

**SING SISTERS:** Program encourages ALL singers to join in

Continued from page 7

Prince singalong at Pioneer Courthouse Square which drew 2,000 people. Low Bar also tours, turning crowds into bands, from Suttle Lake to Sauvie Island. And now Sisters.

One of Landsverk's main goals with the chorale project is to get more people involved in music. Sokoloff thinks the project is about more than just singing. It's about taking a break from ongoing stress, politics, and bad news. Scientific studies have shown that singing releases feel-good hormones like endorphins and oxytocin.

The organizers of Let's Sing, Sisters! have an additional agenda, according to C4C's board member Chris Laing.

"Shared song has the potential to unify people in co-creating joy...Under expert direction, the Low Bar Chorale creates a spirit of warm-hearted welcome to both new and experienced voices. Participating even once with the Chorale can build inner hope and confidence that singing can be for everyone, and we all belong together."

A special feature of the Sisters evening is the invitation to local musicians and other local creatives to come and join in playing with the band. C4C hopes this will help further showcase the amazing collective artistry of the community.

"Our sincere hope is that musically gifted members of the community might be able to come together to present more 'open sing' events," C4C's Amy Burgstahler said.

At this time, the local opportunities for public singing by adults is limited to church choirs, the High Desert Chorale, and Open Hub with Ian Carrick at the Sisters Art Works building, plus several opportunities for karaoke at local watering holes.

Laing pointed out, "The community of Sisters has limited opportunities for open-entry, low-commitment singing. Come find your voice and sing with abandon."

**Sisters salutes...**



PHOTO PROVIDED

• Sisters Habitat for Humanity said thank you to US Bank for the big check that will help Habitat finish up a home built in partnership with the Liken's family. "It is community partners like you that make it happen!" they said.

• Hats off to those who have donated to the Sisters Kiwanis Food Bank. The need is particularly acute at this time of year. Food is distributed every Thursday from 9 a.m. to 2 p.m. at 328 W. Main Ave. (corner of Oak Street and Main Avenue). Donation criteria are listed at [www.sisterskiwanis.org/food-bank](http://www.sisterskiwanis.org/food-bank). To make a cash donation, visit the website

and click on the "Donate" button. Checks payable to Sisters Kiwanis Food Bank may be mailed to P.O. Box 1296, Sisters, OR 97759.

*The Nugget Newspaper* is also conducting a food drive on behalf of the Food Bank during the month of November. Cash donations or food donations can be dropped off at 442 E. Main Ave. during operating hours, 9 a.m. to 5 p.m. (closed Wednesdays and weekend days).

**HARDTAILS BAR & GRILL**  
**HAPPY HOUR**  
 MON-FRI 4-7pm  
**KJANNIE KARAOKE NIGHTS!**  
 FRI. & SAT. at 9pm  
**Prime Rib Fridays 5pm!**  
 175 N. Larch St.  
 541-549-6114  
[hardtailsoregon.com](http://hardtailsoregon.com)  
 Facebook darcymacey

**The Belfry**  
 Sat., Nov. 16 • 6:30 p.m.  
**Dry Canyon Stampede**  
 Western dancing on the sprung wood floor! Dance lessons at 6:30, start swingin' with the band at 7:30! Dance lessons included in ticket, partner not required.  
 Sat., Nov. 23 • 8 p.m.  
**Quick and Easy Boys**  
 PDX rock and roll power-trio.  
 Sat., Nov. 30, 10 a.m.-4 p.m.  
**Holiday Art Bazaar**  
 Art, food and music!  
 Pub opens 1 hour prior to shows.  
 302 E. Main | 541-815-9122  
[BelfryEvents.com](http://BelfryEvents.com)

**WON'T YOU STAY, MY NEIGHBOR**

USE PROMO CODE SUTTLELOCATION WHEN BOOKING ONLINE FOR A LOCAL'S DISCOUNT ON LODGING, PLUS FREE BREAKFAST FOR TWO.

**THE SUTTLE LODGE**  
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**the Jewel SISTERS**  
 549-9388

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**SISTERS-AREA**  
 Entertainment & Events

**NOV 13 WED**  
**Fika Sisters Coffeehouse Coffee & Connections at Jobb** 9:30 to 10:30 a.m. Connect with remote workers & other professionals. For more info call 541-588-0311. ☕  
**Sisters Saloon Poker Night** 7 p.m. Every Wednesday! \$20. For information call 541-549-7427 or go to [sisterssaloon.net](http://sisterssaloon.net). ♣

**NOV 14 THUR**  
**Cork Cellars Tasty Thursday Hosted Wine Tasting** 5 to 7 p.m. For additional information call 541-549-2675 or go online to [corkcellarswinebistro.com](http://corkcellarswinebistro.com). 🍷  
**Sisters Saloon Karaoke Night** 9 p.m. to midnight. Every Thursday, no cover! For additional information call 541-549-7427 or go to [sisterssaloon.net](http://sisterssaloon.net). 🎤

