N T S C

Mr. SHS/FAN Fundraiser

Sisters High School Mr. SHS contestants will be holding a pasta feed on Sunday, January 26 at 6 p.m. at Sisters Community Church. Join this year's Mr. SHS contestants and their escorts for a dinner to benefit Family Access Network (FAN). Tickets can be purchased from a contestant or at the door for \$6. Please call 541-588-2776 for more info.

Sisters Library **Annual Art Exhibit**

The Sisters Library Annual Art Exhibit is happening January 8 through February 28. View the art in the library January 8 to January 24 and vote for the People's Choice Awards. Three Awards will be announced at the Reception on Friday, January 24 from 6 to 7:30 p.m. For more information, please call Zeta at 541-549-6157.

Hope Africa Fundraiser

On Friday, January 24 at Fika Sisters Coffeehouse a percentage of all sales throughout the day will be donated to support Hope Africa sponsored children in Uganda. At 6:30 p.m. that night Hope Africa will be sharing about the program, including video testimonies from sponsored students. Bring a friend to hear about Hope Africa. Call Katie at 541-719-8727 for more information.

Hunter's Education Class

For a hunter's education class beginning Tuesday, February 25, register online at odfw.com (hunting-resources-education). It runs two nights per week for three weeks, plus a required field day. For information call Rick Cole at 541-420-6934 or Dave Jones at 541-863-0955.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Sisters Speak Life Cancer **Support Group**

This cancer support group meets the second and fourth Wednesday of every month at Suttle Tea in their back room from 1 to 1:30 p.m. Caregivers as well as patients and family members are welcome to join in. Please contact Suzi Steele at 503-819-1723 for more information.

THIS WEEK'S Highlights

Thursday, January 23 Habitat Volunteer Orientation Noon to 1 p.m. at 141 W. Main Ave.

Thursday, January 23 Weigh-In Sisters 2020 5:30 to 6:30 p.m. at Sisters Library

> Friday, January 24 **Hope Africa Fundraiser** Fika Sisters Coffeehouse

Friday, January 24 **Library Art Exhibit Reception** 6 to 7:30 p.m. at Sisters Library

Saturday, January 25 Sisters Aglow Meeting 10 a.m. to noon at Ponderosa Lodge

Sunday, January 26 Mr. SHS/FAN Pasta Feed 6 p.m. at Sisters Community Church

Sisters Aglow Meeting

All men, women and teens are welcome for an encouraging time of worship, message and ministry. Sisters Aglow is gathering at the Ponderosa Lodge Meeting Room, Saturday, January 25, from 10 a.m. to noon. Sheryl Robertson, an intercessor and teacher, will be speaking about maturity in the Body of Christ. Worship will be led by Lori Roberts. For additional information please call 503-930-6158 or email dana.herman.54@ gmail.com.

Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For info call 541-480-1843.

Save the Rubberbands

Business owners: Are you the recipient of a bundle (or more) of Nuggets each week? Those huge, fat rubberbands are highly valued by the Nuggeteers that bundle your papers each week. If you can save them, we'd love to use them again. Info: call 541-549-9941.

Annual Chili Feed for Vets

Ronnie and Susie Frigulti present their 7th annual free chili feed for veterans and their families on Saturday, February 8 from noon to 2 p.m. at Sisters Community Church. The meal includes homemade mild beef chili with toppings, ham, coleslaw, cake, coffee and soft drinks. Please RSVP the number of attendees by Thursday, January 30 at 541-549-1089 or via email to frigulti@ bendcable.com.

Habitat Volunteer Orientation

Do your New Year's resolutions include being more active in your community? Interested in making new friends and being involved with an awesome organization? Look no further! Sisters Habitat for Humanity will host a New Volunteer Orientation on Thursday, January 23 from noon to 1 p.m. at 141 W. Main Ave. (upstairs). Volunteer positions are available in the Thrift Store, ReStore and Construction. Please RSVP with Marie - marie@ sistershabitat.org or 541-549-1193.

Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids. org or call Katie at 541-719-8727.

