

# ANNOUNCEMENTS

## Sisters Library Annual Art Exhibit

The Sisters Library Annual Art Exhibit is happening January 8 through February 28. View the art in the library January 8 to January 24 and vote for the People's Choice Awards. Three Awards will be announced at the Reception on Friday, January 24 from 6 to 7:30 p.m. For more information, please call Zeta at 541-549-6157.

## Hunter's Education Class

For a hunter's education class beginning Tuesday, February 25, register online at [odfw.com](http://odfw.com) (hunting-resources-education). It runs two nights per week for three weeks, plus a required field day. For information call Rick Cole at 541-420-6934 or Dave Jones at 541-863-0955.

## Let's Talk, Sisters!

Citizens4Community invites all area residents to Let's Talk, Sisters! — a facilitated discussion series where attendees learn about local topics of interest and exchange viewpoints in a lively but respectful setting. Talks run 5:45 to 8 p.m. every 3rd Monday at Paulina Springs Books. Attendees nominate topics; and on January 20, we'll address local transportation-related issues. It's free, but seats are limited. RSVP to [citizens4community@gmail.com](mailto:citizens4community@gmail.com). Read more at [Citizens4Community.com/events](http://Citizens4Community.com/events).

## Habitat Home Dedication Ceremony

Please join Sisters Habitat for Humanity and the Likens family for the dedication ceremony of their new home on Tuesday, January 21 at 2 p.m. at 303 N. Desert Rose Loop, Sisters. The public is invited to attend. Light refreshments will be served. For more info call 541-549-1193.

## Stress Management for Healthy Living

Learn how to reset your body's natural stress response system from chaos to calm with Diane Goble, MS, CCHt. Free class in the Theater Room at The Lodge in Sisters Thursday, January 16 from 10 to 11:30 a.m. To reserve your seat, call 541-549-5634, limited to 20 participants.

## Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathryn at [Katindahood2@gmail.com](mailto:Katindahood2@gmail.com).

## THIS WEEK'S Highlights

**Wednesday, January 15**

**Dark Sky Project**  
7 p.m. at Sisters Movie House

**Thursday, January 16**

**Stress Management Class**  
10 a.m. at The Lodge in Sisters

**Sunday, January 19**

**Taiko Empowerment Workshop**  
noon to 1 p.m. at The Lodge in Sisters

**Monday, January 20**

**Let's Talk, Sisters!**  
5:45 to 8 p.m. at Paulina Springs Books

**Monday, January 20**

**Go Fish Meeting**  
7 p.m. at Sisters Community Church

**Tuesday, January 21**

**Habitat Home Dedication**  
2 p.m. on N. Desert Loop

**Tuesday, January 21**

**Historical Fireside Evening**  
7 p.m. at FivePine Conference Center

## Go Fish Meeting

The Go Fish Group will meet on Monday, January 20 at 7 p.m. at Sisters Community Church. The speaker will be Jeff Perin, owner of The Fly Fishers Place in Sisters. He will present the program "Fly Fishing The World." He can help people plan trips to various destinations around the world to fish. For info, call 541-771-2211.

## Historical Fireside Evening

Three Sisters Historical Society presents a Fireside Evening Slide Show with the popular author and historian of Prineville's Bowman Museum, Steve Lent. He will be presenting photographs of early Central Oregon logging at the FivePine Conference Center on Tuesday, January 21 at 7 p.m. (doors open at 6 p.m. for registration). Call Karen at 415-637-7186 for more information.

## Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

## Taiko Empowerment Workshop

Caldera, The Lodge in Sisters, Age Friendly Sisters, and Citizens for Community present a free workshop: "Telling your story through the drum" on Sunday, January 19 at The Lodge in Sisters from 1 to 3 p.m. This free workshop is designed with beginners in mind, but students must be 14 or older. Includes Japanese drumming demonstration and hands-on participation. Refreshments provided by The Lodge from noon to 1 p.m. Register by emailing [Maesie.Speer@CalderaArts.org](mailto:Maesie.Speer@CalderaArts.org) or call 503-937-3075. Space is limited!

## Dark Sky Project

Sisters High School Astronomy Club, Sisters Astronomy Club (SAC), Sisters Movie House, Paul Alan Bennett, and International Dark-Sky Association (IDA) Oregon Chapter are sponsoring a screening of "Saving the Dark" at Sisters Movie House on Wednesday, January 15 at 7 p.m. Doors open at 6:30 p.m. This free event will include the film screening, along with a Q&A panel, public outreach tables, ukulele music, and the book "Night Skies" for sale by Paul Alan Bennett. Questions? Contact Rima Givot at [rimgivot@ssd6.org](mailto:rimgivot@ssd6.org).

## Annual Chili Feed for Vets

Ronnie and Susie Frigulti present their 7th annual free chili feed for veterans and their families on Saturday, February 8 from noon to 2 p.m. at Sisters Community Church. The meal includes homemade mild beef chili with toppings, ham, coleslaw, cake, coffee and soft drinks. Please RSVP the number of attendees by Thursday, January 30 at 541-549-1089 or via email to [frigulti@bendcable.com](mailto:frigulti@bendcable.com).

