

ANNOUNCEMENTS

Furry Friends Needs Help

Cash donations are down this holiday season and Furry Friends Foundation needs your support. Please consider a donation to this vital Sisters-area program. By operating two pet food banks, a coat and pet supply bank, sponsoring spay/neuters/vaccination, Furry Friends helps keep pets at home and out of shelters. Donate online at www.furryfriendsfoundation.org or call 541-797-4023.

Seed to Table Seeks Board Applicants

Seed to Table is seeking applicants for an open board position. They operate a 1.5-acre nonprofit farm in Sisters educating 1,300 students a year and feeding 200 families a week nutritious and locally grown produce, in season. The mission is to increase health and wellness of the Central Oregon community through providing equal access to locally grown, nutritious foods and offering opportunities in farm-based education. The board meets monthly. Interested parties should email board chair Jeff Tryens at jeff.tryens@gmail.com to receive a board job description and application form. The deadline for applying is January 7, 2020.

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon for more information.

Your Announcement Here

Schools, churches, nonprofit recreational and community groups: this is your page to announce your free gatherings and events! Regularly occurring Sisters Country meetings are listed on the Sisters Area Meeting Calendar on page 3 and special events or featured meetings can be listed on this page. All submissions are subject to editing and run only as space allows. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Your text must include a "for more information" phone number. Deadline is noon, Mondays.

THIS WEEK'S Highlights

Thursday, January 2
Habitat New Volunteer Orientation
noon to 1 p.m. at 141 W. Main St.

Saturday, January 4
Library Art Exhibit Submissions
10 a.m. to 4 p.m. at Sisters Library

New Year's Resolution!

Do your New Year's resolutions include being more active in your community? Interested in making new friends and being involved with an awesome organization? Look no further! Sisters Habitat for Humanity will host New Volunteer Orientations on Thursdays, January 2 and 23, 2020 from noon to 1 p.m. at 141 W. Main St. (upstairs). Volunteer positions are available in the Thrift Store, ReStore and Construction. Please RSVP with Marie – marie@sistershabitat.org or 541-549-1193.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info contact Carol at 541-668-6599.

Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids.org or call Katie at 541-719-8727.

Sisters Speak Life Cancer Support Group

This cancer support group meets the second and fourth Wednesday of every month at Suttle Tea in their back room from 1 to 1:30 p.m. Caregivers as well as patients and family members are welcome to join in. Please contact Suzi Steele at 503-819-1723 for more information.

Veterans Meetings

The Sisters VFW Post 8138 and American Legion Post 86 meeting at Sisters City Hall at 6:30 p.m. on the first Wednesday of each month. All veterans in the area are encouraged to join! For more info call Lance at 541-903-1123.

Weigh-In Sisters 2020

Prevent Diabetes Central Oregon presents a free year-long program to learn how to eat healthy, be active, lose weight and prevent disease. Welcome sessions will be held Thursday, January 9 from noon to 1 p.m. and Thursday, January 23 from 5:30 to 6:30 p.m. at the Sisters Library. For more info and to sign up for the program call Kylie at 541-447-3260.

CPR/AED and First Aid Class

The next CPR/AED/First Aid class is scheduled for Saturday, January 11 at 8:30 a.m. The cost is \$30, which covers both the CPR and First Aid modules, a workbook and completion card. Register by Tuesday, January 7. To register, go online to sistersfire.com and select the CPR tab, or stop by and register at the Sisters Fire station during business hours (8 to 5). Pick up the student workbook at the station after you register. If you have questions, call Beverly Halcon at 818-674-7686.

World's Children Speaker

Sisters nonprofit World's Children is offering a speaker for your club, church group or classroom. Topics include street children in developing countries; child trafficking; and child marriage. Each talk is given with a PowerPoint presentation that explains why these issues exist in developing countries and what can be done about them. For more information call 541-904-0789 or email info@worldschildren.org.

Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathryn at Katindahood2@gmail.com.

Call to Artists for Library Annual Art Exhibit

The Sisters Library Annual Art Exhibit is happening January 8 through February 28, 2020. All Sisters Country artists who want to participate are invited to submit work on Saturday, January 4 from 10 a.m. to 4 p.m. in the library's Community Room. Invitations may be downloaded from the website sistersfol.com, or are available at the library's information desk. People's Choice Awards will be announced at the Reception on Friday, January 24 from 6 to 7:30 p.m. For more info, please call Zeta at 541-549-6157.