**NOV 15 FRI**  
**The Suttle Lodge & Boathouse Live Music with Pearl Charles** 6 p.m. Doors open at 5 p.m. Tickets \$12 in advance/\$15 at the door. For more info call 541-638-7001 or go to [thesuttlelodge.com](http://thesuttlelodge.com). 🎵  
**Fika Sisters Coffeehouse Game Night** until 8 p.m. Bring your own games & friends or find them there! Call 541-588-0311 for more information. 🎲  
**Hardtails Bar & Grill KJ Annie Rawkstar Karaoke Night!** 9 p.m. Every Friday, no cover! For additional information call 541-549-6114 or go to [hardtailsoregon.com](http://hardtailsoregon.com). 🎤

**NOV 16 SAT**  
**Cork Cellars Live Music with Gabriel** 6:30-8:30 p.m. No cover! For information call 541-549-2675 or go online to [corkcellarswinebistro.com](http://corkcellarswinebistro.com). 🎵  
**The Belfry Live Music with Dry Canyon Stampede** Western dance lessons at 6:30 p.m., band plays at 7:30 p.m. Call 541-815-9122 or [www.BelfryEvents.com](http://www.BelfryEvents.com) for more information. 🎵

**Riverhouse in Bend Rockin' Around the Christmas Tree Annual Gala** 5:30 p.m. Assistance League of Bend fundraiser for adults and children in need. Dinner, dancing, silent and live auctions. Tickets and info at [www.assistanceleague.org/bend](http://www.assistanceleague.org/bend). 🎵  
**Paulina Springs Books Author Presentation with Jackie Shannon Hollis** 6:30 p.m. The author will present from her book, "This Particular Happiness." For more info call 541-549-0866 or go to [paulinasprings.com](http://paulinasprings.com). 📖  
**Hardtails Bar & Grill KJ Annie Rawkstar Karaoke Night!** 9 p.m. Every Saturday, no cover! For additional information call 541-549-6114 or go to [hardtailsoregon.com](http://hardtailsoregon.com). 🎤

**NOV 19 TUES**  
**The Belfry Climate Change: A Geologic Perspective** Sisters Science Club presentation by Dr. Daniele McKay. 7 p.m. Social Hour at 6 p.m. \$5 admission. Call 541-912-0750 or go to [sistersscienceclub.org](http://sistersscienceclub.org). 🧪  
**Sisters Saloon Trivia Night** 6:30 to 7:30 p.m. Sign-up is at 6:15 p.m. Free, every Tuesday! For additional information call 541-549-7427 or go to [sisterssaloon.net](http://sisterssaloon.net). ❓

**NOV 20 WED**  
**Fika Sisters Coffeehouse Coffee & Connections at Jobb** 9:30 to 10:30 a.m. Connect with remote workers & other professionals. For more info call 541-588-0311. ☕  
**Sisters Saloon Poker Night** 7 p.m. Every Wednesday! \$20. For information call 541-549-7427 or go to [sisterssaloon.net](http://sisterssaloon.net). ♣

**NOV 21 THUR**  
**Cork Cellars Tasty Thursday Hosted Wine Tasting** 5 to 7 p.m. For additional information call 541-549-2675 or go online to [corkcellarswinebistro.com](http://corkcellarswinebistro.com). 🍷  
**Sisters Saloon Karaoke Night** 9 p.m. to midnight. Every Thursday, no cover! For additional information call 541-549-7427 or go to [sisterssaloon.net](http://sisterssaloon.net). 🎤

**NOV 22 FRI**  
**The Belfry Let's Sing, Sisters!** 7:30 to 9:30 p.m. FREE! (doors open hour early for no-host bar/food); Rock/Pop community sing with live band; Details: [citizens4community.com/events](http://citizens4community.com/events); or 971-998-6900. 🎵  
**Fika Sisters Coffeehouse Game Night** until 8 p.m. Bring your own games & friends or find them there! Call 541-588-0311 for more information. 🎲

**Hardtails Bar & Grill KJ Annie Rawkstar Karaoke Night!** 9 p.m. Every Friday, no cover! For additional information call 541-549-6114 or go to [hardtailsoregon.com](http://hardtailsoregon.com). 🎤

**NOV 23 SAT**  
**Cork Cellars Live Music with Drift with Mark Quon** 6:30-8:30 p.m. No cover! For information call 541-549-2675 or go online to [corkcellarswinebistro.com](http://corkcellarswinebistro.com). 🎵  
**Hardtails Bar & Grill KJ Annie Rawkstar Karaoke Night!** 9 p.m. Every Saturday, no cover! For additional information call 541-549-6114 or go to [hardtailsoregon.com](http://hardtailsoregon.com). 🎤

Events Calendar listings are free to advertisers. Submit items by 5 p.m. Fridays to [lisa@nuggetnews.com](mailto:lisa@nuggetnews.com)