

ANNOUNCEMENTS

Dementia Conversations

Tuesday, January 22 from 1:30 to 3 p.m. the Alzheimer's Association will hold a program at the Sisters Library to provide tips for starting conversations with family about changing behavior that could be signs of dementia. Topics include going to the doctor for diagnosis, deciding when to stop driving and making plans for future care. To register call 800-272-3900 or go to alz.org/oregon.

Sisters Song Circle

Sisters Song Circle will gather on Sunday, January 6 from 6:30 to 8 p.m. upstairs at Sisters Saloon. Join fellow musicians with original or cover songs to share, sing, strum, workshop, and have fun. All experience levels welcome. Call 541-270-0018 for more information.

Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from 11 a.m. to 12:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to alz.org/oregon.

Support for Caregivers

A free support group for those who provide care in any capacity meets at Shepherd of the Hills Lutheran Church, 386 N. Fir St. at 10:30 a.m. the third Tuesday of each month. Call 541-771-3258 for additional information.

Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

Tai Chi/Balance Sessions

Tai Chi/Balance Classes based on the CDC "Steady" Program to reduce injuries and falls in our community are being sponsored by Sisters Drug. Taught by Shannon Rackowski, classes are now offered every Thursday from 11-11:30 a.m. (except holidays and December 27.) Due to the popularity of the classes, they have been moved to SPRD Fitness Room at 1750 W. McKinney Butte Rd. in Sisters. For info: 541-549-6221.

Call to Artists for Library Annual Art Exhibit

The Sisters Library Annual Art Exhibit, sponsored by the Friends of the Sisters Library (FOSL) is happening, January 9 through February 22. All Sisters Country artists who want to participate are invited to submit work. The submission date is Saturday, January 5, from 10 a.m. to 4 p.m. in the library's Community Room. Due to limited space, just two pieces of wall-hung art, and five pieces of other art forms such as jewelry, ceramics, or sculpture, may be submitted. Invitations may be downloaded from the website sistersfol.com, or are available at the library's information desk. People's Choice Awards will be announced at a reception on Friday, January 25, from 6 to 7:30 p.m. For more information, please call Zeta at 541-549-6157.

Announce Your Celebrations!

Birth, engagement, wedding and milestone anniversary notices from the Sisters community may run at no charge on this Announcements page. All submissions are subject to editing for space. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Deadline is noon, Mondays.

Mom-to-Mom Meeting

Moms are invited to get connected with other moms for support and fun! First Tuesday of each month, from 6:30 to 8:30 p.m. at the Hangar at Sisters Community Church. Also meeting the third Tuesday of each month 10 a.m. to noon in the Fireside Room at Sisters Community Church. Childcare available in morning session — RSVP if needed. For information call 970-744-0959.

Hunter's Education Class

For a hunter's education class beginning Tuesday, February 5, register online at odfw.com (hunting—resources—education). It runs two nights per week for three weeks, plus a required field day. For information call Rick Cole at 541-420-6934 or Dave Jones at 541-863-0955.

AARP Driver's Safety

AARP's Driver Safety Course, a classroom refresher for motorists 50 and older, will be offered on Tuesday, February 19 from 9 a.m. to 4 p.m. at Sisters Community Church. There will be a one-hour lunch break. Call 541-390-6075 to register. Cost is \$15 for AARP members and \$20 for non-members.

Free Spay & Neuter

It's as easy as 1-2-3. Stop by the Furry Friends Foundation (FFF) office to fill out a simple form, call to make your appointment at Bend Spay & Neuter, transport your pet. FFF also sponsors vaccinations and chipping. Located in the Sisters Art Works building, 204 W. Adams Ave, Suite 109. For information call 541-797-4023.

Thich Nhat Hahn Sangha Meditation Group

Weekly on Wednesdays at 4 p.m. at 737 E. Black Butte Ave. For more information please email Kathryn at Katindahood2@gmail.com.

Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at Sisters Community Church from 1 to 2:30 p.m. (following the Senior Luncheon). All are welcome to learn, share, and receive support. For more info contact Lenetta at 907-687-8101 or Carol at 541-668-6599.

Your Announcement Here

Schools, churches, nonprofit recreational and community groups: this is your page to announce your free gatherings and events! Regularly occurring Sisters Country meetings are listed on the Sisters Area Meeting Calendar on page 3 and special events or featured meetings can be listed on this page. All submissions are subject to editing and run only as space allows. Email lisa@nuggetnews.com or drop off at 442 E. Main Ave. Your text must include a "for more information" phone number. Deadline is noon, Mondays.

Donate Antiques & Jewelry

Sisters Kiwanis takes donations of antiques & vintage jewelry throughout the year for its annual Antique & Collectibles Sale, held on Saturday every Memorial Day weekend. Your donation is tax-deductible! For more information call Lert at 541-410-2890; to arrange for pickup of large items, please call Pam at 541-719-1049 or Roger at 541-430-7395. You may also drop off small items at Essentials at 492 E. Main Ave.