NeighborImpact's Homebuyer Workshop

NeighborImpact's Homebuyer Workshop will help prospective homebuyers successfully navigate the homebuying process from start to finish. The workshop is being held Saturday, January 11 from 9 a.m. to 5 p.m. at Sisters Library. Learn about what the homebuying process entails including how to improve your credit, how to find safe mortgage loans and discover first-time homebuyers. Don't disqualify yourself! Hear from experts in the field. Call 541-548-2380 or info.

Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-2870.

Sisters Library JANUARY EVENTS

Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, January 9, 16, 23, and 30 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

Know '20s — Modern or Modernistic?

Consider art deco architecture and design with Keith Eggener, professor of Architectural History at University of Oregon. Friday, January 17 at noon at Sisters Library. No registration required. Call 541-312-1032 for more information.

The Library Book Club

Read and discuss "Arctic Dreams" by Barry Lopez with other thoughtful readers at the Sisters Library on Wednesday, January 22, from 5:30 to 6:30 p.m. Info: 541-617-7078.

Music in Public Places

Enjoy an hour of music from the Central Oregon Symphony at Sisters Library on Saturday, January 25 at 2 p.m. No registration required. Call 541-312-1032 for more info.

Dark Sky Project

Sisters High School Astronomy Club, Sisters Astronomy Club (SAC), Sisters Movie House, Paul Alan Bennett, and International Dark-Sky Association (IDA) Oregon Chapter are sponsoring a screening of "Saving the Dark" at Sisters Movie House on Wednesday, January 15 at 7 p.m. Doors open at 6:30 p.m. This free event will include the film screening, along with a Q&A panel, public outreach tables, ukulele music, and the book "Night Skies" for sale by Paul Alan Bennett. Questions? Contact Rima Givot at rimgivot@ssd6.org.

Tai Chi/Balance Sessions

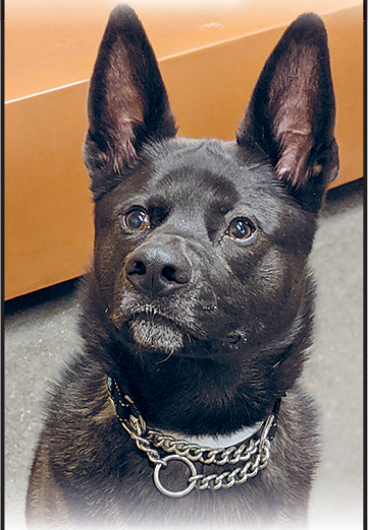
Free Tai Chi/Balance Classes based on the CDC "Steady" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Open to all ages. For info: 541-549-6221.

Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

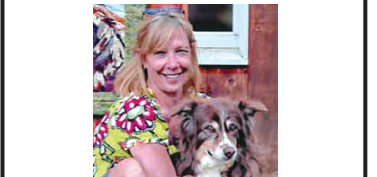
PET OF THE WEEK

Humane Society of Central Oregon
541-382-3537



Meet **CHIEF**, a fun-loving shepherd mix. This adorable pup loves to romp and wrestle with his canine buddies and is very respectful of kitties! If you already have a dog in the home a meet-and-greet will be required before adoption to make sure everyone gets along okay. If you are looking for an excellent jogging buddy or hiking partner then Chief is the dog for you!

SPONSORED BY
YOUR PET-FRIENDLY REALTOR!



SISTERS HOMELAND REALTY
ALI MAYEA, Principal Broker/Owner
541-480-9658 • 541-588-6007

SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA)
386 N. Fir Street • 541-549-5831
10 a.m. Sunday Worship
shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)
1300 W. McKenzie Hwy. • 541-549-1201
10 a.m. Sunday Worship (with signing)
sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church
123 Trinity Way • 541-549-9391
5:30 p.m. Saturday Vigil Mass
9 a.m. Sunday Mass
8 a.m. Monday-Friday Mass

Calvary Church (NW Baptist Convention)
484 W. Washington St., Ste. C & D • 541-588-6288
10 a.m. Sunday Worship | ccsisters.org

The Episcopal Church of the Transfiguration
68825 Brooks Camp Road • 541-549-7087
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines
Camp Sherman • 541-549-9971
10 a.m. Sunday Worship

Sisters Church of the Nazarene
67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org
10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Westside Sisters
442 Trinity Way • 541-549-4184 | westsidesisters.org
9 a.m. and 10:45 a.m. Sunday Worship
6 p.m. Worship the 3rd Tuesday of each month

Vast Church (Nondenominational)
1700 W. McKinney Butte (Sisters High School) • 541-719-0587
9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church
386 N. Fir Street • 541-595-6770, 541-306-8303
11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints
452 Trinity Way • Branch President, 541-420-5670;
10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586