

# COMMUNITY

## Ocean scientist to speak in Sisters

An eighth-grade science project that flopped inspired a lifelong love of oceanography for a New York City kid who recently retired as chief scientist of the National Oceanic and Atmospheric Administration (NOAA).

Dr. Rick Spinrad credits his junior high science teacher for asking all the right questions when his echo sounder experiment was unsuccessful.

“I worked on it for months,” Dr. Spinrad recalls about his attempt to build a device to measure ocean depth. “And I failed

miserably.”

But the teacher did not dismiss his efforts. Instead, the young scientist was asked, “Why did you fail? What didn’t work? How would you do it differently?”

Dr. Spinrad can still reel off the answers that required further research into the field of oceanography.

“I needed to know something more about how sound travels in the ocean; I needed to know something more about electronics. I needed to

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PHOTO PROVIDED

Camp Sunrise volunteers provide grief support to bereaved children.

## Volunteers get set to clean up Sisters

By Sue Stafford  
Correspondent

The days are crisp, the leaves are burnishing, and the summer traffic congestion is gone. Fall in Sisters is a special time to appreciate our natural beauty and prepare for the coming winter.

Part of that preparation includes the Fall Community Cleanup Day on Saturday, September 28, from 8 a.m. to noon. Sisters Park & Recreation District employees Mandee Seeley and Shannon Rackowski are spearheading the effort, which is part of

statewide SOLVE activities during the month of September. Thousands of volunteers work to preserve and maintain the health of Oregon’s public beaches, forests, neighborhoods, rivers, and other natural areas, while cleaning up litter. Last spring’s Cleanup Day for Earth Day in Sisters netted six tons of trash collected in the four-hour period.

There are a number of ways to get involved. As a group, sign up and meet at SPRD on September 28, at 8 a.m. to get supplies and

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## Hospice serves local community

By Jim Cornelius  
Editor in Chief

The transition to the end of life is a potent milestone that affects not only the dying but also their friends and loved ones. Since 1981, Hospice of Redmond has provided physical, emotional and spiritual support to those facing that transition throughout Central Oregon.

Maureen Krebs, who serves as communications director for Hospice of Redmond, emphasizes that, “Hospice is not ‘giving up.’” The support provided by a team of providers allows those entering into hospice care to “enjoy their life and their family and friends for the time

they’ve got left,” she said.

A team of 20 staff and more than 70 volunteers come together to provide the three arms of hospice support.

The physical aspect of hospice care focuses on palliative measures to ensure comfort during the last days or months. The care is provided through the services of a registered nurse and a home health aide, led by Medical Director Dr. David Tretheway, who has been serving as medical director for Hospice of Redmond for two decades.

Social workers and a bereavement coordinator provide emotional support for the entire family — and for an extended period of time

after bereavement. Some of those served are so affected by the embrace of the community formed through the hospice experience that they continue to stay connected long after the passing of their loved one.

That critical emotional support is also manifested in the annual Camp Sunrise held at Suttle Lake west of Sisters each summer. The camp provides grief support for children who have lost loved ones. It is a profoundly impactful program — both for the children who work through the emotions of their grief and for the volunteers who serve them.

“We don’t charge those

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## SISTERS AREA MEETING CALENDAR

### BOARDS, GROUPS, CLUBS

**Al-Anon** Mon., noon, Shepherd of the Hills Lutheran Church / Wed., 6 p.m., Episcopal Church of the Transfiguration. 541-549-8737 or 541-549-1527.

**Alcoholics Anonymous** Thurs. & Sun., 7 p.m., Episcopal Church of the Transfiguration / Sat., 8 a.m., Episcopal Church of the Transfiguration / Mon., 5 p.m., Shepherd of the Hills Lutheran Church / Big Book study, Tues., noon, Shepherd of the Hills Lutheran Church / Gentlemen’s meeting, Wed., 7 a.m., Shepherd of the Hills Lutheran Church / Sober Sisters Women’s meeting, Thurs., noon, Shepherd of the Hills Lutheran Church / Step & Tradition meeting, Fri., noon, Shepherd of the Hills Lutheran Church. 541-548-0440.

