V N T S E C

Casting for Recovery Fundraiser Dinner

Casting for Recovery Oregon North, a self-funded organization which holds free weekend fly-fishing retreats for breast

cancer survivors, will hold a fundraising dinner and auction at 6 p.m. on Saturday, March 16 at Lake Creek Lodge in Camp Sherman. All monies raised will enable 14 breast cancer survivors to attend our sixth-annual fly-fishing and healing retreat free of charge. Tickets are \$75 per couple, or \$40 per person,

which includes wine and dinner. To purchase dinner tickets or to donate to Casting for Recovery Oregon North, please call Scott at 503-701-4632 or email Humphrey@strategic-pr.com.

Mom-to-Mom Meeting

Moms are invited to get connected with other moms for support and fun! First Tuesday of each month, from 6:30 to 8:30 p.m. at the Hangar at Sisters Community Church. Also meeting the third Tuesday of each month 10 a.m. to noon in the Fireside Room at Sisters Community Church. Childcare available in morning session -RSVP if needed. For information call 970-744-0959.

Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

Save the Rubberbands

Business owners: Are you the recipient of a bundle (or more) of Nuggets each week? Those huge, fat rubberbands are nice and stretched out, and highly valued by the Nuggeteers that bundle your papers each week. If you can save them, we'd love to use them again. And to those of you who already return them to us: thank you! Ouestions? Call 541-549-9941.

Go Fish Meeting

THIS WEEK'S

Highlights

Saturday, March 16

Casting for Recovery Dinner

6 p.m. at Lake Creek Lodge

Monday, March 18

Go Fish Meeting

7 p.m. at Sisters Community Church

Tuesday, March 19

ART-i-facts Art Experience

6:30 to 8:30 p.m. at Sisters High

Go Fish Group will meet Monday, March 18 at 7 p.m. at Sisters Community Church. The Speaker will be Tye Krueger, owner and operator of Confluence

Fly Shop and Deep Canyon Outfitters Guide Service. He has fished all over the world and has a passion for teaching others how to cast a fly rod and become better anglers. He will present an overview of sub-surface angling for trout in our local waters. For more information call Gary Kutz. 541-771-2211

CPR/AED and **First Aid Class**

The next CPR/AED class is scheduled for Saturday, April 13 at 9 a.m. The First Aid module is on Sunday, April 14 at 9 a.m. The cost is \$30, which covers both modules, a workbook and completion card. Register by Tuesday, April 9th. To register, go online to sistersfire.com and select the CPR tab, or stop by and register at the Sisters Fire station during business hours (8 a.m. to 5 p.m.). Pick up the student workbook at the station after you register. If you have questions, call Gail Butler at 541-595-5712.

Free Pet Food

Budget tight this month, but you still need pet food for your dog or cat? Stop by the Furry Friends pet food bank. We have all sorts of pet supplies, too. Open Tuesdays and Thursdays, from 11 a.m. to 2 p.m. Located in the Sisters Art Works building, Ste. 109, 204 W. Adams Ave. For more information call 541-797-4023.

Announce Your Celebrations!

Share your good news with the community! Birth, engagement, wedding and milestone anniversary notices from the Sisters community may run at no charge on this Announcements page. All submissions are subject to editing for space. Email lisa@ nuggetnews.com or drop off at 442 E. Main Ave. Deadline is noon, Mondays

ART-i-facts, an Interactive **Art Experience (rescheduled)**

Tuesday, March 19 from 6:30 to 8:30 p.m. is a night of art in the Sisters High School Commons. Sisters Country is invited to attend the 22nd annual celebration of the arts at SHS! Bring the whole family to participate at our handson art stations. Student-designed silkscreen T-shirts, collaborative art stations, a take-away prize for visiting all the stations, and more! Enjoy our pop-up gallery of student art, luthier designs, and live entertainment from SHS music programs as well as refreshments. Admission is \$5, \$20 for family. For information call 541-549-4045.

Healthy Living Information for Seniors

Seniors and caregivers are invited to drop by the SAGE room at SPRD on the second Monday of every month from 1 to 3 p.m. to meet local service providers and gather free information about aging in place from foot care to end-of-life planning. Call Diane Goble at 541-588-0081 for information

Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-2870.

Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids. org or call Katie at 541-719-8727.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Support for Caregivers

A free support group for those who provide care in any capacity meets at Shepherd of the Hills Lutheran Church, 386 N. Fir St. at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

Sisters Community Garden

The Sisters Community Garden has raised-bed garden plots available for the 2019 gardening season. Application materials and information are available on the Garden's website, SistersCommunityGarden.org. For additional information, call 541-549-8664.

Women Making a Difference

All women of Sisters are invited to a morning with Nicky Merritt, Executive Director of Circle of Friends on Saturday, March 23 from 10 to 11:30 a.m. Nicky has worked for non-profits in Central Oregon since 2011, addressing trauma, resiliency and generational poverty in at-risk children and families as well as children living in foster care. The event is being held in the Fireside Room at Sisters Community Church, Call 503-559-5245 for more information.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at Sisters Community Church from 1 to 2:30 p.m. (following the Senior Luncheon). All are welcome to learn, share, and receive support. For more info contact Lenetta at 907-687-8101 or Carol at 541-668-

Thich Nhat Hahn Sangha **Meditation Group**

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathyn at Katindahood2@gmail.

PET OF THE WEEK

Humane Society of Central Oregon 541-382-3537



3-year-old domestic short-hair tabby just happened to come to HSCO in hopes of finding her forever home. She came to us as a stray so we do not know too much about her past, yet what we do know is she is such a gentle, affectionate girl and believe that she will thrive in a warm, loving home like yours. She is a bit shy, yet warms up quickly, just begging for gentle scratches under her chin and behind her ears.

Sponsored **Veterinary Clinic** 541-549-6961

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from noon to 1:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon.

Donate Antiques & Jewelry

Sisters Kiwanis takes donations of antiques & vintage jewelry throughout the year for its annual Antique & Collectibles Sale, held on Saturday every Memorial Day weekend. Your donation is taxdeductible! For more information call Karen at 541-480-1412; to arrange for pickup of large items, please call Pam at 541-719-1049 or Roger at 541-430-7395. You may also drop off small items at Essentials at 492 E. Main Ave.

Tai Chi/Balance Sessions

Tai Chi/Balance Classes based on the CDC "Steadi" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski, classes are now offered every Thursday from 11-11:30 a.m. (except holidays and December 27.) Due to the popularity of the classes, they have been moved to SPRD Fitness Room at 1750 W. McKinney Butte Rd. in Sisters. For info: 541-549-6221.

Sisters Library **COMING EVENTŠ**

Family Fun Story Time

Family Fun Story Time for kids of all ages takes place at the Sisters Library on Thursdays, March 14, 21 and 28 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

Animal Adventures

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesday, March 19 at 11:30 a.m. Info: 541-617-7078.

Tween Writing Camp

Workshops for budding writers ages 9 to 14 at Suttle Tea on Tuesday, March 19 at 4 p.m. Write about a new topic each week. Registration required. Call 541-617-7078 for information.

The Library Book Club

Read and discuss "Rocket Men: The Daring Odyssey of Apollo 8 and the Astronauts Who Made Man's First Journey to the Moon" by Robert Kurson with other thoughtful readers at the Sisters Library on Wednesday, March 27, from 5:30 to 6:30 p.m. Info: 541-617-7078.

Gmail Management

Learn to get the most out of Gmail on Friday, March 29 at 10 a.m. at Sisters Library Registration is required, along with familiarity with computers and internet. Call 541-312-1066.

TERS AREA CH

Shepherd of the Hills Lutheran Church (ELCA)

386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational) 1300 W. McKenzie Hwy. • 541-549-120 10 a.m. Sunday Worship (with signing) sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church 123 Trinity Way • 541-549-9391 5:30 p.m. Saturday Vigil Mass 9 a.m. Sunday Mass

8 a.m. Monday-Friday Mass Calvary Chapel (Nondenominational) 484 W. Washington St., Ste. C & D • 541-588-6288 10 a.m. Sunday Worship

New Hope Christian Center (Assembly of God) 222 Trinity Way • 541-550-0750 5 p.m. Praise and Prayer Service

Chapel in the Pines Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare) Sisters Church of the Nazarene

67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org 10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com

Westside Sisters 442 Trinity Way • 541-549-4184 | westsidesisters.org 9 a.m. and 10:45 a.m. Sunday Worship

Vast Church (Nondenominational) 1700 W. McKinney Butte (Sisters High School) • 541-719-0587 9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church 386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints 68885 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586