#### M N T C

#### **Empty Bowls Event**

Empty Bowls is a fundraiser for Sisters Sparrow Club held on Wednesday, January 30 at 6 p.m. in the SHS commons. Tickets are \$10, \$12 or \$15 depending on the bowl chosen. There will be bowls made by SHS students as well as local artists. All proceeds will go to benefit a local Sisters Sparrow, Kaenon Francis. Tickets can be purchased by emailing Susie.seaney@sisters.k12.or.us or call 541-549-4045 ext. 5725.

#### **Dementia Conversations**

Tuesday, January 22 from 1:30 to 3 p.m. the Alzheimer's Association will hold a program at the Sisters Library to provide tips for starting conversations with family about changing behavior that could be signs of dementia. Topics include going to the doctor for diagnosis, deciding when to stop driving and making plans for future care. To register call 800-272-3900 or go to alz.org/oregon.

#### **Furry Friends Seeks Donations**

Furry Friends Foundation needs your support. With added expenses of rent and other administrative costs this year, your donation is more important than ever. Furry Friends operates two pet food banks, a coat and pet supply bank, sponsors spay & neuters and helps families with veterinary financial aid. Let's keep pets at home and out of shelters. Donate online at www. furryfriendsfoundation.org or call 541-797-4023.

# **Free Meditation Group**

All are welcome to a free meditation group meeting on Mondays at 5:30 p.m. or Tuesdays at 4 p.m. at 420 N. Tamarack St. Wear comfortable clothing; no experience necessary. For more information please email dawnsong03@gmail.com or text only (no voice calls) to Dawn at 541-207-7266.

# **Support for Caregivers**

A free support group for those who provide care in any capacity meets at Shepherd of the Hills Lutheran Church, 386 N. Fir St. at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

# Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at Sisters Community Church from 1 to 2:30 p.m. (following the Senior Luncheon). All are welcome to learn, share, and receive support. For more info contact Lenetta at 907-687-8101 or Carol at 541-668-6599

Matt and Tara Williams are

pleased to announce the birth

of their son Rever. He was born

October 10, 2018 and joins his

#### Fireside Stories — Back in the Day

Come hear stories and see photos of growing up in Sisters in the 1950s and '60s from five longtime residents. The Three Sisters Historical Society will be offering their first Fireside Stories Evening of the year on Tuesday, January 15, at 7 p.m. in the FivePine Conference Center. Doors will open at 6 p.m. Admission is free for 2019 members and \$10 for non-members. Come early and join the TSHS for 2019 to receive free/reduced admission to society events. Call 541-549-2107 for info.

# **Annual Chili Feed for Vets**

Ronnie and Susie Frigulti present their 6th annual free chili feed for veterans and their families

THIS WEEK'S
Highlights

**Tuesday, January 15** 

**Fireside Stories** 

7 p.m. at FivePine Conference Center

**Thursday, January 17** 

**Young Life Fundraiser** 

7 p.m. at Sisters Community Church

on Saturday, February 16 from noon to 3 p.m. at Sisters Community Church. The meal includes homemade chili, sausage, coleslaw, cake, coffee and soft drinks. Please RSVP the number of attendees by Tuesday,

February 12 at 541-549-1089 or via email to frigulti@bendcable.com.

#### **Healthy Living Information** for Seniors

Seniors and caregivers are invited to drop by the SAGE room at SPRD on the second Monday of every month from 1 to 3 p.m. to meet local service providers and gather free information about aging in place from foot care to end-of-life planning. Call Diane Goble at 541-588-0081 for information.

# **Career Funds Available**

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-

# **Organ Donor Awareness**

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

#### **Hunter's Education Class**

For a hunter's education class beginning Tuesday, February 5, register online at odfw.com (hunting-resources-education). It runs two nights per week for three weeks, plus a required field day. For information call Rick Cole at 541-420-6934 or Dave Jones at 541-863-0955.

#### **AARP Driver's Safety**

AARP's Driver Safety Course, a classroom refresher for motorists 50 and older, will be offered on Tuesday, February 19 from 9 a.m. to 4 p.m. at Sisters Community Church. There will be a one-hour lunch break. Call 541-390-6075 to register. Cost is \$15 for AARP members and \$20 for nonmembers.

#### Sponsor an **Impoverished** Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to hopeafricakids. org or call Katie at 541-719-8727.

