

# ANNOUNCEMENTS

## Empty Bowls Event

Empty Bowls is a fundraiser for Sisters Sparrow Club held on Wednesday, January 30 at 6 p.m. in the SHS commons. Tickets are \$10, \$12 or \$15 depending on the bowl chosen. There will be bowls made by SHS students as well as local artists. All proceeds will go to benefit a local Sisters Sparrow, Kaenon Francis. Tickets can be purchased by emailing [Susie.seaney@sisters.k12.or.us](mailto:Susie.seaney@sisters.k12.or.us) or call 541-549-4045 ext. 5725.

## ART-i-facts, an Interactive Art Experience

Wednesday, February 27 from 6:30 to 8:30 p.m. is a night of art for Sisters in the Sisters High School Commons. Sisters Country is invited to attend the 22nd annual celebration of the arts at SHS! Bring the whole family to participate and interact with the students and community at our hands-on art stations. Student-designed silkscreen T-shirts, collaborative art stations, a take-away prize for visiting all the stations, and more! Enjoy our pop-up gallery of student art, luthier designs, and live entertainment from SHS music programs as well as refreshments. Admission is \$5, \$20 for family. For more info call 541-549-4045.

## Hunter's Education Class

For a hunter's education class beginning Tuesday, February 5, register online at [odfw.com](http://odfw.com) (hunting-resources-education). It runs two nights per week for three weeks, plus a required field day. For information call Rick Cole at 541-420-6934 or Dave Jones at 541-863-0955.

## Mom-to-Mom Meeting

Moms are invited to get connected with other moms for support and fun! First Tuesday of each month, from 6:30 to 8:30 p.m. at the Hangar at Sisters Community Church. Also meeting the third Tuesday of each month 10 a.m. to noon in the Fireside Room at Sisters Community Church. Childcare available in morning session — RSVP if needed. For information call 970-744-0959.

## Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

## SPRD Board Meeting Change

The Sisters Park & Recreation District Board of Directors, which previously met on the 2nd and 4th Tuesdays of each month, will now be meeting on the 1st and 3rd Tuesdays of each month. Meetings are still at 5:30 p.m. at The Coffield Community Center SPRD building. For info call 541-549-2091.

## Understanding Dementia-Related Behavior

Saturday, February 16 from noon to 1:30 p.m. the Alzheimer's Association will hold a program at the Sisters Library on Understanding and Responding to Dementia-Related Behavior. Learn to decode behavioral messages in the absence of language due to Alzheimer's disease. To register call 800-272-3900 or go to [alz.org/oregon](http://alz.org/oregon).

## Annual Chili Feed for Vets

Ronnie and Susie Frigulti present their 6th annual free chili feed for veterans and their families on Saturday, February 16 from noon to 3 p.m. at Sisters Community Church. The meal includes homemade chili, sausage, coleslaw, cake, coffee and soft drinks. Please RSVP the number of attendees by Tuesday, February 12 at 541-549-1089 or via email to [frigulti@bendcable.com](mailto:frigulti@bendcable.com).

## Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at Sisters Community Church from 1 to 2:30 p.m. (following the Senior Luncheon). All are welcome to learn, share, and receive support. For more info contact Lenetta at 907-687-8101 or Carol at 541-668-6599.

## Support for Caregivers

A free support group for those who provide care in any capacity meets at Shepherd of the Hills Lutheran Church, 386 N. Fir St. at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

## Cold Weather Shelter Community Meeting

An opportunity to share information and ideas and to learn about and discuss the Sisters Cold Weather Shelter is set for 6 p.m. Monday, February 4, at the Sisters Fire Hall Community Room. The session will be led by a neutral facilitator, and ideas and comments will inform Sisters Cold Weather Shelter operations. All are invited. For more information please call the shelter at 541-213-9766 and leave a message.

## AARP Driver's Safety

AARP's Driver Safety Course, a classroom refresher for motorists 50 and older, will be offered on Tuesday, February 19 from 9 a.m. to 4 p.m. at Sisters Community Church. There will be a one-hour lunch break. Call 541-390-6075 to register. Cost is \$15 for AARP members and \$20 for non-members.

## Career Funds Available

Applications are available for the Sisters Kiwanis Career

Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-2870.

## Backcountry Film Festival

On Sunday, February 17 at 7 p.m. the Sisters Movie House will be hosting the Backcountry Film Festival, a celebration of winter and the passion for adventure. Proceeds raised will go toward Project SNOW (Studying Nature Outdoors in Winter), a program dedicated to providing free outdoor education experiences for over 2,000 kids in Central Oregon. Tickets may be purchased ahead of the event for \$15. Call 541-383-5530 for more information or go to [winterwildlands.org/backcountry-film-festival/](http://winterwildlands.org/backcountry-film-festival/).

## Free Pet Food

Budget tight this month, but you still need pet food for your dog or cat? Stop by the Furry Friends pet food bank. We have all sorts of pet supplies, too. Open Tuesdays and Thursdays, from 11 a.m. to 2 p.m. Located in the Sisters Art Works building, Ste. 109, 204 W. Adams Ave. For more information call 541-797-4023

## One-Act Plays

Fourth Annual "Now You're Talking..." Theater Event. Thursday through Sunday, February 21-24, local nonprofit Silent Echo Theater Company will premiere eight one-act plays by different playwrights at The Belfry. Performances are at 7:30 p.m., with matinee shows at 2 p.m. on Saturday, and 3 p.m. on Sunday. Doors open one hour prior to curtain. Tickets may be purchased in advance online at [bendticket.com](http://bendticket.com); at the door is cash only. For additional information call 541-719-8779.

