ANNOUNCEMENTS

Sisters Street Closure

Sisters Harvest Faire will require a street closure on Main Ave. from Hardtails to Sisters Feed starting Friday, October 11 at 8:30 a.m. until Sunday, October 13 at 6 p.m. There will be access to First Interstate Bank until 5:30 p.m. Friday and walk-up ATM through the weekend.

Spanish Conversation Group Forming

A Spanish conversation group for anyone and any level to practice Spanish will begin on Thursday, October 17 at 10 a.m. at Fika Sisters Coffeehouse. The group will meet weekly if there is enough interest. Contact Dick Falxa at dfalxa@bendcable.com or 541-280-2742 for more information.

Painting Exhibit at Black Butte Ranch

An exhibit of Barbara Cella's landscape paintings of Central Oregon lakes and waterways, including international awardwinning paintings, is on display at Black Butte Ranch Lodge through the month of October. Call 925-878-9723 for more information.

Art in the Library

Members of the Central Oregon Spinners & Weavers Guild will hold their annual fiber exhibit of handspun and handwoven art at the Sisters Library from October 1 to 29. Demonstrations will be included on Saturday, October 12. For information call 541-312-1070.

Save the Rubberbands

Business owners: Are you the recipient of a bundle (or more) of Nuggets each week? Those huge, fat rubberbands are nice and stretched out, and highly valued by the Nuggeteers that bundle your papers each week. If you can save them, we'd love to use them again. And to those of you who already return them to us: thank you! Questions? Call Lisa at 541-549-9941.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info contact Carol at 541-668-6599.

Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathyn at Katindahood2@gmail.com.

Silent Echo Kids Improv

Kids grades 2 to 8 are invited to join Silent Echo Theater Company for a series of classes and performances on October 1, 15 and 29. Details and registration information are available at silentechotheatercompany.org

Presidential Debate Watch Party

Join Indivisible
Sisters to watch
the fourth
Democratic
presidential
debate. Popcorn
provided!
Tuesday,
October 15
from 4:30 to 7:30
p.m. (debate
runs from 5 to
7 p.m.) at Sisters

Public Library Conference room. For more informarion call 541-400-8312.

Resilience from Childhood Trauma

TRACEs Central Oregon and Shepherd of the Hills Lutheran Church are offering a free class series to reduce the incidence and impact of childhood trauma while building resilience in individuals, family and the community. Sessions are offered on Tuesdays, October 15, 22, 29, and November 5 from 11 a.m. to 12:30 p.m. Preregistration is suggested. Call Ron Gregg at 541-549-5831 for more information.

Healthy Living Information for Seniors

Seniors and caregivers are invited to drop by the SAGE room at SPRD on the second Monday of every month from 1 to 3 p.m. to meet local service providers and gather free information about aging in place from foot care to end-of-life planning. Call Diane Goble at 541-588-0081 for information.

World's Children Speaker

Sisters nonprofit World's Children is offering a speaker for your club, church group or classroom. Topics include street children in developing countries; child trafficking; and child marriage. Each talk is given with a PowerPoint presentation that explains why these issues exist in developing countries and what can be done about them. For more information call 541-904-0789 or email info@ worldschildren.org.

Volunteer for Parks Board

The City of Sisters is accepting applications for a volunteer position on the City Parks Advisory Board for a 3-yr. term. Applicants must live within the Sisters School District boundary. The Board advises the Council on matters

THIS WEEK'S
Highlights

Tuesday, October 15

Childhood Trauma Resilience

11 a.m. at Shepherd of the Hills Church

Tuesday, October 15

Presidential Debate Watch Party

4:30 to 7:30 p.m. at Sisters Library

pertaining to the acquisition, development, maintenance and preservation of public parks, trails & open spaces, meeting every first Wednesday at 4 p.m. **Applications** are at www. ci.sisters.or.us or at Sisters City Hall at 520

E. Cascade Ave. Applications will be accepted until 5 p.m. Friday, October 25. For info contact Patrick Davenport at 541-323-5219 or at pdavenport@ci.sisters.or.us.

Women's Conference

Sisters Community Church will host a women's conference entitled "A Pitcher Full of Hope" on Friday evening, November 8 and Saturday, November 9. The speaker will be Rebecca Small, with worship led by Starlene Haney. Register in person at the church by Monday, November 4. Call 541-549-1201 for more info.

