

# ANNOUNCEMENTS

## Veterans Assembly

Sisters Middle School and Sisters High School would like to honor Veterans at an assembly in the SHS auditorium on Friday, November 9 from 1:55 to 3 p.m. Then gather in the lecture/drama room afterwards for conversations and photo sharing over homemade goodies and coffee. Call 541-549-2099 x5531 for more information.

## Jazz Cafe for Youth

The SHS Jazz Combo, under the direction of Tyler Cranor, will be playing at The Episcopal Church of the Transfiguration on Sunday, November 11 from 5 to 6 p.m. Admission is free. Students in grades 7-12 are invited to dance, play games, and listen to friends jam. Food and drinks free for youth. Adults welcome, too! Call 541-549-7087 for more information.

## Operation Christmas Child

National Collection Week for Operation Christmas Child is November 12-19, 2018! Since 1993, Samaritan's Purse has delivered 157 million shoebox gifts to children affected by war, poverty, disease, famine and disasters in more than 160 countries. Drop-off location during national collection week is at Sisters Community Church, 1300 McKenzie Hwy. from 10 a.m. to noon. For details visit [samaritanspurse.org/occ](http://samaritanspurse.org/occ) or contact Joanna at 541-588-0886.

## Furry Friends Seeks Donations

Furry Friends Foundation needs your support. With added expenses of rent and other administrative costs this year, your donation is more important than ever. Furry Friends operates two pet food banks, a coat and pet supply bank, sponsors spay & neuters and helps families with veterinary financial aid. Let's keep pets at home and out of shelters. Donate online at [www.furryfriendsfoundation.org](http://www.furryfriendsfoundation.org) or call 541-797-4023.

## Free Meditation Group

All are welcome to a free meditation group meeting on Mondays at 5:30 p.m. or Tuesdays at 4 p.m. at 420 N. Tamarack St. Wear comfortable clothing; no experience necessary. For more information please email [dawnsong03@gmail.com](mailto:dawnsong03@gmail.com) or text only (no voice calls) to Dawn at 541-207-7266.

## Snowflake Boutique

The 43rd Annual Snowflake Boutique will be on Friday, November 2 from 1 to 8 p.m. and Saturday, November 3 from 9 a.m. to 4 p.m. at the Deschutes County Fairgrounds and Expo Center, Redmond. Admission is \$3.50, and net proceeds are donated to Family Access Network (FAN). Info at <http://www.snowflakeboutique.org>. For info call Randi at 541-504-4048.

## National Novel Writers Month

November is National Novel Writers Month. Participants work toward the goal of writing a 50,000-word novel by 11:59 p.m. on November 30. Join a group to work with other writers, getting support from others, with no critiquing. Meeting Thursdays, from 1 to 2:30 p.m.; beginning November 1 at Suttle Tea, 450 E. Cascade Ave., Sisters. Showing gratitude to the tea house with patronage is appreciated. For more information, call 925-383-3481.

## Alzheimer's Class

The Central Oregon chapter of the Alzheimer's Association is holding a class on Legal & Financial Planning for Alzheimer's. Class will be held at the Sisters Library on Thursday, November 1 from noon to 1:30 p.m. Call 800-272-3900 for more information and to register.

## Organ Donor Awareness

A new nonprofit is in the planning stages to educate the community on the importance of organ donation. Fundraisers and events will be discussed. If interested in taking part, please call Fifi Bailey at 541-419-2204.

## Dementia Caregivers Group

A free support group for caregivers of those suffering with Alzheimer's or other forms of dementia takes place the first Tuesday of each month from 11 a.m. to 12:30 p.m. at Sisters City Hall. Sponsored by the Alzheimer's Association, meetings provide emotional, educational, and social support. Call 800-272-3900 or go to [alz.org/oregon](http://alz.org/oregon).

## Sponsor an Impoverished Child from Uganda

Hope Africa International, based in Sisters, has many children awaiting sponsorship! For more information go to [hopeafricanakids.org](http://hopeafricanakids.org) or call Katie at 541-719-8727.

## Health Insurance Counsel for Seniors

The Council on Aging of Central Oregon will offer free Senior Health Insurance Benefits Association (SHIBA) counseling sessions during the upcoming 2019 Medicare enrollment period, which runs from October 15 through December 7, 2018. Adults aged 65 and up can schedule appointments with an English- or Spanish-speaking certified volunteer counselor. Call 541-678-5483, x211 to leave a message and receive more information.

