#### $\mathbf{V}$ N T N C

#### **Furry Friends New Hours**

The Furry Friends office is changing its hours beginning Tuesday, September 17. Visit Furry Friends now on Tuesdays from 2 to 5 p.m. The Thursday hours remain the same, open 11 am. to 2 p.m. Furry Friends is located in the Sisters Art Works building, at 204 W. Adams Ave., Ste. 109. For more information call 541-797-4023.

#### **Central Oregon Partnerships** for Youth Mentoring

Central Oregon Partnerships for Youth (COPY), a program of the Deschutes County Sheriff's Office, prepares volunteers to become mentors for children with an incarcerated parent. On Saturday, September 21, COPY will offer an orientation/ training class. This six-hour class covers program policies, how to establish a mentor relationship, the impact incarceration has on families, and communication skills. There is no cost to attend, but advanced registration is required. For additional details, please call 541-388-6651 or email COPY@ deschutes.org.

#### Sisters Speak Life Cancer Support Group

This cancer support group meets the second and fourth Wednesday of every month at Suttle Tea in their back room from 10 to 11:30 a.m. Caregivers as well as patients and family members are welcome to join in. Please contact Suzi Steele at 503-819-1723 for more information.

#### **Come Sing With Us!**

The Sisters High Desert Chorale will begin rehearsals for Winter/ Christmas concerts on Monday, September 23. The Chorale meets each Monday night at 6:30 p.m. in the Community Hall of Transfiguration Episcopal Church. No audition is required and all ages are welcome. Winter concerts are scheduled for the first part of December 2019. For more information call Connie Gunterman at 541-588-0362.

#### **Dementia Caregivers** Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon.

## THIS WEEK'S Highlights

Saturday, September 21 Peterson Ridge Trail Celebration 10 a.m. at Village Green Park

> Saturday, September 21 **Historical Walking Tour** 4:30 p.m. at Sisters City Hall

**Monday, September 22** Tea & Poetry at Farmers Market 11 a.m. to 2 p.m. at Fir Street Park

**Monday, September 23 High Desert Chorale Rehearsal** 6:30 p.m. at Episcopal Church

#### **Sisters Newcomers Club**

A Newcomers' Club specific to Sisters-area new residents is starting up! Call Karee at 541-719-0050.

#### **Historical Walking Tour**

Join the Three Sisters Historical Society for a free walking tour down Cascade Ave. to hear the historical stories behind those false fronts. Meet in front of City Hall at 4:30 p.m. on Saturday, September 21. For information call 415-637-7186.

#### **Community Gear Swap**

Local schools and Hike-N-Peaks are hosting a Gear Swap on Saturday, September 28 10 a.m. to 4 p.m. to raise funds for outdoor education programs. Donate or sell your lightly used outdoor and athletic gear or come to find great deals. All items should be brought to Hike-N-Peaks on Friday, September 27 between 4 and 7 p.m. or Saturday, September 28 between 8 and 10 a.m. It should be in good, clean condition. Info: 541-904-0778.

#### Haiku Contest

Still accepting entries to the Food & Farm Haiku Contest! Free. Drop yours off at Paulina Springs Books by 2 p.m. September 18 to be part of the main contest, judged by Kim Stafford. Or bring your last-minute haiku to the Farmers Market on Sunday, September 22. Prizes include gift cards to awesome local businesses including Bedouin and Suttle Tea. Info at sistersfarmersmarket.com or 503-997-0301.

See page 24 for announcements of upcoming senior's events in Sisters.

#### Peterson Ridge Trail Celebration

Sisters Trails Alliance invites the community to celebrate the amazing trail system in our own backyard. The event is Saturday, September 21 at Village Green Park and features organized hikes and mountain-bike rides on the PRT, activities in the park for all trail-lovers, a little PRT history, and a free lunch. Registration required for lunch & organized rides. Info at sisterstrails.org or call 541-719-8822.

#### **One-Act Play Submissions**

Silent Echo Theater Company is seeking one-act play submissions from local playwrights for possible use during the 2020 Evening of One-Acts happening in late winter. Plays should be between 10 and 20 minutes long and need to be submitted to silentechotheatercompany@ gmail.com by Monday, October 7; play selections by November 1. Directors are also wanted for the event — please email your theater experience and contact information. For more information call 541-719-8862.

#### Tea & Poetry at Sisters Farmers Market

Taste chais with Metolius Tea. Blend your own herbal tea courtesy of Mountain Rose Herbs. Join Krayna Castelbaum's poetry playshop at 11:30 a.m. Kids, check out the Deschutes Public Library's booth for special activities. Music with Sisters Ukulele Group. Haiku contest awards will also be announced. All this is taking place at the Sisters Farmers Market at Fir Street Park from 11 a.m. to 2 p.m. on Sunday, September 22. Info at sistersfarmersmarket.com or 503-997-0301.