Social Security: Unlock Its Potential

Join Casey Miller of Hartford for this 45-minute lunch-hour class on Thursday, October 24 at 12:15 p.m. at the Sisters Library to learn the options and implications for taking Social Security benefits and how to maximize them. Call 541-549-1866 for more information.

Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

DLT Walk & Hike Series

Join the Deschutes Land Trust and Carol Wall to explore the 150-year old Santiam Wagon Road at Whychus Canyon Preserve on Thursday, October 10 from 9:30 a.m. to noon. Hike back in time and imagine traveling west in a wagon train to transport wool from Eastern Oregon to the Willamette Valley, or east to graze livestock on the grasses of the desert. Register at www. deschuteslandtrust.org/hikesevents or call 541-330-0017.

Volunteer for Sisters Festival of Books

Sisters Festival of Books could use a few more volunteers on Saturday, October 19 for the author readings at Sisters Middle School. Interested? Email info@ sistersfob.com or call Ann at 541-549-0998.

Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC "Steadi" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Open to all ages. For info: 541-549-6221.

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon.

Sisters Library coming events

Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, October 10, 17, 24 and 31 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

Oregon Ghost Stories

Join historian and paranormal investigator Rocky Smith for a presentation of history, folklore and the paranormal. Rocky will share some unbelievable ghost stories on Friday, October 11 at noon at Sisters Library. No registration is required for this adult program. Call 541-312-1032 for more information.

The Library Book Club

Read and discuss "The Wife" by Alafair Burke with other thoughtful readers at the Sisters Library on Wednesday, October 23, from 5:30 to 6:30 p.m. Info: 541-617-7078.

Pumpkin Party

Pumpkin-decorating, stories and games for ages birth to 11. No registration required. Sisters Library on Saturday, October 26 at 10 a.m. Info: 541-617-7078.

Furry Friends Blue Bag Fundraiser

Collecting bottles and cans for Furry Friends is now easier than ever. Pick up the plastic blue bags at our office or from the basket on The Nugget porch. Fill the bag with your returnable bottles and cans and Furry Friends gets the funds. For more information pick up a flyer at your next drop-off or call 541-797-4023.

Creative Crafters Wanted

Soroptimist Holiday Bazaar will be held at Crook County Fairgrounds Grizzly Building on Saturday, November 16 from 9 a.m. to 3 p.m. Booths are available for crafters to display and sell their creations. For more information call Neva 541-447-4290.

One-Act Play Submissions

Silent Echo Theater Company is seeking one-act play submissions from local playwrights for possible use during the 2020 Evening of One-Acts happening in late winter. Plays should be between 10 and 20 minutes long and need to be submitted to silentechotheatercompany@ gmail.com by Tuesday, October 15; play selections by November 1. Directors are also wanted for the event — please email your theater experience and contact information. For more information call 541-719-8862.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.





Meet BUTTER BEAN, an incredibly sweet bunny! Butter Bean is a friendly rabbit who loves cuddling with her humans! Amazingly enough, this cute little hopper had free range in her previous home and is already house trained! If you are looking for a cute little bunny with a great personality

previous home and is already house trained! If you are looking for a cute little bunny with a great personality then Butter Bean is the rabbit for you! Come down to the Humane Society of Central Oregon and meet Butter Bean today!

SPONSORED BY



SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA) 386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship shepherdofthehillslutheranchurch.com

shepherdofthehillslutheranchurch.com
Sisters Community Church (Nondenominational)

1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship (with signing) sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church 123 Trinity Way • 541-549-9391 5:30 p.m. Saturday Vigil Mass 9 a.m. Sunday Mass 8 a.m. Monday-Friday Mass

Calvary Chapel (Nondenominational) 484 W. Washington St., Ste. C & D • 541-588-6288 10 a.m. Sunday Worship

The Episcopal Church of the Transfiguration 68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines
Camp Sherman • 541-549-9971
10 a.m. Sunday Worship
Sisters Church of the Nazarene

67130 Harrington Loop Road • \$41-389-8960 | sistersnaz.org 10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Westside Sisters442 Trinity Way • 541-549-4184 | westsidesisters.org
9 a.m. and 10:45 a.m. Sunday Worship
6 p.m. Worship the 3rd Tuesday of each month

Vast Church (Nondenominational) 1700 W. McKinney Butte (Sisters High School) • 541-719-0587 9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church 386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints 452 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586