

A N N O U N C E M E N T S

AARP Driver’s Safety

AARP’s Driver Safety Course, a classroom refresher for motorists 50 and older, will be offered on Tuesday, September 10 from 9 a.m. to 4 p.m. at Sisters Community Church. There will be a one-hour lunch break. Call 541-390-6075 to register. Cost is \$15 for AARP members and \$20 for non-members.

Volunteer for Parks Board

The City of Sisters is accepting applications for a volunteer position on the City Parks Advisory Board for a 3-yr. term. Applicants must live within the Sisters School District boundary. The Board advises the Council on matters pertaining to the acquisition, development, maintenance and preservation of public parks, trails & open spaces, meeting every first Wednesday at 4 p.m. Applications are at www.ci.sisters.or.us or at Sisters City Hall at 520 E. Cascade Ave. Applications will be accepted until 5 p.m. Friday, September 6. For info contact Patrick Davenport at 541-323-5219 or at pdavenport@ci.sisters.or.us.

Free Medicare 101 Class

The Council on Aging is partnering with St. Charles Health System and the City of Sisters to offer a free class to help older adults navigate their Medicare options on Friday, September 6, from 3 to 5 p.m. at the City of Sisters offices in the Chamber Room. “Medicare 101” is led by a Senior Health Insurance Benefits Assistance (SHIBA) counselor, and provides information to Medicare-eligible beneficiaries about their Medicare choices. Registration is required as space is limited. Call the Council on Aging of Central Oregon at 541-678-5483 or email info@councilonaging.org.

Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC “Steady” Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Open to all ages. For info: 541-549-6221.

Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

THIS WEEK’S Highlights

Thursday, August 29
Treating Autism with Massage
6 to 7 p.m. at Sisters Library

Saturday, August 31
Friends of Metolius Walk
10 a.m. in Camp Sherman

Sunday, September 1
Camp Sherman Pancake Breakfast
8 to 11 a.m. at Camp Sherman Comm. Hall

Tuesday, September 3
High School Orientation
7:45 a.m. at Sisters High School

Seeking Poets & Poetry Fans

Share your voice & the poetry you love with your community. Participate in Tea & Poetry, presented by New Oregon Arts & Letters and Sisters Farmers Market. Email tiffany@plazm.com for information or call 503-997-0301; email is preferred.

Camp Sherman Pancake Breakfast

Bring your family and friends to a traditional Pancake Breakfast at the Camp Sherman Community Hall, Sunday, September 1, 8 to 11 a.m. Enjoy all-you-can-eat ham, eggs, pancakes, orange juice and coffee. Adults \$9.00; children 5-10 years \$6.00, under 5 free. Proceeds benefit Camp Sherman Historical Society and Friends of the Metolius. Call 541-595-2719 for more information.

High School Orientation

Incoming first-year students are invited to come to Sisters High School on Tuesday, September 3 from 7:45 a.m. to 3:05 p.m. for new-student orientation. Seniors and juniors will be serving as leaders to help first-year students transition successfully to the high school. Activities will focus on team-building, cooperative skill development and discussion skills. Students will get their locker assignments and run through a shortened version of their daily schedule. Bus routes will run in the morning and afternoon. The route times can be found on the district website. Transfer students grades 10-12 are invited for an open house at SHS the same day from 9 to 11 a.m. Call 541-549-4045 for info.

Friends of Metolius Walk

Saturday, August 31 from 10 a.m. to noon, enjoy a free interpretive walk along the Metolius River with Scott Blau. Explore the upper river from the Camp Sherman Bridge to the site of the 1930s Civilian Conservation Corps camp at the Riverside Campground and learn about the history of the Camp Sherman area. Meet near the Camp Sherman Bridge fish viewing platform. For information call 541-595-6439 or 503-730-8034.

Habitat Homeownership

Sisters Habitat for Humanity is accepting applications for its homeownership program. If you have lived and/or worked in Sisters for at least a year, have a need for housing, have verifiable income and are willing to contribute up to 500 hours of sweat equity, this program may be for you. Please review Habitat’s qualification guide online at www.sistershabitat.org/housing-programs or pick one up at the Habitat office, 141 W. Main Ave. Questions, call 541-549-1193.

Crafters Wanted

Share your creativity! Quality-oriented crafters are being sought as consigners for the 44th Annual Snowflake Boutique (November 1 & 2). Jury will be Saturday, September 7 at 9:30 a.m. at Highland Baptist Church, Redmond. Info at www.snowflakeboutique.org or call Randi, 541-788-4452 or Jan, 541-350-4888 or Tina, 541-447-1640.

CPR/AED and First Aid Class

The next CPR/AED/First Aid class is scheduled for Thursday, September 12, at 8:30 a.m. The cost is \$30 which covers both modules, a workbook and completion card. Register by Tuesday, September 10. To register, go on-line to sistersfire.com and select the CPR tab, or stop by and register at the Sisters Fire station during business hours (8 to 5). Pick up the student workbook at the station after you register. If you have questions, call Chris Carr at 415-860-3697.

