

ANNOUNCEMENTS

CPR/AED and First Aid Class

The next CPR/AED class is scheduled for Saturday, August 17 at 9 a.m. The First Aid module is on Sunday, August 18 at 9 a.m. The cost is \$30 which covers both modules, a workbook and completion card. Register by Wednesday, August 14. To register, go on-line to sistersfire.com and select the CPR tab, or stop by and register at the Sisters Fire station during business hours (8 a.m. to 5 p.m.). Pick up the student workbook at the station after you register. If you have questions, call Gail Butler at 541-595-5712.

Volunteer for Parks Board

The City of Sisters is accepting applications for a volunteer position on the City Parks Advisory Board for a 3-yr. term. Applicants must live within the Sisters School District boundary. The Board advises the Council on matters pertaining to the acquisition, development, maintenance and preservation of public parks, trails & open spaces, meeting every first Wednesday at 4 p.m. Applications are at www.ci.sisters.or.us or at Sisters City Hall at 520 E. Cascade Ave. Applications will be accepted until 5 p.m. Friday, September 6. For info contact Patrick Davenport at 541-323-5219 or at pdavenport@ci.sisters.or.us.

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. For more information call 800-272-3900 or go to alz.org/oregon.

World's Children Speaker

Sisters nonprofit World's Children is offering a speaker for your club, church group or classroom. Topics include street children in developing countries; child trafficking; and child marriage. Each talk is given with a PowerPoint presentation that explains why these issues exist in developing countries and what can be done about them. For more information call 541-904-0789 or email info@worldschildren.org.

THIS WEEK'S Highlights

Saturday, August 17
Friends of Metolius Walk
8:30 a.m. in Camp Sherman

Monday, August 19
Go Fish Meeting
7 p.m. at Sisters Community Church

Tuesday, August 20
Council on Aging Luau Lunch
10 a.m. to 2 p.m. at Village Green Park

Council on Aging Luau Lunch

The Council on Aging of Central Oregon will host a "Life's a Beach" luau lunch on Tuesday, August 20 from 10 a.m. to 2 p.m. at Village Green Park. There will be a menu of tasty Hawaiian foods, fun games, friendly competitions and prizes. Lunch is free for those 60+; nominal fee for all others. For information call 541-678-5483 or visit www.councilonaging.org.

Summer on the Farm

On Tuesdays this summer from 9 a.m. to noon, drop your kids off at the Seed to Table Farm or stay and explore with them! Students can connect with nutrition, science and art through farm-based activities. Minimum age for drop off is 5 years. All ages welcome if parent is present. The farm is located at 998 E. Black Butte Ave. Email education@seedtotablesisters.org for info.

Tai Chi/Balance Sessions

Free Tai Chi/Balance Classes based on the CDC "Steady" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski every Thursday from 11-11:30 a.m. (except holidays) at the SPRD Fitness Room next to Sisters High School. Open to all ages. For more information or questions call 541-549-6221.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at The Lodge in Sisters from 2 to 3:30 p.m. All are welcome to learn, share, and receive support. For more info contact Carol at 541-668-6599.

Friends of Metolius Walk

Saturday, August 17 from 8:30 to 10:30 a.m., enjoy a free interpretive walk along the Metolius River with Oregon Master Naturalist Carol Wall. Learn to look and listen for rich bird and flower life along the Metolius. Children are welcome, but please, no dogs. Meet near the Camp Sherman Bridge fish viewing platform. For more information please call 541-549-0362.

Sisters Sunday Showcase Talent Show Audition

Got talent? Can you sing? Dance? Juggle? Tell a good joke? Show us what you've got! All are invited to watch and/or perform a talent on Sunday, August 25 at 1 p.m. during the Sisters Farmers Market at Fir Street Park. Presented by Starshine and Sisters Farmers Market. Auditions required. Text or email a 1-5 min video to Jennie Sharp at 541-645-0688 or jennie@starshine-theater.com by August 20. Details: starshine-theater.com/talentshows.

Kids' Performance Class

Starshine and Sisters Farmers Market are teaming up to host a 1-hour free performance workshop for kids of all ages on Sunday, August 25 from 11:30 a.m.-12:30 p.m. Kids will create a mini-performance that they'll present at the Sisters Sunday Showcase Talent Show at 1 p.m. Costumes included! To register call 541-645-0688 or go to starshine-theater.com/talentshows.

Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathryn at Katindahood2@gmail.com.

Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids.org or call Katie at 541-719-8727.

Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-2870.

Stars Over Sisters Party

Learn about the night skies! Stargazers are invited to gather at the SPRD building on Saturday, August 24 at 8:30 p.m. for a free presentation. If weather then permits, plan on heading out to the SHS sports fields to observe the night sky through powerful telescopes. Info: 541-549-8846.

