

DROWNINGS: Water temperatures can remain frigid

Continued from page 8

on the Metolius Arm of Lake Billy Chinook late Friday afternoon, and is presumed to have drowned. The man reportedly struck his head on a railing on his way into the water and did not resurface.

The incidents highlight the hazards that accompany water recreation as summer gets underway in Central Oregon.

The Sisters-Camp Sherman Fire District notes that water temperatures in area lakes and rivers are still low this time of year. Being unguarded in the water, especially when water temperatures are low, is extremely dangerous.

Among preventable injuries, drowning is the leading cause of death for children one to 4 years old. A child or weak swimmer can drown in the time it takes to reply to a text, check a fishing line, or apply sunscreen. One- to 4-year-old children are more likely to drown in a pool, while children 5 and older are more likely to drown in natural water such as ponds, lakes, and rivers. The risk of drowning in open water increases with age.

Even as a strong swimmer, adults should know the risks and take precautions around water. The Fire District notes that swimmers should always swim with a buddy; don't use alcohol or drugs (including some prescription medications) before or while swimming, diving,

or supervising others; and wear a life jacket while boating or fishing, even if you don't intend to enter the water.

In 2013, 77 percent of fatal boating accident victims drowned; of those who drowned, 84 percent were not wearing a life jacket. In Oregon, all children 12 and under must wear a properly fitted U.S. Coast Guard-approved personal floatation device while on a boat that is underway.

In the event of an emergency, knowing CPR and basic water-rescue skills may help you save a life. The Sisters-Camp Sherman Fire District offers monthly CPR/AED/first aid courses. Class dates and registration can be found online at www.sistersfire.com.



Sisters Folk Festival Americana Project students debuted their new CD in concert at The Belfry last week.

SISTERS-AREA *Entertainment & Events*

- JUN 19 WED**

Deschutes County Fair & Expo Center Venardos Circus 7 p.m. A unique Broadway-style animal-free circus. Show schedule, info and tickets at www.venardoscircus.com.

Sisters Saloon Poker Night 7 p.m. Every Wednesday! \$20. For information call 541-549-7427 or go to sisterssaloon.net.

Food Cart Garden at Eurosports Trivia Night 6:30 to 7:30 p.m. Sign up by 6:15 p.m. For additional information call Eurosports at 541-549-2471.
- JUN 20 THUR**

Deschutes County Fair & Expo Center Venardos Circus 7 p.m. A unique Broadway-style animal-free circus. Show schedule, info and tickets at www.venardoscircus.com.

The Suttle Lodge & Boathouse Wine Tasting 5 to 7 p.m. Free and open to everyone 21+. For additional info call 541-638-7001 or go to thesuttlelodge.com.

Cork Cellars Tasty Thursday Hosted Wine Tasting 5 to 7 p.m. For additional information call 541-549-2675 or go online to corkcellarswinebistro.com.

Sisters Saloon Karaoke Night 9 p.m. to midnight. Every Thursday, no cover! For additional information call 541-549-7427 or go to sisterssaloon.net.
- JUN 21 FRI**

The Suttle Lodge & Boathouse Live Music with Jacob Miller + Joshua Thomas 6 to 8 p.m. Big Lawn Music series with food & beverages for purchase. Free & open to all ages. For additional info call 541-638-7001 or go to thesuttlelodge.com.

Food Cart Garden at Eurosports Live Music with Dave & Melody Hill 5 to 7 p.m. Dogs, children & adults all welcome! For additional information call Eurosports at 541-549-2471.

Deschutes County Fair & Expo Center Venardos Circus 7 p.m. A unique Broadway-style animal-free circus. Show schedule, info and tickets at www.venardoscircus.com.

The Suttle Lodge & Boathouse Pop-Up Apothecary 4 to 7 p.m. Fettle Botanic Supply & Counsel. Free and open to everyone. For additional info call 541-638-7001 or go to thesuttlelodge.com.

