

Your Care is committed to accessibility

By Jim Cornelius *EDITOR IN CHIEF*

“Our philosophy is providing accessible care at a fair rate,” says Debora Wattenburg, co-owner and operations director at Your Care in Redmond. “We want people to get care when they need it.”

Dr. Eric Wattenburg and the staff at Your Care has offered urgent care, walk-in care and occupational medicine services at the clinic in Redmond since March 2013. Deb and Eric moved to Sisters from northern California, where Eric had practiced in the town of Quincy.

“He practiced in a very rural, remote area, where it was not uncommon for people to show up on our doorstep,” Deb recalled.

After falling in love with the culture and natural surroundings of Central Oregon, they decided to move here. Dr. Wattenburg practiced with several providers in the area before purchasing a clinic and establishing Your Care.

Operating his own clinic “allowed him the freedom to practice medicine the way he thinks it should be practiced,” Deb explained.

That style of practice is personal, and thorough, with complete follow-up. A physical “doesn’t just take two minutes,” Deb said.

“Our bottom line is our patient care,” she said.

In order to provide the level and style of care Dr. Wattenburg believes in, “we have to have a team that owns it,” Deb says

Deb Wattenburg is very proud of the 16-member team they’ve built at Your Care in addition to herself and Dr. Wattenburg.

Your Care’s providers are: Eric Wattenburg, MD; Clayton Reinhardt, DO; Jack Bertman, MD; Khuelien Dretke, FNP; and Jim Munro, FNP.

“I’m very proud we’re able to say that every year we’re able to grow the benefits we offer to our staff, she said, “making it a place where they can build their career — and provide for themselves.”

Your Care invests in facilitating the staff’s professional growth. Wattenburg cited the example of lead receptionist Stephanie Roberts, who recently completed course work to become an X-ray technician.

“She graduated at the top of her class,” Wattenburg said. “We’re waiting for her (certification) to come, but she’s very close to taking pictures for us. We’re very, very proud of her. I feel at Your Care, our team — we’re really a community.”

Building a community spirit in the clinic is critical to serving the

broader community. Your Care offers urgent care services for illness and injury, from the flu to a cut that requires stitches. They also offer same-day walk-in care for general medical needs, wellness checks and physicals, screenings and some immunizations.

Occupational medicine is a particular area of emphasis at Your Care.

“We’re working really hard on keeping our work force healthy and safe,” Wattenburg said. “That’s a big emphasis for us.”

The practice provides a range of services that include screening, prevention and care.

Screening can be audiology and vision screening or EKG testing — or drug testing and employment physicals. If screening detects an issue of concern, a patient can be referred out to the appropriate specialist.

The goal is to keep employees on the job and feeling healthy, preventing injury and illness when possible and caring for the injured or sick so they can recover quickly and thoroughly and get back into action.

Your Care is especially committed to this work on behalf of law enforcement and fire personnel

who serve the community in high-risk and high-stress jobs. Your Care has worked with cops and firefighters and smoke-jumpers who work wildfire. Lately, they’ve been doing FAA physicals as well. Keeping those who serve fit is important to Wattenburg and the Your Care staff.

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responsibility that we take seriously,” Wattenburg said.

Whatever the business type, Your Care can create customized healthcare packages designed for a particular business, and direct billing is available.

Deb Wattenburg emphasizes that Your Care is constantly seeking ways to enhance its services.

“We’re working hard to fill the needs of the community,” she said. “We’re listening and we’re hiring people to fill those needs.”

In addition to his practice, every Sunday at 4 p.m. Dr. Eric Wattenburg takes calls on Central Oregon’s KBND 1110 AM/100/one FM, offering straightforward medical advice in terms that are easily understood. Topics range from physical and mental symptoms to the latest news in healthcare related topics: laws, ethics, costs, prescriptions and other topics. Podcasts for Your Care, Your Health can be found at <http://kbnd.com/podcasts/your-care-your-health>.



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What is occupational medicine?

Occupational medicine is a subspecialty of preventive medicine that supports the health, safety and performance of workers. This obviously serves the workers themselves, but it also provides major benefits to businesses and agencies that employ them, improving productivity, minimizing downtime and minimizing retraining caused by injured or ill workers being unable to perform their work.

Occupational medicine is a focus

at Your Care’s clinic in Redmond. They offer a wide range of occupational medicine services, and if a client has a particular need they are willing to see what they can do to meet it. Services include: DOT physicals; pre-employment physicals; firefighter physicals; DPSST physicals; hazmat physicals; customized physicals; drug screening; breath alcohol testing; TB testing; hepatitis vaccination and management; and annual health screenings.

Your Care also offers workmen’s compensation management; post-injury care & management; audiometry testing; and vision screening, and they provide on-site flu vaccination clinics (at no cost to employer).

Operations Director Debra Wattenburg notes that Your Care is particularly pleased to provide occupational medicine services to the region’s first responders such as law enforcement

and firefighters and they provide physicals for smoke jumpers and now for Federal Aviation Administration (FAA) employees. Wattenburg notes that high-stress, physically demanding careers like law enforcement and firefighting can expose people to heart attack risk and risk of damage to hearing and vision. Your Care is proud to provide screenings that can catch problems early and keep those who serve healthy and in the field.