

ANNOUNCEMENTS

Furry Friends Needs Help

Cash donations are down this holiday season and Furry Friends Foundation needs your support. Please consider a donation to this vital Sisters-area program. By operating two pet food banks, a coat and pet supply bank, sponsoring spay/neuters/vaccination, Furry Friends helps keep pets at home and out of shelters. Donate online at www.furryfriendsfoundation.org or call 541-797-4023.

Seed to Table Seeks Board Applicants

Seed to Table is seeking applicants for an open board position. They operate a 1.5-acre nonprofit farm in Sisters educating 1,300 students a year and feeding 200 families a week nutritious and locally grown produce, in season. The mission is to increase health and wellness of the Central Oregon community through providing equal access to locally grown, nutritious foods and offering opportunities in farm-based education. The board meets monthly. Interested parties should email board chair Jeff Tryens at jeff.tryens@gmail.com to receive a board job description and application form. The deadline for applying is January 7, 2020.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info call 541-668-6599.

Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathryn at Katindahood2@gmail.com.

Your Announcement Here

Schools, churches, nonprofit recreational and community groups: this is your page to announce your free gatherings and events! Regularly occurring Sisters Country meetings are listed on the Sisters Area Meeting Calendar on page 3 and special events or featured meetings can be listed on this page. All submissions are subject to editing and run only as space allows. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Your text must include a "for more information" phone number. Deadline is noon, Mondays.

New Year's Resolution!

Do your New Year's resolutions include being more active in your community? Interested in making new friends and being involved with an awesome organization? Look no further! Sisters Habitat for Humanity will host New Volunteer Orientations on Thursdays, January 2 and 23, 2020 from noon to 1 p.m. at 141 W. Main St. (upstairs). Volunteer positions are available in the Thrift Store, ReStore and Construction. Please RSVP with Marie – marie@sistershabitat.org or 541-549-1193.

World's Children Speaker

Sisters nonprofit World's Children is offering a speaker for your club, church group or classroom. Topics include street children in developing countries; child trafficking; and child marriage. Each talk is given with a PowerPoint presentation that explains why these issues exist in developing countries and what can be done about them. For more information call 541-904-0789 or email info@worldschildren.org.

Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC "Steady" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Open to all ages. For info: 541-549-6221.

Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For more information, please call 541-410-2870.

Sisters Speak Life Cancer Support Group

This cancer support group meets the second and fourth Wednesday of every month at Suttle Tea in their back room from 1 to 1:30 p.m. Caregivers as well as patients and family members are welcome to join in. Please contact Suzi Steele at 503-819-1723 for more information.

Black Butte Ranch RFPD Board Meeting

The Black Butte Ranch RFPD Board meeting scheduled for Wednesday, December 25 has been cancelled. Call 541-595-2288 for more information.

Weigh-In Sisters 2020

Prevent Diabetes Central Oregon presents a free year-long program to learn how to eat healthy, be active, lose weight and prevent disease. Welcome sessions will be held Thursday, January 9 from noon to 1 p.m. and Thursday, January 23 from 5:30 to 6:30 p.m. at the Sisters Library. For more info and to sign up for the program call Kylie at 541-447-3260.

CPR/AED and First Aid Class

The next CPR/AED/First Aid class is scheduled for Saturday, January 11 at 8:30 a.m. The cost is \$30, which covers both the CPR and First Aid modules, a workbook and completion card. Register by Tuesday, January 7. To register, go online to sistersfire.com and select the CPR tab, or stop by and register at the Sisters Fire station during business hours (8 to 5). Pick up the student workbook at the station after you register. If you have questions, call Beverly Halcon at 818-674-7686.

Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon.

Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

Call to Artists for Library Annual Art Exhibit

The Sisters Library Annual Art Exhibit is happening January 8 through February 28, 2020. All Sisters Country artists who want to participate are invited to submit work on Saturday, January 4 from 10 a.m. to 4 p.m. in the library's Community Room. Invitations may be downloaded from the website sistersfol.com, or are available at the library's information desk. People's Choice Awards will be announced at the Reception on Friday, January 24 from 6 to 7:30 p.m. For more info, please call Zeta at 541-549-6157.

NeighborImpact's Homebuyer Workshop

NeighborImpact's Homebuyer Workshop will help prospective homebuyers successfully navigate the homebuying process from start to finish. The workshop is being held Saturday, January 11 from 9 a.m. to 5 p.m. at Sisters Library. Learn about what the homebuying process entails including how to improve your credit, how to find safe mortgage loans and discover first-time homebuyers. Don't disqualify yourself! Hear from experts in the field. Call 541-548-2380 or info.

Save the Rubberbands

Business owners: Are you the recipient of a bundle (or more) of Nuggets each week? Those huge, fat rubberbands are nice and stretched out, and highly valued by the Nuggeteers that bundle your papers each week. If you can save them, we'd love to use them again. And to those of you who already return them to us: thank you! Questions? Call Kema at 541-549-9941.

Dark Sky Project

Sisters High School Astronomy Club, Sisters Astronomy Club (SAC), Sisters Movie House, Paul Alan Bennett, and International Dark-Sky Association (IDA) Oregon Chapter are sponsoring a screening of "Saving the Dark" at Sisters Movie House on Wednesday, January 15 at 7 p.m. Doors open at 6:30 p.m. This free event will include the film screening, along with a Q&A panel, public outreach tables, ukulele music, and the book "Night Skies" for sale by Paul Alan Bennett. Questions? Contact Rima Givot at rimgivot@ssd6.org.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids.org or call Katie at 541-719-8727.

Announce Your Celebrations!

Birth, engagement, wedding and milestone anniversary notices from the Sisters community may run at no charge on this Announcements page. All submissions are subject to editing for space. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Deadline is noon, Mondays.

PET OF THE WEEK

Humane Society of Central Oregon
541-382-3537



Meet **COAL**, a dapper cat who is eager to find his forever family! Coal is a little shy with new people, but once he knows you he is a real snuggle bug. This chubby and friendly lump has already put on a few holiday pounds and would benefit from some healthy weight loss. If you are looking for a friendly and charming kitty to add to your family, then warm your heart and home with some Coal this winter!

SPONSORED BY
541-549-1175
LARSON'S
CARPET CARE

SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA)
386 N. Fir Street • 541-549-5831
10 a.m. Sunday Worship
shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)
1300 W. McKenzie Hwy. • 541-549-1201
10 a.m. Sunday Worship (with signing)
sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church
123 Trinity Way • 541-549-9391
5:30 p.m. Saturday Vigil Mass
9 a.m. Sunday Mass
8 a.m. Monday-Friday Mass

Calvary Church (NW Baptist Convention)
484 W. Washington St., Ste. C & D • 541-588-6288
10 a.m. Sunday Worship | ccsisters.org

The Episcopal Church of the Transfiguration
68825 Brooks Camp Road • 541-549-7087
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines
Camp Sherman • 541-549-9971
10 a.m. Sunday Worship

Sisters Church of the Nazarene
67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org
10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Westside Sisters
442 Trinity Way • 541-549-4184 | westsidesisters.org
9 a.m. and 10:45 a.m. Sunday Worship
6 p.m. Worship the 3rd Tuesday of each month

Vast Church (Nondenominational)
1700 W. McKinney Butte (Sisters High School) • 541-719-0587
9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church
386 N. Fir Street • 541-595-6770, 541-306-8303
11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints
452 Trinity Way • Branch President, 541-420-5670;
10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586