## New Year's Resolution!

Do your New Year's resolutions include being more active in your community? Interested in making new friends and being involved with an awesome organization? Look no further! Sisters Habitat for Humanity will host a New Volunteer Orientation on Thursday, January 23 from noon to 1 p.m. at 141 W. Main St. (upstairs). Volunteer positions are available in the Thrift Store, ReStore and Construction. Please RSVP with Marie - [marie@sistershabitat.org](mailto:marie@sistershabitat.org) or 541-549-1193.

## Weigh-In Sisters 2020

Prevent Diabetes Central Oregon presents a free year-long program to learn how to eat healthy, be active, lose weight and prevent disease. Welcome sessions will be held Thursday, January 23 from 5:30 to 6:30 p.m. at the Sisters Library. For more info and to sign up for the program call Kylie at 541-447-3260.

## Free Pet Food

Budget tight this month, but you still need pet food for your dog or cat? Stop by the Furry Friends pet food bank. We have all sorts of pet supplies, too. Open Tuesdays from 2 to 5 p.m. and Thursdays from 11 a.m. to 2 p.m. Located in the Sisters Art Works building, Ste. 109, 204 W. Adams Ave. For more information call 541-797-4023.

## Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to [alz.org/oregon](http://alz.org/oregon).

## Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-2870.

## Sisters Library JANUARY EVENTS

### Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, January 16, 23, and 30 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

### Know '20s — Modern or Modernistic?

Consider art deco architecture and design with Keith Eggener, professor of Architectural History at University of Oregon. Friday, January 17 at noon at Sisters Library. No registration required. Call 541-312-1032 for more information.

### The Library Book Club

Read and discuss "Arctic Dreams" by Barry Lopez with other thoughtful readers at the Sisters Library on Wednesday, January 22, from 5:30 to 6:30 p.m. Info: 541-617-7078.

### Music in Public Places

Enjoy an hour of music from the Central Oregon Symphony at Sisters Library on Saturday, January 25 at 2 p.m. No registration required. Call 541-312-1032 for more info.

## Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC "Steady" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Additional class open to the public every Tuesday at 2 p.m. at The Lodge in Sisters. Open to all ages. For info: 541-549-6221.

## Sisters Speak Life Cancer Support Group

This cancer support group meets the second and fourth Wednesday of every month at Suttle Tea in their back room from 1 to 1:30 p.m. Caregivers as well as patients and family members are welcome to join in. Please contact Suzi Steele at 503-819-1723 for more information.

## Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

## Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info contact Carol at 541-668-6599.

## PET OF THE WEEK

Humane Society of Central Oregon  
541-382-3537



Meet LIBERTY, a sweet and affectionate kitty! This charming tabby loves to spend her time napping, snacking, and people-watching! Liberty would do best in a quiet home with a warm soft human lap to lounge in while she receives head rubs and butt scratches. If you are looking for a sweet and loving kitty to add to your family then Liberty is the cat for you!



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Certified Esthetician  
541-480-1412

## SISTERS-AREA CHURCHES

**Shepherd of the Hills Lutheran Church (ELCA)**  
386 N. Fir Street • 541-549-5831  
10 a.m. Sunday Worship  
[shepherdofthehillslutheranchurch.com](http://shepherdofthehillslutheranchurch.com)

**Sisters Community Church (Nondenominational)**  
1300 W. McKenzie Hwy. • 541-549-1201  
10 a.m. Sunday Worship (with signing)  
[sisterschurch.com](http://sisterschurch.com) | [info@sisterschurch.com](mailto:info@sisterschurch.com)

**St. Edward the Martyr Roman Catholic Church**  
123 Trinity Way • 541-549-9391  
5:30 p.m. Saturday Vigil Mass  
9 a.m. Sunday Mass  
8 a.m. Monday-Friday Mass

**Calvary Church (NW Baptist Convention)**  
484 W. Washington St., Ste. C & D • 541-588-6288  
10 a.m. Sunday Worship | [ccsisters.org](http://ccsisters.org)

**The Episcopal Church of the Transfiguration**  
68825 Brooks Camp Road • 541-549-7087  
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

**Chapel in the Pines**  
Camp Sherman • 541-549-9971  
10 a.m. Sunday Worship

**Sisters Church of the Nazarene**  
67130 Harrington Loop Road • 541-389-8960 | [sistersnaz.org](http://sistersnaz.org)  
10:45 a.m. Sunday Worship | [2sistersnaz@gmail.com](mailto:2sistersnaz@gmail.com)

**Westside Sisters**  
442 Trinity Way • 541-549-4184 | [westsidesisters.org](http://westsidesisters.org)  
9 a.m. and 10:45 a.m. Sunday Worship  
6 p.m. Worship the 3rd Tuesday of each month

**Vast Church (Nondenominational)**  
1700 W. McKinney Butte (Sisters High School) • 541-719-0587  
9:37 a.m. Sunday Worship | [vastchurch.com](http://vastchurch.com)

**Seventh-Day Adventist Church**  
386 N. Fir Street • 541-595-6770, 541-306-8303  
11 a.m. Saturday Worship

**The Church of Jesus Christ of Latter-Day Saints**  
452 Trinity Way • Branch President, 541-420-5670;  
10 a.m. Sunday Sacrament Meeting

**Baha'i Faith Meetings**  
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586