up with having some sort of structured schedule to her day to cope with the change being home.

"I've learned that I have to continue to use my Google calendar and figure out a balance to not work on school all day and take breaks," she said.

Bidasolo believes that after this period of isolation, it will be interesting to see what the system will look like.

"Hopefully after this time, we can assess what is truly necessary in education and the value of professor's and student's time," said Bidasolo.

Bidasolo has had extra time to reflect on the life she led while in Eugene and feels an immense sense of gratitude.

"I ran at 100 mph during school in Eugene, with school and meetings and socializing, and now I am able to sit and relax and breathe and appreciate that way of doing things, but also slow down and be cautious about what I add back into my schedule because I can't continue to work that pace," she said.

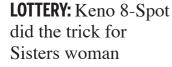
Bidasolo plans to continue her work as a football ambassador even with an altered football season. She is also continuing her work as executive director of Youth Movement, developed by the University of Oregon's Warsaw Sports Business Club, whose mission is "to ignite a generation to be active, motivated and

connected to the power of community."

It is a field day event for Native American youth, which this year went virtual to raise funds for COVID-19 relief in native communities. For more information visit: https://www.ym7.org/2020.

Bidasolo wants to keep busy during this time, but also take time to be with her family and slow down and lighten up the crazy schedule she had kept during school.

College students around the world are feeling the effects of COVID-19 in different ways, but these Sisters High School graduates, now college students, are finding ways to adapt and embrace this time before exiting college into the great big world. These students, through their own adaptation and coping mechanisms, are learning things about themselves and their ways of life and what's truly important — insight that will have an effect on how they conduct themselves in the future.



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and I thought, 'Oh, this is not good; I've only won \$6.' All my numbers came up and I said 'Oh my gosh! Oh my gosh!' Then I wasn't sure it was really real. I wasn't sure I'd really won it."

But win it she did, which was verified at Sisters Mainline Station the next day, where the clerk exclaimed "It was you?!"

Hewitt claimed her prize after making an appointment with the Oregon Lottery. The Oregon Lottery offices in Salem are still closed pending guidance from Gov. Kate Brown.

Her first stop after claiming her prize at the Oregon Lottery headquarters was Joann Fabrics in Salem for more mask-making supplies.

"My masks are popular, nd I want to keep making them – and maybe some other things," she said. As for the funds, Hewitt plans to be conservative. "It's my retirement," said the 65-year-old, who recently divorced. "I might buy a little camper so I can go camping and have a little fun."

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PHOTO BY JIM CORNELIUS Lorna Hewitt.



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