

COMMUNITY

Life choices loom as we age

By Sue Stafford
Correspondent

As the pages of the calendar keep turning, and months become years, and years become decades, planning for the future takes on a different look. Instead of saving for retirement we are in it, carefully spending the money we hopefully put aside earlier, or depending on Social Security to live. Medicare has kicked in and annually we are trying to find the best deal for supplemental gap insurance and drug coverage.

It is a fact we are on the short end of our lifespan so

now is the time to be sure our wishes for the end of our lives are formulated, documented, and shared with those who need to know.

The big questions now are: Should I downsize or can I stay in my home? Where am I going to live if I move? If I become incapacitated or need help with some activities of daily living, who will help? How do I find help and how will I pay for it?

There are numerous resources out there to help make these decisions. Educate yourself about

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PHOTO BY JIM CORNELIUS

Cub Scout Pack 139 meets at Sisters Community Church's Fireside Room.

Scholarship season kicks off for SHS seniors

By Charlie Kanzig
Correspondent

With 10 brand-new scholarships added to the pool of awards managed by the Graduate Resource Organization (GRO), the total of available local scholarship money for the Sisters High School class of 2020 has grown to over \$240,000.

GRO scholarships are all locally based.

High school counselor Rick Kroytz, along with some ASPIRE volunteers, will

kick off the 2020 scholarship season with the seniors at the annual Scholarship Application and Pizza Night, Monday, February 3, starting at 6 p.m.

All SHS seniors are encouraged to attend.

Considering that every applicant in the class of 2019 won at least one scholarship, it's well worth the time and effort for students to put their hat in the ring.

"There really is a

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Scouting on the rise in Sisters

By Jim Cornelius
Editor in Chief

The pack is back in Sisters. Cub Scout Pack 139, that is.

Risa Monroe and Sharnell Toney know the positive impact scouting has on their young sons. When the future of scouting became uncertain last year, they stepped up to take a leadership role.

"We re-chartered last April," Monroe told *The Nugget*.

Since then, the Cub Scouts have been very active, gathering food for the Sisters Kiwanis Food Bank, conducting a Christmas tree pickup program and a popcorn sale

fundraiser. On January 31, they will participate in one of Scouting's grandest traditions — the Pinewood Derby.

"It's to help give the boys a positive thing to do, to learn and give themselves a sense of community," Monroe said.

Pack 139 has grown swiftly, incorporating scouts from kindergarten age through the fifth grade. There are five Lions (kindergarten); three first-grade Tigers; five second-grade Wolves; two Bears in the third grade and one fourth-grade Webelo. Cub Scouts now includes girls and boys.

The pack meets regularly at the Sisters Community

Church Fireside Room, where each group has an activity that is educational, creative and entertaining. Activities are designed to introduce the youngsters to concepts of character and leadership.

Scouts earn patches for completion of projects.

"Our goal is that each one of our scouts gets a patch and a (neckerchief) slide once every month," Monroe said. "That way they're stepping forward and succeeding and seeing their success."

Last Wednesday, Pack 139 met for activities and an awards ceremony. Boy

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SISTERS AREA MEETING CALENDAR

BOARDS, GROUPS, CLUBS

Al-Anon Mon., noon, Shepherd of the Hills Lutheran Church. / Thurs., 10 a.m., Shepherd of the Hills Lutheran Church. 541-549-8737 or 541-549-1527.

Alcoholics Anonymous Thurs. & Sun., 7 p.m., Episcopal Church of the Transfiguration / Sat., 8 a.m., Episcopal Church of the Transfiguration / Mon., 5 p.m., Shepherd of the Hills Lutheran Church / Big Book study, Tues., noon, Shepherd of the Hills Lutheran Church / Gentlemen's meeting, Wed., 7 a.m., Shepherd of the Hills Lutheran Church / Sober Sisters Women's meeting, Thurs., noon, Shepherd of the Hills Lutheran Church / Step & Tradition meeting, Fri., noon, Shepherd of the Hills Lutheran Church. 541-548-0440.

Alzheimer's & Dementia Caregiver Support Group 1st Tuesday, noon, SPRD bldg. 800-272-3900.

Black Butte Ranch Bridge Club Tuesdays, 12:30 p.m., BBR community room. Partner required. 541-595-6236.

Central Oregon Fly Tyers Guild For Saturday meeting dates and location, email: steelefly@msn.com.

Central OR Spinners and Weavers Guild One Saturday per month, Jan. thru Oct. For schedule: 541-639-3217.

Council on Aging of Central Oregon Senior Lunch Tuesdays, noon, Sisters Community Church. 541-480-1843.

