

C O M M U N I T Y

Sisters to mark Shrove Tuesday

Sisters Episcopal Church of the Transfiguration is preparing to observe its traditional Shrove Tuesday traditions.

The annual Shrove Tuesday Pancake Supper at the Church of the Transfiguration in Sisters provides a really tasty meal for a very low cost. Included in the meal are: pancakes, sausage, blueberry and maple syrups, homemade applesauce, orange juice, coffee and tea. A family of four or more can eat for only \$10.00. Gluten-free pancakes by request. The cost is calculated to cover expenses, not as a fundraiser for the church.

Historically, Shrove Tuesday has been a memorable day, especially in Great Britain. Unlike Christmas, which is always on December 25, or Thanksgiving, which is always on the fourth Thursday of November, the date for other events like Shrove Tuesday, Lent and Easter change annually.

Shrove Tuesday is always 47 days before Easter Sunday. This year, that falls on February 25.

Easter is celebrated on the first Sunday after the first spring full moon. This year, Easter will be celebrated

See SHROVE MEAL on page 22



PHOTO BY CHLOE GOLD

Sisters Folk Festival Development Director Steven Remington taught mandolin to a class of eager learners.

Science talk to explore dark matter

“Dark Matter and Its Silver Lining: Life, the Universe, and Everything” will be the topic when Dr. Larry Price speaks at The Belfry on Tuesday, February 25 for the second winter lecture in the 2019-2020 Frontiers in Science series.

The presence of dark matter in the universe has intrigued astronomers for well over 100 years, prompting speculation about a substance that emits little or no light but appears to be essential to

the structure of the universe. Created in the Big Bang 14 billion years ago, unseen dark matter seems to account for the great majority of the matter in the cosmos.

In 1884, Lord Kelvin, who also contributed greatly to the theory of heat, found that velocities of stars in the Milky Way Galaxy could not be explained by visible matter alone. In the early 20th century, Henri Poincaré

See DARK MATTER on page 12

Sisters students learn the mandolin

By Chloe Gold
Correspondent

Sisters students are learning how to play one of the key instruments of Americana music: the mandolin.

Sisters Folk Festival is partnered with Sisters High School through the Americana Project to bring the students of Sisters School District musical opportunities they would not have otherwise. Last week, Sisters Folk Festival sent its development director, Steve Remington, a player of mandolin for 13 years, to teach the students in the Americana Project the basics of mandolin.

Remington began his mandolin lesson by discussing the evolution of the instrument, as well as its shape. The mandolin’s predecessor is the lute, an instrument with a rounded egg-shaped back and flat top. While the mandolin has a body shape similar to the lute, the two can be told apart as the back of the mandolin is typically flat. In fact, the mandolin resembles the guitar in this way, but possesses a much smaller body, giving the mandolin its unique sound.

Remington showed the class a few chords in the key of G. Remington remarked

that there was a “symmetry to the chords” on mandolin, something he enjoys. Many of the students in the class enjoyed the symmetry of the chords as well. Sierra Henneous, a senior in the class, noted that “It was a lot easier to learn the basics of mandolin today than it was for guitar a few years ago.”

Sisters Folk Festival provided three mandolins for the Americana Project to use, as well as a packet for each student detailing how to tune a mandolin, a chord chart, and a list of the major scales on mandolin. Using these

See MANDOLIN on page 18

SISTERS AREA MEETING CALENDAR

BOARDS, GROUPS, CLUBS

Al-Anon Mon., noon, Shepherd of the Hills Lutheran Church. / Thurs., 10 a.m., Shepherd of the Hills Lutheran Church. 541-549-8737 or 541-549-1527.

Alcoholics Anonymous Thurs. & Sun., 7 p.m., Episcopal Church of the Transfiguration / Sat., 8 a.m., Episcopal Church of the Transfiguration / Mon., 5 p.m., Shepherd of the Hills Lutheran Church / Big Book study, Tues., noon, Shepherd of the Hills Lutheran Church / Gentlemen’s meeting, Wed., 7 a.m., Shepherd of the Hills Lutheran Church / Sober Sisters Women’s meeting, Thurs., noon, Shepherd of the Hills Lutheran Church / Step & Tradition meeting, Fri., noon, Shepherd of the Hills Lutheran Church. 541-548-0440.

Alzheimer’s & Dementia Caregiver Support Group 1st Tuesday, noon, SPRD bldg. 800-272-3900.

Black Butte Ranch Bridge Club Tuesdays, 12:30 p.m., BBR community room. Partner required. 541-595-6236.

Central Oregon Fly Tyers Guild For Saturday meeting dates and location, email: steelefly@msn.com.

Central OR Spinners and Weavers Guild One Saturday per month, Jan. thru Oct. For schedule: 541-639-3217.