Circle of Friends Benefit Concert

Join Circle of Friends on Sunday, August 25 from 5 to 8 p.m. for an evening of music, food and community while supporting the transformative work of mentoring. Location is 69331 Deer Ridge Rd. with music by Dry Canyon Trio. Purchase tickets in advance for \$25 by calling 541-588-6445. Food and Beverage available for purchase. Don't forget your blanket or lawn chair.

DLT Walk & Hike Series

Deschutes Land Trust volunteer naturalists lead free walks and hikes in small groups. Upcoming walks include: Mammals of the Metolius at Metolius Preserve on Saturday, August 17 from 10 a.m. to noon; Walking Meditation in the Indian Ford Meadow Preserve on Thursday, August 22 from 6:30 to 8:30 p.m.; Stream Sampling on Whychus Creek on Saturday, August 24 from 8:30 a.m. to 4 p.m.; Metolius River Preserve Hiking Tour on Saturday, August 31 from 10 a.m. to 1 p.m. Online registration is required at deschuteslandtrust.org/hikes. Info: 541-330-0017.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Sisters Library COMING EVENTS

Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursday, August 15 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

The Nonfiction Book Club

Read and discuss "West with the Night" by Beryl Markham with other readers at the Sisters Library on Thursday, August 15 at 1 p.m. Info: 541-617-7078.

Yoga Nidra Workshop & Meditation

Kathy Durham will guide participants in meditation to aid insomnia, anxiety and other issues on Friday, August 16 at noon at the Sisters Library. Call 541-312-1063 for more info.

Ready for Kindergarten

A special storytime just for children entering kindergarten will include songs, crafts and more. Thursday, August 29 at 1:30 p.m. No registration required. Call 541-617-7078 for more info.

Quilt Fundraiser for FFF

This year's fabulous fundraising quilt for Furry Friends Foundation, designed & quilted by Valerie Fercho-Tillery, is on display on Tuesdays and Thursdays, from 11 a.m. to 2 p.m. at 204 W. Adams Ave. Ste. 109. Purchase tickets at the office or online at www.furryfriendsfoundation.org for \$1, 6 for \$5, or 25 for \$20. Info: 541-797-4023 or email info@furryfriendsfoundation.org.

Healthy Living Information for Seniors

Seniors and caregivers are invited to drop by the SAGE room at SPRD on the second Monday of every month from 1 to 3 p.m. to meet local service providers and gather free information about aging in place from foot care to end-of-life planning. Call Diane Goble at 541-588-0081 for information.

Support for Caregivers

A free support group for those who provide care in any capacity meets at The Lodge in Sisters at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

Go Fish Meeting

On Monday, August 19 at 7 p.m. at Sisters Community Church Phil Hager will present a program on "Tips and Tricks" for Stillwater fly-fishing. He will tell why fish are where they are, how to find them, what to expect relative to the weather, and more. Phil is a native of Oregon and has fly-fished since 1952, has been president of Central Oregon Flyfishers, and an active volunteer for ODFW. For more information call 541-771-2211.

PET OF THE WEEK

Humane Society of Central Oregon
541-382-3537



Meet ARTI, a beautiful 3-year-old Tabby in need of a forever home. Arti is rather cautious around new people and situations, but once she warms up she is very sweet and friendly. This beautiful girl has a lot of love to give! Arti was surrendered to us because she wasn't getting along with a small dog in the home, so we believe she may best in a home with no dogs. Come meet Arti today!

SPONSORED BY

Francois' Workshop
541-549-0605 541-815-0624



SISTERS-AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA)

386 N. Fir Street • 541-549-5831
10 a.m. Sunday Worship
shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)

1300 W. McKenzie Hwy. • 541-549-1201
10 a.m. Sunday Worship (with signing)
sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church

123 Trinity Way • 541-549-9391
5:30 p.m. Saturday Vigil Mass
9 a.m. Sunday Mass
8 a.m. Monday-Friday Mass

Calvary Chapel (Nondenominational)

484 W. Washington St., Ste. C & D • 541-588-6288
10 a.m. Sunday Worship

The Episcopal Church of the Transfiguration

68825 Brooks Camp Road • 541-549-7087
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Chapel in the Pines

Camp Sherman • 541-549-9971
10 a.m. Sunday Worship

Sisters Church of the Nazarene

67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org
10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Westside Sisters

442 Trinity Way • 541-549-4184 | westsidesisters.org
9 a.m. and 10:45 a.m. Sunday Worship

Vast Church (Nondenominational)

1700 W. McKinney Butte (Sisters High School) • 541-719-0587
9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church

386 N. Fir Street • 541-595-6770, 541-306-8303
11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints

452 Trinity Way • Branch President, 541-420-5670;
10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586