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J&E Landscaping Maintenance LLC Clean ups, raking, hauling debris, gutters. Edgar Cortez,
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Part time 3+ days per week at
family publishing business.
Secretarial, data entry, phones,
light bookkeeping. Could expand
into ad sales. *541-549-2064.*

Send resume to miller@
smallfarmersjournal.com or mail
to: Small Farmer's Journal,
PO Box 1627, Sisters, OR 97759

**Sisters Park and Recreation
District** is seeking a finance
coordinator to manage the
finances of the District. Job
description and application
available on our website at
www.sistersrecreation.com. The
position closes on October 31.

**VOHS Custom Landscaping is
now hiring!** Competitive wages,
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Clean driving record required.
Serious applicants only. Call or
email for interview:
541-410-1023;
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999 Public Notice

Three Sisters Irrigation District
plans to hold an open meeting to
discuss the Petition for Exclusion
of Lands Within the District,
submitted by Jane K. Gragg,
Trustee of the Robert L. Gragg
Revocable Living Trust. The
meeting will be held at 10:00 am
during the Regular TSID Board
Meeting, on Tuesday November
6, 2018 at Three Sisters Irrigation
District office, 68000 Highway
20 West, Bend, OR. Contact
541-549-8815 or
office@tsidweb.org

**Information on Licensing for
CONSTRUCTION
CONTRACTORS ~**
An active license means
your contractor is bonded and
insured. The state of Oregon
provides detail at the Oregon
Construction Contractors Board
online. More information is at
www.oregon.gov/CCB

COMFORT: Fall season
calls out for seasonal
favorites

Continued from page 19

If you crave potatoes, opt
for sweet potatoes when you
can to boost nutrition and sat-
isfy your craving for starchy
carbohydrates.

You can even top them
with a little butter and
brown sugar. Baked apples
with cinnamon are a deli-
cious fall dessert that you
can top with a bit of yogurt
or ice cream if you want to
indulge.

Healthier versions of the
top-10 comfort food favor-
ites can be kept on hand for
when you need a bite that will
soothe the soul.

Topping the list of most
comforting foods: Grilled
cheese.

Sometimes nothing can
soothe the soul quite like
melted cheese sandwiched
between two slices of crusty
bread. Instead, simply make
the bread whole grain, cut
back on the butter and stuff
it with your favorite roasted
veggies such as sliced zuc-
chini, red and green peppers
and mushrooms.



PHOTO BY JODI SCHNEIDER

**A comforting grilled cheese made
healthier by starting with whole
wheat bread then stuffing it with
delicious roasted veggies.**

Running for their school...

Sisters Christian Academy students helped their school
through their annual walk/jog-a-thon.



PHOTO BY JERRY BALDOCK

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bedroom on the main floor.
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entertainment patio with built-
in meat smoker and gas fire pit.
Nine ft. ceilings on main/sec-
ond floor. Guest suites w/full
baths and walk-in closets. Come
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LLC to create your peaceful
paradise. Home plans available.
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Chris Scott, Co-Broker



Applications for Affordable Apartments

Ponderosa Heights affordable apartment complex is accepting
applications for 32 one-bedroom and 8 two-bedroom apartments
located at 601 N. Brooks Camp Rd., Sisters OR.

Applications will be accepted Monday, October 22nd through
Thursday, October 25th between the hours of 9 a.m. and 6 p.m.
at 555 N. Larch St., Sisters, OR

You must submit your application
in person.

More information is available
at 541-549-0143 or read
the qualifications and get an
application at epicopenings.net



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