East of the Cascades Quilt Guild 4th Wednesday (September-June), Stitches Post. All are welcome. 541-549-6061.

Friends of the Sisters Library Board of Directors 2nd Tuesday, 9 to 11 a.m., Sisters Library. www.sistersfol.com.

Go Fish Fishing Group 3rd Monday, 7 p.m. Sisters Community Church. All ages welcome. 541-771-2211.

Heartwarmers (fleece blanketmakers) 1st & 3rd Tuesdays, 1 p.m., Sisters City Hall. Materials provided. 541-408-8505.

Hero Quilters of Sisters Thursday, 1 to 4 p.m. 541-549-1028 or 541-719-1230.

Citizens4Community, Let's Talk 3rd Monday, 5:30 to 8 p.m. RSVP at citizens4community.com

Military Parents of Sisters Meetings are held quarterly; please call for details. 541-388-9013.

Oregon Band of Brothers – Sisters Chapter Wednesdays, 11:30 a.m., Takoda's Restaurant. 541-549-6469.

SAGE (Senior Activities, Gatherings & Enrichment) Monday-Friday, 11 a.m. to 4 p.m. at Sisters Park & Recreation District. 541-549-2091.

Sisters Aglow Lighthouse 4th Saturday, 10 a.m., Ponderosa Lodge Meeting Room. 503-930-6158.

Sisters Area Photography Club 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157.

Sisters Area Woodworkers 1st Tuesday, 7 to 9 p.m. 541-639-6216.

Sisters Astronomy Club 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

Sisters Bridge Club Thursdays, 12:30 p.m., The Pines Clubhouse. Novices welcomed. 541-549-9419.

Sisters Caregiver Support Group 3rd Tues., 10:30 a.m., The Lodge in Sisters. 541-771-3258.

Sisters Cribbage Club Wednesdays, 11 a.m. to 2 p.m., Ray's Food Place community room. 541-923-1632.

Sisters Habitat for Humanity Board of Directors 4th Tuesday, 6 p.m. Location information: 541-549-1193.

Sisters Kiwanis Thursdays, 7 to 8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870.

Sisters Parent Teacher Community 2nd Tuesday, 6:30 p.m. at Sisters Saloon. 541-480-5994.

Sisters Parkinson's Support Group 2nd Tuesday, 2 p.m., The Lodge. 541-668-6599.

Sisters Red Hats 1st Friday. Location information: 541-279-1977.

Sisters Rotary Tuesdays, noon, Aspen Lakes Lodge. 541-760-5645.

Sisters Speak Life Cancer Support Group 2nd & 4th Wednesday, 1 p.m. Suttle Tea. 503-819-1723.

Sisters Trails Alliance Board 1st Monday, 5 p.m. Sisters Library. Public welcome. 808-281-2681.

Sisters Veterans Thursdays, noon, Takoda's Restaurant. 541-903-1123.

Three Sisters Irrigation District Board of Directors 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

Three Sisters Lions Club 2nd Tuesday, noon, Ray's Food Place community room. 541-419-1279.

VFW Post 8138 and American Legion Post 86 1st Wednesday, 6:30 p.m., Sisters City Hall. 541-903-1123.

Weight Watchers Thursdays, 8:30 a.m. weigh-in, Sisters Community Church. 541-602-2654.

SCHOOLS

Black Butte School Board of Directors 2nd Tuesday, 5 p.m., Black Butte School. 541-595-6203.

Sisters Christian Academy Board of Directors Monthly on a Friday. Call 541-549-4133 for date & time.

Sisters School District Board of Directors One Wed. monthly, SSD Admin Bldg. See schedule online at www.ssd6.org. 541-549-8521 x5002.

Sisters Middle School Parent Collaboration Team 1st Tuesday, 2 p.m., SMS. 541-610-9513.

CITY & PARKS

Sisters City Council 2nd & 4th Wednesday, 6:30 p.m., Sisters City Hall. 541-549-6022.

Sisters Park & Recreation District Board of Directors 2nd & 4th Tuesdays, 5:30 p.m., SPRD bldg. 541-549-2091.

Sisters Planning Commission 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

FIRE & POLICE

Black Butte Ranch Police Dept. Board of Directors Meets monthly. 541-595-2191 for time & date.

Black Butte Ranch RFPD Board of Directors 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

Cloverdale RFPD Board of Directors 3rd Wed., 7 p.m., 67433 Cloverdale Rd. 541-548-4815. cloverdalefire.com.

Sisters-Camp Sherman RFPD Board of Directors 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

Sisters-Camp Sherman RFPD Drills Tuesdays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

This listing is for regular Sisters Country meetings; email information to lisa@nuggetnews.com