

Running commentary

By Charlie Kanzig
Correspondent

Some might call it a “slice of heaven.”

What could be better as a runner? Get up early on Thanksgiving morning, layer on your cold-weather athletic gear and go to a running event called “I Like Pie,” where after chugging around snowy trails in the Old Mill District you are offered a piece of freshly baked pie?

That is what I and some family and friends did for the first time this year, and the event may very well become a new tradition.

I Like Pie, sponsored by FootZone of Bend and Cascade Lakes Relay, is a win, win, win situation. The \$10 entry fee goes to support NeighborImpact and a program called Girls on the Run.

NeighborImpact is a non-profit in Central Oregon that does tremendous work, as their mission states “to support people and strengthen communities” through food distribution, help with housing, supporting families under financial strain, and connecting people with other resources. Last year alone, the organization distributed over 55,000 pounds of food to people in need, including here in Sisters. The organization also has ties to Early Head Start and Head Start educational programs for families and their children birth to five years old that includes medical and dental health, school readiness, and resource referrals for parents.

Girls on the Run Central Oregon is a program for girls in grades 3-5 that uses



PHOTO BY CHARLIE KANZIG

Members of Girls on the Run, wearing their pink capes, lead off the annual “I Like Pie” run in Bend on Thanksgiving morning.

training for a 5K (3.1-mile) run as a way to promote self-respect and healthy lifestyles with that age group. According to its website, which is linked to the Boys and Girls Club of Central Oregon (www.bgcbend.org), weekly lessons promote all aspects of a girl’s development including physical, social and emotional development.

Girls from this fall’s training program led off the I Like Pie run wearing pink capes that read “Running is my superpower.” The run/walk itself is a non-competitive 5-kilometer (1.5-mile) course on the walking trails near the Old Mill District. This year’s snowy weather made things a bit slippery, but despite the bitter cold weather and icy conditions at least 1,000 of the 2,000 who originally registered took part.

Participants, some decked out with drumstick, turkey, and pie-slice hats, shuffled

their way through the course with noticeable good cheer. As I said, what’s not to love? The running community gathered together on a holiday designed for gratitude, burning off a few calories before the big feast by moving along the paths on the Deschutes River only to have smiling people offer you a piece of pie just beyond the finish line.

Participants are also invited to compete in a pie baking contest. Not to brag, but one of my family members took one of the top prizes for a maple-based pie, which made the day all the sweeter for our family.

Maybe next year I Like Pie will include a noticeable contingent of running pie lovers from Sisters. I’ll see you there!



FIVE PINE ANNUAL

Breakfast with Santa!

Sun., Dec. 15 • 10:30 a.m. to 12:30 p.m.

Conference Center • 1021 Desperado Trail, Sisters

Breakfast Buffet
Community Seating

Picture Time with Santa

Story Time

\$17 Adults
\$12 Children 3-12 Years Old
Free Ages 2 and Under

— Lodging Special —
Sunday Night, December 9
Only \$99+tax with ticket purchase

100% proceeds go to Family Access Network

Reservations Required
541-549-5900
fivepinelodge.com

Touch of Class Tours

www.touchofclasstours.com
connie@touchofclasstours.com

NEW YEARS IN WINNEMUCCA!
DECEMBER 30-JANUARY 2
\$139 PPDO
Receive \$30 free slot play & \$15 in food coupons!

Book soon before it sells out!
WESTERN CARIBBEAN CRUISE WITH BRANSON PRESLEY'S COUNTRY JUBILEE!
FEB. 23-MAR. 1, 2020
STARTING AT \$2,439 PPDO
\$75 on-board credit per stateroom, one pre-night in Galveston TX, VIP privileges with special entertainment from Mickey Gilley, Jim Stafford and Buck Trent!

CRUISE FROM MEMPHIS TO NEW ORLEANS
MARCH 14-24, 2020
STARTING AT \$3,298 PPDO
Air, 2 pre-nights in Memphis, taxes, transfers & shore excursions included!

BIG ISLAND-HAWAII
APRIL 21-28, 2020
\$2,849 PPDO
Includes air, taxes, transfers, 7 nts, Big Island Tour, Seahorse Farm Tour, Parker Ranch w/lunch, Royal Kona Luau & more!

BRANSON, MO
MAY 13-19, 2020
STARTING AT \$2,349 PPDO
Includes air, taxes, transfers, 12 meals, 11 shows/attraction, 7 days/6 nights.

ALASKA CRUISE
MAY 27-JUNE 6, 2020
STARTING AT \$2,699 PPDO
Includes air, taxes, transfers, Anchorage, Fairbanks, Denali Wilderness Lodge, Hubbard Glacier, Glacier Bay, Skagway, Juneau, Ketchikan, Vancouver, B.C.



Connie Boyle
541-508-1500
Box 615 Sisters, OR 97759



GIFT Cards & Certificates

The gift that makes everyone's dreams come true, with no returns!

ALPACA COUNTRY ESTATES

Wrap up your holiday shopping with gift certificates to our boutique filled with warm, fuzzy alpaca clothing and home accessories. *Alpaca kisses complimentary!*

541-504-4226 | alpacacountryestates.com



SISTERS MEAT AND SMOKEHOUSE

Happiness is a gift certificate for meat, Alaskan seafood, game, cheeses, sandwiches, beer, wine & cider. Pick up in store or order online.

541-719-1186 | www.sistersmeat.com



METOLIUS RIVER LODGES

Nothing is more appreciated than a place to reflect and rejuvenate. A gift certificate to relax in our vintage cabins along the Metolius River is the ideal gift!

541-595-6290 | metoliusriverlodges.com



BECERRA'S ON 6TH BISTRO

Pick up a gift certificate for dinner at our new French-inspired, Art-Deco-style bistro in the former Dolliver Hotel in Redmond.

541-527-4336 | 646 SW 6th St., Redmond



SHIBUI SPA AT FIVEPINE

Give the Gift of Health ... a Shibui Spa gift certificate is the perfect way to show your loved one just how much they mean to you.

541-549-6164 | shibuispa.com



THE SHOE INN

So many great gifts! They will shop 'til they drop for top-brand shoes, boots, cozy socks & slippers, Vera Bradley totes, and more.

541-385-7405 | shoebend.com



THE COTTONWOOD CAFÉ

Give the gift of a happy palate! We offer a family-friendly menu featuring an innovative perspective on classic dishes. Gift certificates available.

541-549-2699 | cottonwoodinsisters.com



STITCHIN' POST

A gift card opens up a world of options! We have fabrics, yarns, art quilting supplies, books, patterns, gifts and more!

541-549-6061 | stitchinpost.com



CHOPS BISTRO

Celebrate the holidays with a gift certificate for extraordinary dining, cocktails in our lounge, or shopping our new specialty food & drink retail.

541-549-6015 | Gift certificates at restaurant



CHRISTMAS TREASURES

brings you the most treasured ornaments and items for gift-giving and collecting. Come experience the Old-World charm all through the year.

christmas-treasures.com | 52959 McKenzie Hwy., Blue River, OR



ANTLER ARTS

Family and friends will love receiving a gift certificate to shop our amazing array of unique, handcrafted, artisan gifts, jewelry, lighting, furniture and home décor!

541-549-4251 | Gift certificates at store 7 days a week