Your Announcement Here

Schools, churches, nonprofit recreational and community groups: this is your page to announce your free gatherings and events! Regularly occurring Sisters Country meetings are listed on the Sisters Area Meeting Calendar on page 3 and special events or featured meetings can be listed on this page. All submissions are subject to editing and run only as space allows. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Your text must include a "for more information" phone number. Deadline is noon, Mondays

Announce Your Celebrations!

Birth, engagement, wedding and milestone anniversary notices from the Sisters community may run at no charge on this Announcements page. All submissions are subject to editing for space. Email lisa@nuggetnews. com or drop off at 442 E. Main Ave. Deadline is noon, Mondays.

Weigh-In Sisters 2020

Prevent Diabetes Central Oregon presents a free year-long program to learn how to eat healthy, be active, lose weight and prevent disease. A welcome session will be held Thursday, January 23 from 5:30 to 6:30 p.m. at the Sisters Library. For more info and to sign up for the program call Kylie at 541-447-3260.

Alzheimer's Association Caregiver Support Group

Support groups create a safe, confidential, supportive environment or community and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. Join other caregivers the first Tuesday of each month from noon to 1:30 p.m. at the Sisters Park & Recreation District building. Call 800-272-3900 for more info.

Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info contact Carol at 541-668-6599.

Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC "Steadi" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Additional class open to the public every Tuesday at 2 p.m. at The Lodge in Sisters. Open to all ages. For info: 541-549-6221.

Sisters Library January events

Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, January 23, and 30 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

The Library Book Club

Read and discuss "Arctic Dreams" by Barry Lopez with other thoughtful readers at the Sisters Library on Wednesday, January 22, from 5:30 to 6:30 p.m. Info: 541-617-7078.

Music in Public Places

Enjoy an hour of music from the Central Oregon Symphony at Sisters Library on Saturday, January 25 at 2 p.m. No registration required. Call 541-312-1032 for more info.

Free Spay & Neuter

It's as easy as 1-2-3. Stop by the Furry Friends Foundation (FFF) office to fill out a simple form, call to make your appointment at Bend Spay & Neuter, transport your pet. FFF also sponsors vaccinations. Located in the Sisters Art Works building, 204 W. Adams Ave., Suite 109. For information and hours call 541-797-4023.

World's Children Speaker

Sisters nonprofit World's Children is offering a speaker for your club, church group or classroom. Topics include street children in developing countries; child trafficking; and child marriage. Each talk is given with a PowerPoint presentation that explains why these issues exist in developing countries and what can be done about them. For more information call 541-904-0789 or email info@ worldschildren.org.

Thich Nhat Hahn Sangha **Meditation Group**

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathyn at Katindahood2@gmail.

Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, call 541-410-2870.



Meet MARSHAWN, an affectionate kitty with a very charming personality who is favorite! Marshawn came in as a stray and at the time had a severe injury to his neck. Thanks to the compassionate care of our amazing clinic staff, Marshawn is on the mend and ready to find his forever family! If you are looking for an incredibly sweet cat with the power to melt hearts then Marshawn is the cat for you!



SISTERS-AREA CHURC

Shepherd of the Hills Lutheran Church (ELCA)

386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational) 1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship (with signing)

sisterschurch.com | info@sisterschurch.com St. Edward the Martyr Roman Catholic Church 123 Trinity Way • 541-549-9391

5:30 p.m. Saturday Vigil Mass 9 a.m. Sunday Mass 8 a.m. Monday-Friday Mass

Calvary Church (NW Baptist Convention) 484 W. Washington St., Ste. C & D • 541-588-6288 10 a.m. Sunday Worship | ccsisters.org

The Episcopal Church of the Transfiguration 68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines

Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

Sisters Church of the Nazarene

67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org 10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com **Westside Sisters** 442 Trinity Way • 541-549-4184 | westsidesisters.org

9 a.m. and 10:45 a.m. Sunday Worship 6 p.m. Worship the 3rd Tuesday of each month

Vast Church (Nondenominational) 1700 W. McKinney Butte (Sisters High School) • 541-719-0587 9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church 386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints 452 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586