Career Funds Available

Applications are available for the Sisters Kiwanis Career Opportunity Fund to help adult residents of Sisters establish an occupational path. Pick up forms at the Kiwanis House, corner of Oak and Main, 9 a.m. to 2 p.m. Thursdays, and during regular hours from the Sisters Habitat for Humanity office. For additional information, please call 541-410-2870.

PET OF THE WEEK

Humane Society of Central Oregon
541-382-3537



RON is an outgoing 2-year-old domestic shorthair cat who is on the search for his new home. He is an active cat who will need a home that can give him plenty of play time and mental enrichment. Ron has previously lived as an indoor/outdoor cat, but he will need to stay inside until he has adjusted to his new home. Come meet Ron today!

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CPR and First Aid Class

Sisters-Camp Sherman RFPD will offer the AHA "Heartsaver" CPR/AED class on Friday, January 11 at 9 a.m. and the First Aid module on Saturday, January 12 at 9 a.m. at the Sisters Fire Hall. The cost is \$30 which includes both modules, a student workbook and completion card. Register no later than Tuesday, January 8: online at sistersfire.com (CPR tab) or at the Sisters Fire Hall weekdays, 8 a.m. to 5 p.m. Pick up the student workbook at the station after you register. For more information call 541-595-5712.

Sisters Library JANUARY EVENTS

Lego Block Party

Children of all ages will have the opportunity to be creative by building whatever they want to build with the trunk locker full of LEGOs the library provides. Friday, January 4 at 2 p.m. at Sisters Library. Info: 541-617-7078.

Animal Adventures

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesdays, January 8 and 22 at 11:30 a.m. Info: 541-312-1072.

Russian Politics in the 21st Century

Explore the transformation of Russia under Putin in this talk by Sarah L. Henderson, associate professor of Political Science in the School of Public Policy at Oregon State University. Wednesday, January 9 at noon at Sisters Library. No registration required. Info: 541-312-1032.

Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, January 10, 17, 24 and 31 from 10:30 to 11 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. Info: 541-617-7078.

Mixed Media Winter Art Workshop

This workshop is presented by local artist Carly Garzon Vargas. Saturday, January 19 at 10 a.m. Ages 12 to 17. Experiment with collage, paper and paint to create a piece of original art to take home. Bring in your own photos, clippings, or other meaningful material to add to your art. Info: 541-617-7078.

The Library Book Club

Read and discuss "TransAtlantic" by Colum McCann with other thoughtful readers at the Sisters Library on Wednesday, January 23, from 5:30 to 6:30 p.m. Info: 541-617-7078.

Music in Public Places

Enjoy a performance courtesy of Central Oregon Symphony on Saturday, January 26 at 2 p.m. at the Sisters Library. No registration required. Info: 541-312-1032

Extra, Extra! Read All About It...

Our Baby Girl is all grown up and getting married

Bill and Kathy Schulte are thrilled to announce that their daughter, Mary Jane Schulte, and Evan Samuelson are engaged to be married. We look forward to hosting our families and friends for an epic celebration. Stay tuned...

Happy New Year Indeed!

SISTERS AREA CHURCHES

Shepherd of the Hills Lutheran Church (ELCA)
386 N. Fir Street • 541-549-5831
10 a.m. Sunday Worship
shepherdofthehillslutheranchurch.com

Sisters Community Church (Nondenominational)
1300 W. McKenzie Hwy. • 541-549-1201
10 a.m. Sunday Worship (with signing)
sisterschurch.com | info@sisterschurch.com

St. Edward the Martyr Roman Catholic Church
123 Trinity Way • 541-549-9391
5:30 p.m. Saturday Vigil Mass
9 a.m. Sunday Mass
8 a.m. Monday-Friday Mass

Calvary Chapel (Nondenominational)
484 W. Washington St., Ste. C & D • 541-588-6288
10 a.m. Sunday Worship

New Hope Christian Center (Assembly of God)
222 Trinity Way • 503-910-9069
10:30 a.m. Sunday Worship

Chapel in the Pines
Camp Sherman • 541-549-9971
10 a.m. Sunday Worship

The Episcopal Church of the Transfiguration
68825 Brooks Camp Road • 541-549-7087
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare)
10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

Sisters Church of the Nazarene
67130 Harrington Loop Road • 541-389-8960 | sistersnaz.org
10:45 a.m. Sunday Worship | sistersnaz@gmail.com

Westside Sisters
442 Trinity Way • 541-549-4184 | westsidesisters.org
9 a.m. and 10:45 a.m. Sunday Worship

Vast Church (Nondenominational)
1700 W. McKinney Butte (Sisters High School) • 541-719-0587
9:37 a.m. Sunday Worship | vastchurch.com

Seventh-Day Adventist Church
386 N. Fir Street • 541-595-6770, 541-306-8303
11 a.m. Saturday Worship

The Church of Jesus Christ of Latter-Day Saints
68885 Trinity Way • Branch President, 541-420-5670;
10 a.m. Sunday Sacrament Meeting

Baha'i Faith Meetings
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586