Council on Aging of Central Oregon Senior Lunch Tuesdays, noon, Sisters Community Church. 541-480-1843.

East of the Cascades Quilt Guild 4th Wednesday (September-June), Stitches Post. All are welcome. 541-549-6061.

Friends of the Sisters Library Board of Directors 2nd Tuesday, 9 to 11 a.m., Sisters Library. www.sistersfol.com.

Go Fish Fishing Group 3rd Monday, 7 p.m. Sisters Community Church. All ages welcome. 541-771-2211.

Heartwarmers (fleece blanketmakers) 1st & 3rd Tuesdays, 1 p.m., Sisters City Hall. Materials provided. 541-408-8505.

Hero Quilters of Sisters Thursday, 1 to 4 p.m. 541-549-1028 or 541-719-1230.

Citizens4Community, Let’s Talk 3rd Monday, 5:30 to 8 p.m. RSVP at citizens4community.com

Military Parents of Sisters Meetings are held quarterly; please call for details. 541-388-9013.

Oregon Band of Brothers – Sisters Chapter Wednesdays, 11:30 a.m., Takoda’s Restaurant. 541-549-6469.

SAGE (Senior Activities, Gatherings & Enrichment) Monday-Friday, 11 a.m. to 4 p.m. at Sisters Park & Recreation District. 541-549-2091.

Sisters Aglow Lighthouse 4th Saturday, 10 a.m., Ponderosa Lodge Meeting Room. 503-930-6158.

Sisters Area Photography Club 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157.

Sisters Area Woodworkers 1st Tuesday, 7 to 9 p.m. 541-639-6216.

Sisters Astronomy Club 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

Sisters Bridge Club Thursdays, 12:30 p.m., The Pines Clubhouse. Novices welcomed. 541-549-9419.

Sisters Caregiver Support Group 3rd Tues., 10:30 a.m., The Lodge in Sisters. 541-771-3258.

Sisters Cribbage Club Wednesdays, 11 a.m. to 2 p.m., Ray’s Food Place community room. 541-923-1632.

Sisters Habitat for Humanity Board of Directors 4th Tuesday, 6 p.m. Location information: 541-549-1193.

Sisters Kiwanis Thursdays, 7 to 8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870.

Sisters Parent Teacher Community 2nd Tuesday, 6:30 p.m. at Sisters Saloon. 541-480-5994.

Sisters Parkinson’s Support Group 2nd Tuesday, 2 p.m., The Lodge. 541-668-6599.

Sisters Red Hats 1st Friday. Location information: 541-279-1977.

Sisters Rotary 1st and 3rd Thursdays, 5:30 p.m., Takoda’s. 541-760-5645.

Sisters Speak Life Cancer Support Group 2nd & 4th Wednesday, 1 p.m. Suttle Tea. 503-819-1723.

Sisters Trails Alliance Board 1st Monday, 5 p.m. Sisters Library. Public welcome. 808-281-2681.

Sisters Veterans Thursdays, noon, Takoda’s Restaurant. 541-903-1123.

Three Sisters Irrigation District Board of Directors 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

Three Sisters Lions Club 2nd Tuesday, noon, Ray’s Food Place community room. 541-419-1279.

VFW Post 8138 and American Legion Post 86 1st Wednesday, 6:30 p.m., Sisters City Hall. 541-903-1123.

Weight Watchers Thursdays, 8:30 a.m. weigh-in, Sisters Community Church. 541-602-2654.

SCHOOLS

Black Butte School Board of Directors 2nd Tuesday, 3:30 p.m., Black Butte School. 541-595-6203.

Sisters Christian Academy Board of Directors Monthly on a Friday. Call 541-549-4133 for date & time.

Sisters School District Board of Directors One Wed. monthly, SSD Admin Bldg. See schedule online at www.ssd6.org. 541-549-8521 x5002.

Sisters Middle School Parent Collaboration Team 1st Tuesday, 2 p.m., SMS. 541-610-9513.

CITY & PARKS

Sisters City Council 2nd & 4th Wednesday, 6:30 p.m., Sisters City Hall. 541-549-6022.

Sisters Park & Recreation District Board of Directors 2nd & 4th Tuesdays, 4:30 p.m., SPRD bldg. 541-549-2091.

Sisters Planning Commission 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

FIRE & POLICE

Black Butte Ranch Police Dept. Board of Directors Meets monthly. 541-595-2191 for time & date.

Black Butte Ranch RFPD Board of Directors 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

Cloverdale RFPD Board of Directors 3rd Wed., 7 p.m., 67433 Cloverdale Rd. 541-548-4815. cloverdalefire.com.

Sisters-Camp Sherman RFPD Board of Directors 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

Sisters-Camp Sherman RFPD Drills Tuesdays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

This listing is for regular Sisters Country meetings; email information to lisa@nuggetnews.com