Spring equinox brings balance

By T. Lee Brown

Correspondent

A handful of hardy celebrants kept social distance at Sisters Community Labyrinth on Thursday. They were treated to a short demonstration by Pat Leiser, who placed objects around the labyrinth to represent celestial objects in the solar system. A golden orb representing the sun sat on the labyrinth's center stone. Globes, apples, oranges, and shamrocks symbolized planets and the various locations of Earth during the year.

The official first day of spring in some Western cultures, vernal equinox marks a time of year when the days contain approximately an equal number of daylight and nighttime hours. Christian holidays including St. Patrick's Day and Easter are said to have descended from the ancient traditions of equinox.

A child led the walkers, ringing a Tibetan singing bowl. When everyone reached the labyrinth's center, they reflected on the strange times at hand. Grief and worry were expressed; so were hope and determination.

See EQUINOX on page 18



The Nugget staff and freelancers are sharing some of their favorite stories and activities to help Sisters pass through the Quarantine of 2020:

Katy Yoder, correspondent:

On the screen:

- "Love is Blind": Pure mind-numbing, sappy, unrealistic, but a great diversion with all kinds of twists and
- "Story of God" & "The Story of Us," hosted by Morgan Freeman: Both are informative, insightful and thought-provoking. There's a spiritual aspect, historical

interest and Mr. Freeman's relaxed, inquisitive leadership throughout each episode.

- "Maya Angelou And Still I Rise": This stays on my favorite list and is a documentary that instills hope, appreciation for those who rise above extreme adversity and the freedom and joy found in eventual resiliency.
- "Invisible Essence The Little Prince": Featuring a variety of creative, smart people who explore the deeper meaning found in a children's book with adult-sized issues.
 - Reruns of "Modern

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The McNair family got a close look at South Korea's battle with COVID-19.

McNairs navigate coronavirus abroad

By Charlie Kanzig

Correspondent

Anna (Summerfield) McNair and her husband Cailen have worked overseas as educators for years and have experienced their share of challenges and adventures at their stops over the

past decade in Saudi Arabia, Russia, and China.

But nothing prepared them for the coronavirus and its impact on their lives in Seoul, South Korea, where they now live with their three children R.J, Cael, and Lucy.

The couple work at Seoul Foreign School, which was established in 1912 and has a population of approximately 1500 students K-12 from around the world. Anna, a 2000 graduate of Sisters High School, teaches second grade, while Cailen, who taught from 2006-2009 in the

See SOUTH KOREA on page 22

BOARDS, GROUPS, CLUBS

Al-Anon Mon., noon, Shepherd of the Hills Lutheran Church. / Thurs., 10 a.m., Shepherd of the Hills Lutheran Church. 541-549-8737 or 541-549-1527.

Alcoholics Anonymous Thurs. & Sun., 7 p.m., Episcopal Church of the Transfiguration / Sat., 8 a.m., Episcop Church of the Transfiguration / Mon., 5 p.m., Shepherd of the Hills Lutheran Church / Big Book study, Tues., noon, Shepherd of the Hills Lutheran Church / Gentlemen's meeting, Wed., 7 a.m., Shepherd of the Hills Lutheran Church / Sober Sisters Women's meeting, Thurs., noon, Shepherd of the Hills Lutheran Church / Step & Tradition meeting, Fri., noon, Shepherd of the Hills Lutheran Church. 541-548-0440.

Alzheimer's & Dementia Caregiver **Support Group** 1st Tuesday, noon, SPRD bldg. 800-272-3900.

Black Butte Ranch Bridge Club Tuesdays, 12:30 p.m., BBR community room. Partner required. 541-595-6236.

Central Oregon Fly Tyers Guild For Saturday meeting dates and location, email: steelefly@msn.com.

Central OR Spinners and Weavers Guild One Saturday per month, Jan. thru Oct. For schedule: 541-639-3217.

Council on Aging of Central Oregon Senior Lunch Tuesdays, noon, Sisters Community Church. 541-480-1843.

East of the Cascades Quilt Guild 4th Wednesday (September-June), Stitchin' Post. All are welcome. 541-549-6061.

Friends of the Sisters Library Board of Directors 2nd Tuesday, 9 to 11 a.m., Sisters Library.www.sistersfol.com.

