

Girls track team coming together

By **Charlie Kanzig**
Correspondent

The loss of some top performers to graduation last year has given the 2019 girls track team some big shoes to fill, and Coach Jeff Larson is pleased with the team's spirit and performance now that the competitive season is getting into full swing. The team competed in two meets last week with a home meet April 10 and the La Pine Invitational April 13.

"It's hard to compare to last year since we lost two state-level sprinters and one state placer in the distances, but we're coming together," said Larson. "Our younger team members are really starting to help us out."

Jumpers and distance runners provided much of the scoring for the Outlaws in Wednesday's meet at home against Cascade, Sweet Home and Culver.

Kate Bowen, Natalie Sitz, and Emma Singleton went 1-2-3 in the 1,500-meters, with Bowen clocking 5:20.7 for the win. Bowen claimed first in the 800 as well (2:41.32) while Singleton (2:45.86) and Ella Cole (2:48.97) took the next two spots.

Freshman Hollie Lewis

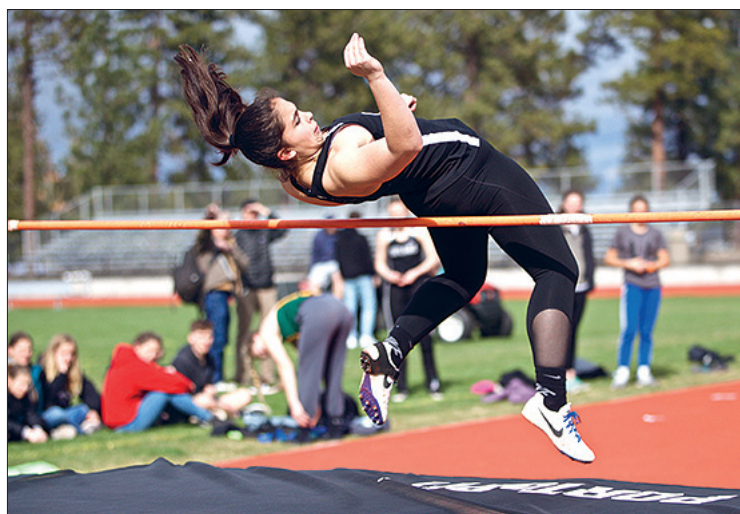


PHOTO BY JERRY BALDOCK

Lexie Miller clears the bar in the high jump.

got her first varsity win in the 300 hurdles with a time of 53.01. She also placed second in the high jump (4 feet 10 inches) behind teammate Rylireece Morgan who won the event by clearing five feet even. Morgan also established a season best in the long jump on her way to winning with a mark of 16 feet 3.25 inches.

Shelby Larson won the pole vault with a clearance of nine feet while Maddi Busick placed second at eight feet. "We have a lot of youth to work with this season along with some veterans, so I am excited about how we will look even in the next couple of weeks," said Larson.

A longer, more detailed

version of this story may be found at www.nuggetnews.com.



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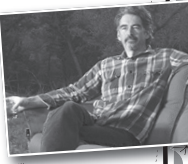
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APR 19 FRI **Paulina Springs Books Author Presentation with Paul Allen Bennett** 6:30 p.m. The author will present his new children's book, "Night Skies." For more info call 541-549-0866 or go to paulinasprings.com.

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APR 20 SAT **Cork Cellars Live Music with Jim Cornelius & Mike Biggers** 6:30 to 8:30 p.m. No cover! For information call 541-549-2675 or go online to corkcellarswinebistro.com.

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APR 24 WED **Sisters Saloon Poker Night** 7 p.m. Every Wednesday! \$20 For information call 541-549-7427 or go to sisterssaloon.net.

APR 25 THUR **Cork Cellars Tasty Thursday Hosted Wine Tasting** 5 to 7 p.m. For additional information call 541-549-2675 or go online to corkcellarswinebistro.com.

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APR 26 FRI **Downtown Sisters 4th Friday Art Stroll** 4 to 7 p.m. Galleries and shops feature live entertainment and refreshments, every fourth Friday of the month! For additional information go to sistersartsassociation.org.

Hood Avenue Art Gin Laughrey and Zantana Jewelry Featured Artists 4 to 7 p.m. With live entertainment and refreshments! For more info go to hoodavenueart.com.

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Paulina Springs Books Author Presentation with Megan Griswold 6:30 p.m. "The Book of Help" is the story of one woman's life-long quest for love, connection and peace of mind. For more info call 541-549-0866 or go to paulinasprings.com.

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APR 28 SUN **The Suttle Lodge & Boathouse Artist in Residence with Chef Risa Lichtman** 4 to 6 p.m. Free and all are welcome. For additional info call 541-638-7001 or go to thesuttlelodge.com.

Events Calendar listings are free to advertisers. Submit items by 5 p.m. Fridays to lisa@nuggetnews.com