Healthy Living Information for Seniors

Seniors and caregivers are invited to drop by the SAGE room at SPRD on the second Monday of every month from 1 to 3 p.m. to meet local service providers and gather free information about aging in place from foot care to end-of-life planning. Call Diane at 541-588-0081 for information.

Treating Autism with Qigong Massage

The Autism Treatment Center of Bend will host a free public presentation at the Sisters Library on Thursday, August 29 from 6 to 7 p.m. Rosimery Bergeron will discuss qigong sensory treatment massage, a research-proven, parent-delivered treatment that can improve all aspects of autism. Register at www.AutismTreatment.Center or call 503-917-1239 for info.

Come Sing With Us!

The Sisters High Desert Chorale will begin rehearsals for Winter/Christmas concerts on Monday, September 23. The Chorale meets each Monday night at 6:30 p.m. in the Community Hall of Transfiguration Episcopal Church. No audition is required and all ages are welcome. Winter concerts are scheduled for the first part of December 2019. For more information call Connie Gunterman at 541-588-0362.

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer’s or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer’s Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon.

Parkinson’s Support Group

The second Tuesday of each month, Sisters Parkinson’s Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info contact Carol at 541-668-6599.

PET OF THE WEEK
Humane Society of Central Oregon
541-382-3537



Meet DR. HOPKINZ, a white lop-eared bunny who is looking for his forever home! Dr. Hopkinz is a very sweet bunny who enjoys being petted, eating snacks, and exploring. Rabbits are often thought of as “starter pets” but they can live over 8 years and require a lot of socialization, time outside their enclosure, fresh veggies, and toys to keep them stimulated and happy. Come on down to HSCO and meet the Doctor today!

SPONSORED BY
541-549-1175
LARSON'S
CARPET CARE

Child Sexual-Abuse Prevention Training

Darkness to Light®, a child sexual-abuse prevention training, will be held on Thursday, September 5 from 5 to 8 p.m. at the Sisters Library. This training program provides participants with 5 steps to better protect children from sexual abuse. It gives adults the tools for recognizing the signs of sexual abuse, responding to suspicions, and gives simple ways to minimize opportunities for abuse in organizations and our community. Please contact Rachel Visser at 541-306-6062 to register.

Peterson Ridge Trail Celebration

Sisters Trails Alliance invites the community to celebrate the amazing trail system in our own backyard. The event is Saturday, September 21 at Village Green Park and features organized hikes and mountain-bike rides on the PRT, activities in the park for all trail-lovers, a little PRT history, and a free lunch. Registration required for lunch & organized rides. Info at sisterstrails.org or call 541-719-8822.

Sisters Library
COMING EVENTS

Ready for Kindergarten

A special storytime just for children entering kindergarten will include songs, crafts and more. Thursday, August 29 at 1:30 p.m. No registration required. Call 541-617-7078 for more info.

Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, September 12, 19 and 26 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

The Nonfiction Book Club

Read and discuss “City of Light, City of Poison: Murder, Magic, and the First Police Chief of Paris” by Holly Tucker with other thoughtful readers at Fika Sisters Coffeehouse on Thursday, September 12, from 1 to 2 p.m. Info: 541-617-7078.

Dangerous Crooked Scoundrels

Insulting the president, from Washington to Trump. On Saturday, September 14 at 3 p.m. at the Sisters Library author and professor Edwin Battistella will trace the ways in which presidents have been insulted over the centuries since the founding of the republic, selecting from more than 500 examples collected in his upcoming book, “Dangerous Crooked Scoundrels.” Battistella shows that less has changed than you might think.

The Library Book Club

Read and discuss “The Lost Girls of Camp Forevermore,” by Kim Fu, with other readers at the Sisters Library on Wednesday, September 18, from 5:30 to 6:30 p.m. Info: 541-617-7078.

SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA)
386 N. Fir Street • 541-549-5831
10 a.m. Sunday Worship
shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)
1300 W. McKenzie Hwy. • 541-549-1201
10 a.m. Sunday Worship (with signing)
sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church
123 Trinity Way • 541-549-9391
5:30 p.m. Saturday Vigil Mass
9 a.m. Sunday Mass
8 a.m. Monday-Friday Mass

Calvary Chapel (Nondenominational)
484 W. Washington St., Ste. C & D • 541-588-6288
10 a.m. Sunday Worship

The Episcopal Church of the Transfiguration
68825 Brooks Camp Road • 541-549-7087
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare)
10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines
Camp Sherman • 541-549-9971
10 a.m. Sunday Worship

Sisters Church of the Nazarene
67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org
10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Westside Sisters
442 Trinity Way • 541-549-4184 | westsidesisters.org
9 a.m. and 10:45 a.m. Sunday Worship

Vast Church (Nondenominational)
1700 W. McKinney Butte (Sisters High School) • 541-719-0587
9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church
386 N. Fir Street • 541-595-6770, 541-306-8303
11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints
452 Trinity Way • Branch President, 541-420-5670;
10 a.m. Sunday Sacrament Meeting

Baha’i Faith Meetings
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586