Raven Makes Gallery Native American Art Show Opening Reception 5 to 8 p.m. Three award-winning artists! For more info go to ravenmakesgallery.com or call 541-719-1182.
- JUN 22 SAT**

Cork Cellars Live Music with Gabriel Sweyn 6:30 to 8:30 p.m. No cover! For information call 541-549-2675 or go online to corkcellarswinebistro.com.

Chops Bistro Live Music with Bob Baker & Mark Barringer 6 to 8 p.m. Fiddle and guitar music. For additional information call 541-549-6015.

Deschutes County Fair & Expo Center Venardos Circus 1, 4 and 7 p.m. A unique Broadway-style animal-free circus. Show schedule, info and tickets at www.venardoscircus.com.

Hardtails Bar & Grill DJK9 Rawkstar Karaoke Night! 9 p.m. Every Saturday, no cover! For additional information call 541-549-6114 or go to hardtailsoregon.com.
- JUN 23 SUN**

Fir Street Park Sisters Farmers Market 11 a.m. to 2 p.m. Every Sunday: fresh local produce, lunch, live music, & yoga. Call 503-997-0301 or go to sistersfarmersmarket.com.

Deschutes County Fair & Expo Center Venardos Circus 1 and 4 p.m. A unique Broadway-style animal-free circus. Show schedule, info and tickets at www.venardoscircus.com.
- JUN 24 MON**

Hardtails Bar & Grill Open Mic & Jam Night 7 p.m. Every Monday, no cover! For information call 541-549-6114 or go to hardtailsoregon.com.
- JUN 25 TUES**

Sisters Saloon Trivia Night 6:30 to 7:30 p.m. Sign-up is at 6:15 p.m. Free, every Tuesday! For additional information call 541-549-7427 or go to sisterssaloon.net.
- JUN 26 WED**

Food Cart Garden at Eurosports Trivia Night 6:30 to 7:30 p.m. Sign up by 6:15 p.m. For additional information call Eurosports at 541-549-2471.

Sisters Saloon Poker Night 7 p.m. Every Wednesday! \$20. For information call 541-549-7427 or go to sisterssaloon.net.
- JUN 27 THUR**

Cork Cellars Tasty Thursday Hosted Wine Tasting 5 to 7 p.m. For additional information call 541-549-2675 or go online to corkcellarswinebistro.com.

The Suttle Lodge & Boathouse Wine Tasting 5 to 7 p.m. Free and open to everyone 21+. For additional info call 541-638-7001 or go to thesuttlelodge.com.

Sisters Saloon Karaoke Night 9 p.m. to midnight. Every Thursday, no cover! For additional information call 541-549-7427 or go to sisterssaloon.net.
- JUN 28 FRI**

The Suttle Lodge & Boathouse Live Music with My Evergreen Soul + Tay & the Janglahdahs 6 to 8 p.m. Big Lawn Music series with food & beverages for purchase. For additional info call 541-638-7001 or go to thesuttlelodge.com.

Downtown Sisters 4th Friday Art Stroll 4 to 7 p.m. Galleries and shops feature live entertainment and refreshments, every fourth Friday of the month! For additional information go to sistersartsassociation.org.

Hood Avenue Art Elyse Douglu and JoAnn Burgess Featured Artists 4 to 7 p.m. With live entertainment and refreshments! For more info go to hoodavenueart.com.

Hardtails Bar & Grill DJK9 Rawkstar Karaoke Night! 9 p.m. Every Friday, no cover! For additional information call 541-549-6114 or go to hardtailsoregon.com.
- JUN 29 SAT**

Sisters Area 3rd Annual Artist Studio Tour 10 a.m. to 4 p.m. Free self-guided tour of 23 artist studios. Tour guides available at Sisters galleries and sistersartsassociation.org.

Hardtails Bar & Grill DJK9 Rawkstar Karaoke Night! 9 p.m. Every Saturday, no cover! For additional information call 541-549-6114 or go to hardtailsoregon.com.

Events Calendar listings are free to advertisers. Submit items by 5 p.m. Fridays to lisa@nuggetnews.com

HARDTAILS BAR & GRILL

HAPPY HOUR MON-FRI 4-7pm

DJK9 Rawkstar KARAOKE NIGHTS! FRIDAY • SATURDAY

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