Go Fish Fishing Group 3rd Monday,

7 p.m. Sisters Community Church. All ages welcome. 541-771-2211. Heartwarmers (fleece blanketmakers)

2nd & 4th Tuesdays, 1 p.m., Sisters City Hall. Materials provided. 541-408-8505.

Hero Quilters of Sisters Thursday, 1 to 4 p.m. 541-549-1028 or 541-719-1230.

Citizens4Community, Let's Talk 3rd Monday, 5:30 to 8 p.m. RSVP at citizens4community.com

Military Parents of Sisters Meetings are held quarterly; please call for details. 541-388-9013.

Oregon Band of Brothers - Sisters Chapter Wednesdays, 11:30 a.m., Takoda's Restaurant. 541-549-6469.

SAGE (Senior Activities, Gatherings & Enrichment) Monday-Friday, 11 a.m. to 4 p.m. at Sisters Park & Recreation District, 541-549-2091.

Sisters Aglow Lighthouse 4th Saturday, 10 a.m., Ponderosa Lodge Meeting Room. 503-930-6158.

Sisters Area Photography Club 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157. Sisters Area Woodworkers 1st Tuesday, 7 to 9 p.m. 541-639-6216.

Sisters Astronomy Club 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

Sisters Bridge Club Thursdays, 12:30 p.m., The Pines Clubhouse Novices welcomed, 541-549-9419.

Sisters Caregiver Support Group 3rd Tues., 10:30 a.m., The Lodge in Sisters. 541-771-3258.

11 a.m. to 2 p.m., Ray's Food Place community room. 541-923-1632. Sisters Habitat for Humanity Board

Sisters Cribbage Club Wednesdays,

of Directors 4th Tuesday, 6 p.m. Location information: 541-549-1193. Sisters Kiwanis Thursdays, 7 to

8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870. **Sisters Parent Teacher Community** 2nd Tuesday, 6:30 p.m. at Sisters

Saloon. 541-480-5994. Sisters Parkinson's Support Group

2nd Tuesday, 2 p.m., The Lodge.

Sisters Red Hats 1st Friday Location information: 541-279-1977.

Sisters Rotary 1st and 3rd Thursdays, 5:30 p.m., Takoda's. 541-760-5645.

Sisters Speak Life Cancer Support Group 2nd & 4th Wednesday, 1 p.m. Suttle Tea. 503-819-1723.

Sisters Trails Alliance Board 1st Monday, 5 p.m. Sisters Library. Public welcome. 808-281-2681

Sisters Veterans Thursdays, noon, Takoda's Restaurant. 541-903-1123

Three Sisters Irrigation District Board of Directors 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

Three Sisters Lions Club 2nd Tuesday, noon, Ray's Food Place community room. 541-419-1279.

VFW Post 8138 and American Legion Post 86 1st Wednesday, 6:30 p.m., Sisters City Hall. 541-903-1123.

Weight Watchers Thursdays, 8:30 a.m. weigh-in, Sisters Community Church. 541-602-2654.

SCHOOLS

Black Butte School Board of Directors 2nd Tuesday, 3:30 p.m. Black Butte School. 541-595-6203.

Sisters Christian Academy Board of Directors Monthly on a Friday. Call 541-549-4133 for date & time.

Sisters School District Board of Directors One Wed. monthly, SSD Admin Bldg. See schedule online at www.ssd6.org. 541-549-8521 x5002.

Sisters Middle School Parent Collaboration Team 1st Tuesday. 2 p.m., SMS. 541-610-9513.

CITY & PARKS

Sisters City Council 2nd & 4th Wednesday, 6:30 p.m., Sisters City Hall. 541-549-6022

Sisters Park & Recreation District Board of Directors 2nd & 4th Tuesdays, 4:30 p.m., SPRD bldg. 541-549-2091.

Sisters Planning Commission 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

FIRE & POLICE

Black Butte Ranch Police Dept. Board of Directors Meets monthly. 541-595-2191 for time & date.

Black Butte Ranch RFPD Board of Directors 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

Cloverdale RFPD Board of Directors 3rd Wed., 7 p.m., 67433 Cloverdale Rd. 541-548-4815. cloverdalefire.com.

Sisters-Camp Sherman RFPD Board of Directors 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

Sisters-Camp Sherman RFPD Drills Tuesdays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

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