#### Thich Nhat Hahn Sangha **Meditation Group**

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathyn at Katindahood2@gmail.com

#### Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids. org or call Katie at 541-719-8727.

#### **Support for Caregivers**

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

#### **Stars Over Sisters Party**

Learn about the night skies! Stargazers are invited to gather at the SPRD building on Saturday, September 28 at 7:30 p.m. for a free presentation and slide show. If weather then permits, plan on heading out to the SHS sports fields to observe the night sky through powerful telescopes. For information call 541-549-8846.

#### **Sisters Community Cleanup**

SPRD is organizing a Fall Community Cleanup Day for Saturday, September 28 from 8 a.m. to noon. Organize your own cleanup around your school, neighborhood or business, or meet at SPRD at 8 a.m. for supplies & routes. Register online at sistersrecreation.com or call 541-

#### Hop Fest Half Marathon, 5K

The Annual Fresh Hop Fest Half Marathon and 5K is on Saturday, September 28 at 8 a.m. The race starts and finishes at Three Creeks Brewing Production Facility on Barclay Dr. Run a half marathon and enjoy a beer at the finish line! Part of the proceeds benefit SHS swim team. Call 541-549-1298 for more information.

#### Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC "Steadi" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Open to all ages. For info: 541-549-6221.

PET OF THE WEEK

Meet **SCOUT**, a beautiful husky

mix who is looking for her forever

home. Scout can be a little slow to trust and needs a family that

can give her all the love, time, and

patience she needs to bond with

her new family. Once she knows

you, this clever pup is friendly

and playful and very affectionate!

If you are looking for a beautiful

and loyal pup to add to your family

then Scout is the dog for you!

Sponsored by

Essentials Skincare

Karen Keady, RN/NCEA

Certified Esthetician

541-480-1412

#### Craig Fox Had a Wife

Silent Echo Theater Company will do a reading of "Craig Fox Had a Wife," a true story by Central Oregon playright Beverly Allen about the unseen wounds of war. Saturday, September 28 at 7:30 p.m. at Hood Avenue Art. Doors open at 6:30 p.m. Refreshments will be served, suggested donation \$5. Call 310-710-2874 for more info.

#### 19th Annual Green Tour

See real-world solutions that reduce energy use and increase solar production in residential and commercial buildings right here in Central Oregon. Test-drive an electric car and take an electric bike for a spin, join the bike tour, vote for your favorite site, and celebrate at the after-party. Saturday, September 28 from 10 a.m. to 4:30 p.m. at various locations. Get all the details, tour map, and guide at envirocenter. org/tour or call 541-385-6908 x11.

#### **City of Sisters Housing Policy Advisory Positions**

The City of Sisters is accepting applications for 2 positions on the Housing Policy Advisory Board (HPAB). The Board advises the Planning Commission and City Council regarding policies related to increasing appropriate levels of affordable housing within the city limits. A 3-year position requires a background in real estate and in-city residency; a 1-year position requires familiarity or beneficiary of affordable housing and in-city residency. Apply online at www. ci.sisters.or.us by 5 p.m. on Friday, October 4. For more information call Patrick at 541-323-5219 or email pdavenport@ci.sisters.or.us.

## CELEBRATION OF LIFE

Karen Roth invite you to her Celebration of Life this Saturday, September 21, 2 p.m., at the Unitarian Universalist Fellowship of Central Oregon (61980 Skyline



# Sisters Library

COMING EVENTS

### Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, September 19 and 26 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

#### The Library Book Club

Read and discuss "The Lost Girls of Camp Forevermore," by Kim Fu, with other readers at the Sisters Library on Wednesday, September 18, from 5:30 to 6:30 p.m. Info: 541-617-7078.

## SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA) 386 N. Fir Street • 541-549-5831

10 a.m. Sunday Worship shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)

1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship (with signing) sisterschurch.com | info@sisterschurch.com St. Edward the Martyr Roman Catholic Church

123 Trinity Way • 541-549-9391 5:30 p.m. Saturday Vigil Mass 9 a.m. Sunday Mass 8 a.m. Monday-Friday Mass

Calvary Chapel (Nondenominational) 484 W. Washington St., Ste. C & D • 541-588-6288

10 a.m. Sunday Worship The Episcopal Church of the Transfiguration 68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school,

school, childcare)

childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday

Chapel in the Pines Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

Sisters Church of the Nazarene 67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org 10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

**Westside Sisters** 442 Trinity Way • 541-549-4184 | westsidesisters.org

9 a.m. and 10:45 a.m. Sunday Worship Vast Church (Nondenominational)

1700 W. McKinney Butte (Sisters High School) • 541-719-0587 9:37 a.m. Sunday Worship | vastchurch.com Seventh-Day Adventist Church

386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints 452 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586