**Alzheimer’s & Dementia Caregiver Support Group** 1st Tuesday, noon, Sisters City Hall. 800-272-3900.

**Black Butte Ranch Bridge Club** Tuesdays, 12:30 p.m., BBR community room. Partner required. 541-595-6236.

**Central Oregon Fly Tyers Guild** For Saturday meeting dates and location, email: steelefly@msn.com.

**Central OR Spinners and Weavers Guild** One Saturday per month, Jan. thru Oct. For schedule: 541-639-3217.

**Council on Aging of Central Oregon Senior Lunch** Tuesdays, noon, Sisters Community Church. 541-480-1843.

**East of the Cascades Quilt Guild** 4th Wednesday (September-June), Stitches Post. All are welcome. 541-549-6061.

**Friends of the Sisters Library Board of Directors** 2nd Tuesday, 9 to 11 a.m., Sisters Library. www.sistersfol.com.

**Go Fish Fishing Group** 3rd Monday, 7 p.m. Sisters Community Church. All ages welcome. 541-771-2211.

**Heartwarmers** (fleece blanketmakers) 1st & 3rd Tuesdays, 1 p.m., Sisters City Hall. Materials provided. 541-408-8505.

**Hero Quilters of Sisters** Thursday, 1 to 4 p.m. 541-549-1028 or 541-719-1230.

**Military Parents of Sisters** Meetings are held quarterly; please call for details. 541-388-9013.

**Oregon Band of Brothers – Sisters Chapter** Wednesdays, 11:30 a.m., Takoda’s Restaurant. 541-549-6469.

**SAGE (Senior Activities, Gatherings & Enrichment)** Monday-Friday, 11 a.m. to 4 p.m. at Sisters Park & Recreation District. 541-549-2091.

**Sisters Family Aglow Lighthouse** 4th Saturday, 10 a.m., Ponderosa Lodge Meeting Room. 503-930-6158.

**Sisters Area Photography Club** 2nd Wednesday, 4 p.m., Sisters Library community room. 541-549-6157.

**Sisters Area Woodworkers** 1st Tuesday, 7 to 9 p.m. 541-639-6216.

**Sisters Astronomy Club** 3rd Tuesday, 7 p.m., SPRD. 541-549-8846.

**Sisters Bridge Club** Thursdays, 12:30 p.m., The Pines Clubhouse. Novices welcomed. 541-549-9419.

**Sisters Caregiver Support Group** 3rd Tues., 10:30 a.m., The Lodge in Sisters. 541-771-3258.

**Sisters Cribbage Club** Wednesdays, 11 a.m. to 2 p.m., Ray’s Food Place community room. 541-923-1632.

**Sisters Habitat for Humanity Board of Directors** 4th Tuesday, 6 p.m. Location information: 541-549-1193.

**Sisters Kiwanis** Thursdays, 7 to 8:30 a.m., Brand 33 Restaurant at Aspen Lakes. 541-410-2870.

**Sisters Parent Teacher Community** 2nd Tuesday, 6:30 p.m. at Sisters Saloon. 541-480-5994.

**Sisters Parkinson’s Support Group** 2nd Tuesday, 2 p.m., The Lodge. 541-668-6599.

**Sisters Red Hats** 1st Friday. Location information: 541-279-1977.

**Sisters Rotary** Tuesdays, noon, Aspen Lakes Lodge. 541-760-5645.

**Sisters Speak Life Cancer Support Group** 2nd & 4th Wednesday, 10 a.m. Suttle Tea. 503-819-1723.

**Sisters Trails Alliance Board** 1st Wednesday, 5 p.m. Sisters Library. Public welcome. 541-719-8822.

**Sisters Veterans** Thursdays, noon, Takoda’s Restaurant. 541-903-1123.

**Three Sisters Irrigation District Board of Directors** 1st Tuesday, 4 p.m., TSID Office. 541-549-8815.

**Three Sisters Lions Club** 1st Thursday, noon, Ray’s Food Place community room. 541-419-1279.

**VFW Post 8138 and American Legion Post 86** 1st Wednesday, 6:30 p.m., Sisters City Hall. 541-903-1123.

**Weight Watchers** Thursdays, 8:30 a.m. weigh-in, Sisters Community Church. 541-602-2654.

### SCHOOLS

**Black Butte School Board of Directors** 2nd Tuesday, 5 p.m., Black Butte School. 541-595-6203.

**Sisters Christian Academy Board of Directors** 2nd Thursday, 8 a.m., RE/MAX office. 541-549-4133.

**Sisters School District Board of Directors** One Wed. monthly, SSD Admin Bldg. See schedule online at www.ssd6.org. 541-549-8521 x5002.

**Sisters Middle School Parent Collaboration Team** 1st Tuesday, 2 p.m., SMS. 541-610-9513.

### CITY & PARKS

**Sisters City Council** 2nd & 4th Wednesday, 6:30 p.m., Sisters City Hall. 541-549-6022.

**Sisters Park & Recreation District Board of Directors** 1st & 3rd Tuesdays, 5:30 p.m., SPRD bldg. 541-549-2091.

**Sisters Planning Commission** 3rd Thursday, 5:30 p.m., Sisters City Hall. 541-549-6022.

### FIRE & POLICE

**Black Butte Ranch Police Dept. Board of Directors** Meets monthly. 541-595-2191 for time & date.

**Black Butte Ranch RFPD Board of Directors** 4th Thursday, 9 a.m., Black Butte Ranch Fire Station. 541-595-2288.

**Cloverdale RFPD Board of Directors** 3rd Wed., 7 p.m., 67433 Cloverdale Rd. 541-548-4815. cloverdalefire.com.

**Sisters-Camp Sherman RFPD Board of Directors** 3rd Tuesday, 5 p.m., Sisters Fire Hall, 541-549-0771.

**Sisters-Camp Sherman RFPD Drills** Tuesdays, 7 p.m., Sisters Fire Hall, 301 S. Elm St. 541-549-0771.

This listing is for regular Sisters Country meetings; email information to lisa@nuggetnews.com