## Singing Valegrams

Hire a singing valentine for your special someone! A quartet will come to your desired Central Oregon location, sing 2 songs and provide a rose for a unique, personal and fun valentine gift for \$40. Whether you want to embarrass your honey at the workplace or have us crooning at your dinner table, we can deliver. This is a fundraiser for local nonprofit Bella Acappella Harmony Chorus. Call Pam to reserve your spot at 541-480-7425.

## CPR/AED and First Aid Class

The next CPR/AED class is scheduled for Saturday, February 9 at 9:00 a.m. The First Aid module is on Sunday, February 10 at 9 a.m. The cost is \$30, which covers both modules, a workbook and completion card. Register by Tuesday, February 5. To register, go online to [sistersfire.com](http://sistersfire.com) and select the CPR tab, or stop by and register at the Sisters Fire station during business hours (8 a.m. to 5 p.m.). Pick up the student workbook at the station after you register. If you have questions, call Beverly Halcon at 818-674-7686.

## Announce Your Celebrations!

Birth, engagement, wedding and milestone anniversary notices from the Sisters community may run at no charge on this Announcements page. All submissions are subject to editing for space. Email [lisa@nuggetnews.com](mailto:lisa@nuggetnews.com) or drop off at 442 E. Main Ave. Deadline is noon, Mondays.

## THIS WEEK'S Highlights

### Wednesday, January 30

**Empty Bowls Event**  
6 p.m. at Sisters High School

### Monday, February 4

**Shelter Community Meeting**  
6 p.m. at Sisters Fire Hall

### Tuesday, February 5

**Hunter's Education Class Begins**  
6 p.m. at Sisters Community Church

## Healthy Living Information for Seniors

Seniors and caregivers are invited to drop by the SAGE room at SPRD on the second Monday of every month from 1 to 3 p.m. to meet local service providers and gather free information about aging in place from foot care to end-of-life planning. Call Diane Goble at 541-588-0081 for information.

## Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email [Kathyn@katindahood2@gmail.com](mailto:Kathyn@katindahood2@gmail.com).

## PET OF THE WEEK

Humane Society of Central Oregon  
541-382-3537



Koda is a 3-year-old St. Bernard and boxer mix. He is a very sweet boy who is looking for his new forever family. He came to us when the owner could no longer take care of him. Koda can be nervous at first, but once he comes out of his shell he is the nicest and sweetest dog you'll ever meet! He would do best in a home without any cats, and would love to meet any dogs in the home before being adopted.

Sponsored by



**ESSENTIALS SKINCARE**  
Karen Keady, RN/NCEA  
Certified Esthetician  
541-480-1412

## Sisters Library FEBRUARY EVENTS

### Family Fun Story Time

Family Fun Story Time for kids of all ages takes place at the Sisters Library on Thursdays, January 31 and February 7, 14, 21 and 28 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

### Animal Adventures

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesdays, February 5 and 19 at 11:30 a.m. Info: 541-312-1072.

### Know Less Waste

Explore how the stuff we buy, use and get rid of every day is impacting our world with staff from The Environmental Center's Rethink Waste Project. Leave with hands-on tips to do something about reducing waste. Wednesday, February 20 at noon at the Sisters Library. No registration required. Info: 541-312-1032

### The Library Book Club

Read and discuss "Empire Falls" by Richard Russo with other thoughtful readers at the Sisters Library on Wednesday, February 27, from 5:30 to 6:30 p.m. Info: 541-617-7078.

## SISTERS AREA CHURCHES

**Shepherd of the Hills Lutheran Church (ELCA)**  
386 N. Fir Street • 541-549-5831  
10 a.m. Sunday Worship  
[shepherdofthehillslutheranchurch.com](http://shepherdofthehillslutheranchurch.com)

**Sisters Community Church (Nondenominational)**  
1300 W. McKenzie Hwy. • 541-549-1201  
10 a.m. Sunday Worship (with signing)  
[sisterschurch.com](http://sisterschurch.com) | [info@sisterschurch.com](mailto:info@sisterschurch.com)

**St. Edward the Martyr Roman Catholic Church**  
123 Trinity Way • 541-549-9391  
5:30 p.m. Saturday Vigil Mass  
9 a.m. Sunday Mass  
8 a.m. Monday-Friday Mass

**Calvary Chapel (Nondenominational)**  
484 W. Washington St., Ste. C & D • 541-588-6288  
10 a.m. Sunday Worship

**New Hope Christian Center (Assembly of God)**  
222 Trinity Way • 541-550-0750  
10:30 a.m. Sunday Worship

**Chapel in the Pines**  
Camp Sherman • 541-549-9971  
10 a.m. Sunday Worship

**The Episcopal Church of the Transfiguration**  
68825 Brooks Camp Road • 541-549-7087  
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare)  
10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

**Sisters Church of the Nazarene**  
67130 Harrington Loop Road • 541-389-8960 | [sistersnaz.org](http://sistersnaz.org)  
10:45 a.m. Sunday Worship | [sistersnaz@gmail.com](mailto:sistersnaz@gmail.com)

**Westside Sisters**  
442 Trinity Way • 541-549-4184 | [westsidesisters.org](http://westsidesisters.org)  
9 a.m. and 10:45 a.m. Sunday Worship

**Vast Church (Nondenominational)**  
1700 W. McKinney Butte (Sisters High School) • 541-719-0587  
9:37 a.m. Sunday Worship | [vastchurch.com](http://vastchurch.com)

**Seventh-Day Adventist Church**  
386 N. Fir Street • 541-595-6770, 541-306-8303  
11 a.m. Saturday Worship

**The Church of Jesus Christ of Latter-Day Saints**  
68885 Trinity Way • Branch President, 541-420-5670;  
10 a.m. Sunday Sacrament Meeting

**Baha'i Faith Meetings**  
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586