

Sisters business boosts Kiwanis Food Bank

Sisters Kiwanis Food Bank is facing continually increased demand as Sisters enters the winter season. A Sisters market is stepping in to help.

Melvin's by Newport Ave. Market has launched its Food for February campaign.

Melvin's will match community food donations dollar for dollar up to \$5,000 through December, with the food to be available in the depths of winter in February.

"We're red hot and rolling all month long," Newport Market/Melvin's CEO Lauren Johnson told *The Nugget*.

One hundred percent of proceeds go to wholesale pricing and purchasing as much food as possible for the lean months of winter in Sisters Country.

Johnson said that last year the program raised \$8,000.

"We know that Oregon is one of the hungriest states in the union, which is kind of disturbing, to be honest," Johnson said.

Johnson is gratified by the responsiveness of the Sisters community to help those in need.

"It's pretty cool to see the level of giving that people have chosen to participate in," she said.

Major grant supports trainers in schools

The Center Foundation, a Central Oregon nonprofit dedicated to providing sports medicine services to high school students, has been awarded a \$100,000 grant to support its high school sports medicine program in Central Oregon's rural communities. The grant is funded by The Ford Family Foundation, a nonprofit foundation serving the people and communities of Oregon and Siskiyou County, California.

"This support from The Ford Family Foundation will enable us to continue to provide highly trained medical professionals to manage sports injuries and concussions in some of the most underserved areas of Central Oregon," said Sonja Donohue, executive director of The Center Foundation. "We are honored to receive this award, and proud of the work we do to keep youth in these communities safe and healthy."

Funding from the grant

will help The Center Foundation support its sports medicine program in Oregon's rural high schools in Sisters, La Pine, Madras, Culver and Prineville. The Center Foundation provides certified athletic trainers to these high schools to deliver medical services to young athletes at no cost to students or their families.

The sports medicine program ensures that students receive immediate and ongoing injury care, concussion baseline testing, on-site concussion evaluation and post-concussion care, referrals to appropriate medical professionals as needed, and injury prevention education. Funding from The Ford Family Foundation will directly benefit more than 2,500 children in these communities annually.

To learn more about the Center Foundation and their support of local schools, visit www.centerfoundation.org

The future of the library...



PHOTO BY CONRAD WEILER

The library system is developing plans for expansion in Sisters and across the county, plans that were shared last week.

Talk to focus on hospice care and medications

A free informational talk at The Lodge in Sisters will focus on hospice care and medications. Friends, family and business professionals who are affected by a loved one in hospice care or

approaching hospice care are invited to attend the talk, set for Thursday, December 12 at 2 p.m.

The Lodge in Sisters is located at 411 E. Carpenter Ln. south of the Post Office.

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Sundays in December *Each one a celebration.*
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Walk to Bethlehem *Living nativity*
Friday, December 13, 6 to 8 p.m.,
Saturday, December 14, 11 a.m. to 1 p.m.

Christmas Eve Worship
Family-friendly, candlelight & song.
Tuesday, December 24, 4 p.m. & 6 p.m.

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HOSPICE CARE & MEDICATIONS

Join us for this free informational talk presented by **Dr. Reinhardt**

Hospice care is dedicated to achieving the highest quality of life through the alleviation of pain and symptoms, at all times allowing the person to maintain control and dignity throughout their illness. We hope to help take the anxiety out of the word hospice, and simplify one of the greatest Medicare benefits available.

Friends, Family, and Business Professionals Welcome!

THURSDAY, DECEMBER 12 at 2 PM
Refreshments and snacks will be available!

The Lodge in Sisters
An Independent & Assisted Living Community



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541-549-5634

Come for free lunch and a tour!

411 E. Carpenter Ln., Sisters
www.TheLodgeInSisters.com

Santa Claus
is Coming to The Lodge!

Saturday, December 21
1:30 to 3 p.m.

Join Santa for cookies & milk!

Kids, come sit with Santa and tell him what you want for Christmas!

FREE event for the public!

KIDS!
Enter our coloring contest to win a Holiday Basket!