## Circle of Friends

Women Making a Difference invites all women to come hear Nicky Meritt from Circle of Friends in Sisters. Come and learn about at-risk children in our community and what this organization is doing to help. Maybe you'll find a way you can help, too! November 10 from 10 to 11:30 a.m. at Sisters Community Church. For more info call 503-559-5245.

## PTSD in Central Oregon

Central Oregon Veterans Ranch is hosting a free community forum on Post-Traumatic Stress Disorder in Central Oregon. November 7 from 6 to 8 p.m. at Bend High Auditorium. Learn how to interact with people suffering from PTSD and about support resources available in Central Oregon. Visit [covranch.org](http://covranch.org) or call 541-706-9062 for more info.

## Mom-to-Mom Meeting

Moms are invited to get connected with other moms for support and fun! First Tuesday of each month, from 6:30 to 8:30 p.m. at the Hangar at Sisters Community Church. Also meeting the third Tuesday of each month 10 a.m. to noon in the Fireside Room at Sisters Community Church. Childcare available in morning session — RSVP if needed. For information call 970-744-0959.

## Donate Antiques & Jewelry

Sisters Kiwanis takes donations of antiques & vintage jewelry *throughout the year* for its annual Antique & Collectibles Sale, held on Saturday every Memorial Day weekend. Your donation is tax-deductible! For more information call Lert at 541-410-2890; to arrange for pickup of large items, please call Pam at 541-719-1049 or Roger at 541-430-7395. You may also drop off small items at Essentials at 492 E. Main Ave.

## Habitat Hard Hat Tour

Curious about what goes on at a Sisters Habitat building site? Sisters Habitat for Humanity will be hosting a hard hat tour of their current build on Thursday, November 1 starting promptly at noon. The tour lasts approximately 30 minutes. Space is limited, so reservations are required. For information and to register please contact the Habitat office at 541-549-1193.

## Sisters Christmas Parade

Sisters Christmas parade applications are now available at the Sisters Area Chamber of Commerce. Deadline is Thursday, November 15. Theme this year is "Rockin Around the Christmas Tree." Awards for Best Themed entries. Stop by the Chamber, call 541-549-0251 or email [jeri@sisterscountry.com](mailto:jeri@sisterscountry.com).

## Parkinson's Support Group

The second Tuesday of each month, Sisters Parkinson's Support Group meets at Sisters Community Church from 1 to 2:30 p.m. (following the Senior Luncheon). All are welcome to learn, share, and receive support. For more information contact Lenetta at 907-687-8101 or Carol at 541-668-6599.

## Senior Luncheons & More

Adults age 60 and older are invited to join the Council on Aging Senior Luncheon, served every Tuesday at Sisters Community Church. Coffee and various fun activities begin at 11 a.m. with lunch served at noon. Bingo is played after lunch until 2:30 p.m. For more information call 541-480-1843.

## PET OF THE WEEK

Humane Society of Central Oregon  
541-382-3537



**NIM** is a young adult rabbit looking for her forever family! This beautiful bunny has lived as an indoor rabbit and enjoys tasty treats such as carrots, apples, and greens. When Nim feels comfortable, she will seek out attention and she enjoys being petted. Rabbits have a long life span, so we also suggest researching the species before adopting. If you are looking for a quiet companion, Nim might be the one for you!

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**CUSTOM  
HORSE CARE**  
*Susan Marcoux*  
541-410-1421

## Information for Seniors

Council on Aging of Central Oregon now has a staff member available at Sisters Community Church the 1st and 3rd Tuesday of each month from 10 a.m. to 2 p.m. They are ready to provide information & assistance in meeting needs on a wide range of free services, specific to aging adults in Sisters Country. Questions? Call 541-678-5483, Mon.-Fri.

## Tai Chi/Balance Sessions

Sisters Drug hosts free adult fitness and health sessions in the Ray's Food Place community room, every Thursday from 11:15 to 11:45 a.m. Sessions are based on the STEADI Program, to reduce adult injuries from falls. Tai Chi has been shown to improve balance and strength, helping to accomplish this. For info: 541-549-6221..