### **Senior Luncheons & More**

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For information call 541-480-1843.

# **Information for Seniors**

Council on Aging of Central Oregon now has a staff member available at Sisters Community Church the 1st and 3rd Tuesday of each month from 10 a.m. to 2 p.m. They are ready to provide information & assistance in meeting needs on a wide range of free services, specific to aging adults in Sisters Country. Questions? Call 541-678-5483, Mon.-Fri.

### Thich Nhat Hahn Sangha **Meditation Group**

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathyn at Katindahood2@gmail.

# **Young Life Fundraiser**

Join Sisters Young Life for a night of fellowship and fun at a Dessert Fundraiser on Thursday, January 17 at 7 p.m. at Sisters Community Church. Please RSVP to Shannon at sistersyounglife@gmail.com. Call 206-356-0972 for additional information.

# PET OF THE WEEK

Humane Society of Central Oregon 541-382-3537



Come Meet GYPSY! She is a sweet 6-year-old domestic shorthair kitty on the lookout for her forever home. She was brought to us because her owners were no longer able to take care of her. Owner said that Gypsy was the only cat in the home. Her owners describe her as shy at first, but then warms up to be a friendly kitty, she is very sweet and loves to snuggle and sleep in the bed.



# Sisters Library JANUARY EVENTS

#### **Animal Adventures**

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesday, January 22 at 11:30 a.m. Info: 541-312-1072.

# **Family Fun Story Time**

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, January 10, 17, 24 and 31 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

#### **Mixed Media Winter Art Workshop**

This workshop is presented by local artist Carly Garzon Vargas. Saturday, January 19 at 10 a.m. Ages 12 to 17. Experiment with collage, paper and paint to create a piece of original art to take home. Bring in your own photos, clippings, or other meaningful material to add to your art. Info: 541-617-7078.

#### The Library Book Club

Read and discuss "TransAtlantic" by Colum McCann with other thoughtful readers at the Sisters Library on Wednesday, January 23, from 5:30 to 6:30 p.m. Info: 541-617-7078.

# **Music in Public Places**

Enjoy a performance courtesy of Central Oregon Symphony on Saturday, January 26 at 2 p.m. at the Sisters Library. No registration required. Info: 541-

# BIRTH ANNOUNCEMENT Daisy Grace Pope

Ben and Jordan Pope of Sisters announce the birth of their daughter, Daisy Grace Pope, on September 8, 2018, at 8:24 p.m. Daisy weighed in at 6 pounds, 8 ounces and measured 19 3/4 inches. Daisy is the first grandchild of Quay and Dawn Richerson, also of Sisters.





# TERS AREA

Shepherd of the Hills Lutheran Church (ELCA) 386 N. Fir Street • 541-549-5831 10 a.m. Sunday Worship

shepherdofthehillslutheranchurch.com Sisters Community Church (Nondenominational) 1300 W. McKenzie Hwy. • 541-549-1201 10 a.m. Sunday Worship (with signing)

sisterschurch.com | info@sisterschurch.com St. Edward the Martyr Roman Catholic Church 123 Trinity Way • 541-549-9391 5:30 p.m. Saturday Vigil Mass

8 a.m. Monday-Friday Mass Calvary Chapel (Nondenominational) 484 W. Washington St., Ste. C & D • 541-588-6288 10 a.m. Sunday Worship

New Hope Christian Center (Assembly of God) 222 Trinity Way • 503-910-9069 10:30 a.m. Sunday Worship

Chapel in the Pines

9 a.m. Sunday Mass

Camp Sherman • 541-549-9971 10 a.m. Sunday Worship

The Episcopal Church of the Transfiguration

68825 Brooks Camp Road • 541-549-7087 8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare) 10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Sisters Church of the Nazarene 67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org

10:45 a.m. Sunday Worship | 2sistersnaz@gmail.com Westside Sisters

442 Trinity Way • 541-549-4184 | westsidesisters.org

9 a.m. and 10:45 a.m. Sunday Worship

Vast Church (Nondenominational) 1700 W. McKinney Butte (Sisters High School) • 541-719-0587 9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church 386 N. Fir Street • 541-595-6770, 541-306-8303 11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints 68885 Trinity Way • Branch President, 541-420-5670; 10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings

Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586



BIRTH ANNOUNCEMEN

Rever Leighton Williams