PROFESSIONAL SERVICES Health & Wellbeing CONSTRUCTION · REAL ESTATE · ARTS & EDUCATION · INNOVATION



## The Dedicated Healthcare Professionals & Wellness Specialists Who Serve Sisters





 ood health and wellbeing are key components of the Central
Oregon lifestyle we all value.

Medical professionals provide outstanding care — but are also committed to providing screening and educational protocols that help us avoid getting sick or hurt in the first place.

Local businesses and public agencies alike offer products, activities, and services that enhance an enjoyable lifestyle — while also promoting health and longterm wellbeing.

Services and products that are usually associated with a much larger community are available in Sisters, with the added benefit of a genuine hometown touch. In these pages, you will learn more about the remarkable work our friends and neighbors are doing to contribute to the way of life that makes Central Oregon so special.



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Jim Cornelius, Editor in Chief The Nugget Newspaper

Your Care is committed to accessibility ......pg. 2 Enhancing health every day with saunas & hot tubs.....pg. 5