## Sisters Library NOVEMBER EVENTS

### Family Fun Story Time

Family Fun Story Time for kids ages birth through 5 takes place at the Sisters Library on Thursdays, November 1, 8, 15, and 29 from 10:30 to 11:30 a.m., with songs, rhymes and crafts, all designed to grow young readers. Caregivers must attend. For more information call 541-617-7078.

### Animal Adventures

Live animals, stories, crafts with High Desert Museum for kids ages 3 to 5. It's 30-45 minutes of adventure! Limited to 30 children and their caregivers. Sisters Library on Tuesdays, November 6 and 20 at 11:30 a.m. Info: 541-312-1072.

### The Non-Fiction Library Book Club

Read and discuss "Educated" by Tara Westover with other thoughtful readers at Suttle Tea on Thursday, November 8, from 11:30 a.m. to 12:30 p.m. For more information call 541-312-1072.

### Beginning Watercolor

Thursday, November 8 from noon to 4 p.m. at the Sisters Library join an introduction to the basic techniques of watercolor. Instructor will demonstrate each technique then the class will practice. Paint, paper and brushes will be supplied. Space is limited and registration is required; register online at [www.deschuteslibrary.org/calendar/](http://www.deschuteslibrary.org/calendar/). For more information call 541-312-1072.

### Volcano Veggies

Volcano Veggies will share the story of organic indoor vertical aquaponic farms, which grow the equivalent of 2 acres of lettuce in less than 200 sq. ft. Tuesday, November 13 at noon at the Sisters Library. For more information call 541-312-1072.

### The Library Book Club

Read and discuss "Lafayette in the Somewhat United States" by Sarah Vowell with other thoughtful readers at the Sisters Library on Wednesday, November 28, from 5:30 to 6:30 p.m. For more information call 541-617-7078.

## SISTERS AREA CHURCHES

**Shepherd of the Hills Lutheran Church (ELCA)**  
386 N. Fir Street • 541-549-5831  
10 a.m. Sunday Worship  
[shepherdofthehillslutheranchurch.com](http://shepherdofthehillslutheranchurch.com)

**Sisters Community Church (Nondenominational)**  
1300 W. McKenzie Hwy. • 541-549-1201  
10 a.m. Sunday Worship (with signing)  
[sisterschurch.com](http://sisterschurch.com) | [info@sisterschurch.com](mailto:info@sisterschurch.com)

**St. Edward the Martyr Roman Catholic Church**  
123 Trinity Way • 541-549-9391  
5:30 p.m. Saturday Vigil Mass  
9 a.m. Sunday Mass  
8 a.m. Monday-Friday Mass

**Calvary Chapel (Nondenominational)**  
484 W. Washington St., Ste. C & D • 541-588-6288  
10 a.m. Sunday Worship

**New Hope Christian Center (Assembly of God)**  
222 Trinity Way • 503-910-9069  
10:30 a.m. Sunday Worship

**Chapel in the Pines**  
Camp Sherman • 541-549-9971  
10 a.m. Sunday Worship

**The Episcopal Church of the Transfiguration**  
68825 Brooks Camp Road • 541-549-7087  
8:30 a.m. Ecumenical Sunday Worship (Sunday school, childcare)  
10:15 a.m. Episcopal Sunday Worship (Sunday school, childcare)

**Sisters Church of the Nazarene**  
67130 Harrington Loop Road • 541-389-8960 | [sistersnaz.org](http://sistersnaz.org)  
10:45 a.m. Sunday Worship | [2sistersnaz@gmail.com](mailto:2sistersnaz@gmail.com)

**Westside Sisters**  
442 Trinity Way • 541-549-4184 | [westsidesisters.org](http://westsidesisters.org)  
9 a.m. and 10:45 a.m. Sunday Worship

**Vast Church (Nondenominational)**  
1700 W. McKinney Butte (Sisters High School) • 541-719-0587  
9:37 a.m. Sunday Worship | [vastchurch.com](http://vastchurch.com)

**Seventh-Day Adventist Church**  
386 N. Fir Street • 541-595-6770, 541-306-8303  
11 a.m. Saturday Worship

**The Church of Jesus Christ of Latter-Day Saints**  
68885 Trinity Way • Branch President, 503-932-2401;  
R.S. Pres., 541-549-4499. 10 a.m. Sunday Sacrament Meeting

**Baha'i Faith Meetings**  
Devotional Gatherings, Study Classes and Discussion Groups. Call for location and times • 541-549-6586